GRANDMASTER HUANG, CHIEN-LIANG PRESENTS THE U.S. INTERNATIONAL



## CHAMPIONSHIP TOURNAMENT

July 29th - 31st 2016





### Sponsored by:

The United States Kuo Shu Federation

### Co-Sponsored by:

The International Contact Weapon Sport Federation
The International Tien Shan Pai Association

#### Sanctioned by:

The World Kuo Shu Federation



Thank you Shi Ye for teaching us Virtue, Wisdom, Humility, and Martial Arts.





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## 美國國術總會 United States Kuo Shu Federation

President:
Grandmaster Huang, Chien-Liang

會長: 黄 乾 量

### **WELCOME AND GREETINGS**

On behalf of the United States Kuo Shu Federation (USKSF), it gives me great pleasure to welcome you all to the 28<sup>th</sup> annual U.S. International Kuo Shu Championship Tournament. For nearly three decades now, the U.S.K.S.F. has devoted itself to the mission of promoting friendship, unity, physical fitness, harmony, martial ethics, and peace in the United States through the principles of Kuo Shu. This annual event continues to be an essential component of that mission.

Every three years, our tournament provides an opportunity for martial artists from across the United States to compete for a spot on the U.S. National Lei Tai and Forms Teams. Last September, the U.S. Team competed in the Fifth World Kuo Shu Tournament in Mendoza, Argentina and enjoyed great success. To maintain our tradition of excellence, we will offer International Referee Training next year during the week preceding the tournament in July of 2017 here in Hunt Valley. All those who are interested should plan on attending this training.

We have also been honored to host a representative from the White House at our tournament consecutively since 1994. I would also like to express my gratitude to the U.S. Congressmen, Senators, and Maryland State Senator, for their citations and greetings this year, as well as Maryland Governor Larry Hogan and Baltimore County Executive Kevin Kamenetz's declarations of this week as "U.S. International Kuo Shu Week." As a federation, we sincerely appreciate your recognition and support.

Finally, my heartfelt thanks go to all of you: international teams, competitors, referees, judges, volunteers, and spectators, for your steadfast support for nearly thirty years. Without your valuable contributions, this tournament could not be a success. It is because of your dedication to this competition that we are able to continue to provide the highest quality Kuo Shu tournament possible. I wish you all the best of luck, and for your continued support in promoting peace and friendship through Kuo Shu.

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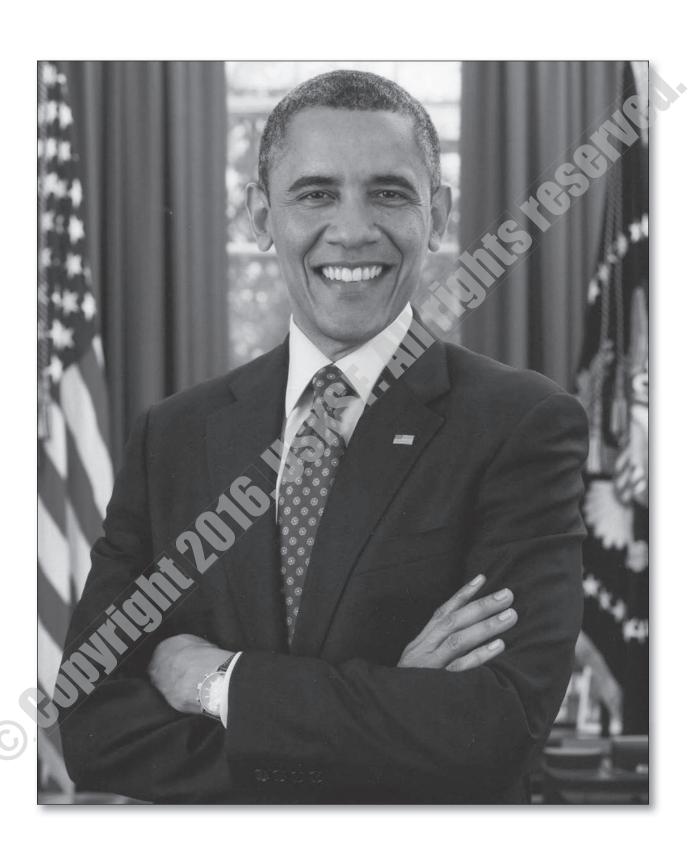
Grandmaster Huang, Chien-Liang President, United States Kuo Shu Federation

PO Box 927 • Reisterstown, Maryland 21136-0927 • USA

Tel. (443-394-9200) • Fax 443-394-9202

Website: www.usksf.org • Email: info@usksf.org

## THE PRESIDENT OF THE UNITED STATES



### FROM THE WHITE HOUSE



# THE WHITE HOUSE WASHINGTON

July 29, 2016

I send greetings to all those attending the 2016 U.S. International Kuo Shu Championship Tournament.

Martial arts strengthen minds and bodies, uniting neighbors and strangers in fitness and fellowship and helping people across the world cultivate discipline and find inspiration. By bringing together martial arts enthusiasts to showcase their talents and engage in friendly competition, events like this fortify bonds of community and remind us that we are strongest when all our people are free to embrace their unique skills, talents, and interests.

I commend the dedication of this year's participants, and I wish you the best for an exciting tournament.





FROM THE UNITED STATES SENATE

BARBARA A. MIKULSKI

UNITED STATES SENATE WASHINGTON, D.C. 20510

July 25, 2016

Grandmaster Chien Liang Huang, President United States Kuo Shu Federation PO Box 20269 Baltimore, MD 21284

Dear Grandmaster Huang & Friends:

Greetings to the members and guests of the United States Chinese Kuo Shu Federation as you gather together for the 2016 U.S. International Kuo Shu Championship Tournament. A big thank you goes out to all the organizers who have worked so hard to make certain this event will proceed flawlessly for the players and coaches who will be participating.

Certainly the Baltimore Area is not only proud to be your host, but will graciously make this visit a memorable experience for all your members who have traveled from far and near to participate in this prestigious event. I hope your first time visitors will take the opportunity to enjoy some of our wonderful pastimes. Don't leave the Maryland area without trying our famous Maryland crab cakes or visiting the Chesapeake Bay or the Inner Harbor in Baltimore.

This great and ancient athletic activity of Kuo Shu can be practiced universally. At this event, it brings communities together and provides superb recreational opportunities for young people. These same young people will learn much about the culture and history from the elders here today. I marvel at this gathering of superb athletes from around the world and thankful to have a group that promotes fitness, peace and character right here in Maryland.

If I were with you, I would be the first to cheer on each athlete and applaud all the winners. You have my best wishes for a successful and enjoyable tournament.

Bubua W

Barbara A. Mikulski United States Senator

# U S

### FROM THE UNITED STATES SENATE



This Certificate of Achievement

Is Presented to

# United States Kuo Shu Federation

On the occasion of the

2016 Annual U.S. International Kuoshu Championship Tournament

In recognition of your

Commitment to educating and enhancing the lives of Marylanders by annually bringing the most dynamic and exciting competitors from around the world to Maryland!

Best Wish for a great week of Competition!

Bubua a Mikuthi

Barbara A. Mikulski

United States Senator

On This Day The Thirtieth of July, Two Thousand and Sixteen

### FROM THE UNITED STATES SENATE





July 30, 2016

Dear Friends,

I would like to offer a warm welcome to the attendees of the 2016 United States International Kuo Shu (USKSF) Championship Tournament. This annual event, which draws thousands of competitors from around the nation and abroad, offers a unique opportunity to promote intercultural cooperation while engaging in robust but friendly competition.

Kuo Shu, or Kung Fu, is an ancient form of Martial Arts that originated in China but has since spread to every corner of the globe. Over the centuries, Kuo Shu has inspired millions of practitioners worldwide through its values: peace, harmony, the health of the body and mind, and the benefits of physical fitness. It is also a central component of China's rich history and culture, the influence of which can be felt far beyond China's borders.

Participants in today's tournament will have the chance to celebrate that impressive heritage while training, competing for trophies, and taking part in Martial Arts. In particular, competitors will be able to interact with their fellow Kuo Shu practitioners from around the world and build lasting relationships. I would like to thank the United States Kuo Shu Foundation and USKSF President Grandmaster Huang Chien-Liang for your dedicated support for the Martial Arts within our nation, and for your work to enrich our community.

Best wishes for a wonderful and spirited competition.

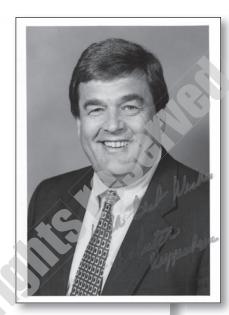
Sincerely,

Benjamin L. Cardin United States Senator

### FROM THE UNITED STATES CONGRESS



C.A. DUTCH RUPPERSBERGER 2ND DISTRICT, MARYLAND MEMBER OF CONGRESS



July 30, 2016

Grandmaster Huang Chien-Liang P.O. Box 20269 Baltimore, Maryland 21284-0269

Dear Grandmaster Huang Chien-Liang with best wishes:

It is my pleasure to welcome you and your tournament competitors and participants to the 2016 United States International Kuo Shu Championship Tournament. I offer my sincerest congratulations on your 43rd anniversary of Kuo Shu instruction. I regret that I am unable to be with you today to enjoy what I am sure will be a wonderful occasion.

Every year, the U.S. Kuo Shu Federation hosts competitive events welcoming contestants from around the world to compete here in Hunt Valley, Maryland. As the Representative from Maryland's 2<sup>nd</sup> Congressional District, I appreciate all your organization is doing to promote friendship, physical fitness, peace and strength of character. These events mean a great deal to the citizens of Baltimore County and we are proud to be your host.

Best wishes as you celebrate this auspicious occasion, and good luck to all of your participants.

Sincerely,

C.A. Dutch Ruppersberger Member of Congress

Not Printed at Government Expense



CHRIS VAN HOLLEN MEMBER OF CONGRESS 8TH DISTRICT, MARYLAND

July 30, 2016

Dear Friends:

I am delighted to extend my warmest greetings to everyone attending the 2016 United States International Kuo Shu Championship. As the U.S. Representative for Maryland's Eighth Congressional District, I am pleased to welcome you to Maryland for this special event. I am also happy to offer my good wishes to members of the United States Kuo Shu Federation, and to the participants, spectators and families attending this Championship.

My congratulations go to every participant in today's Tournament. As you continue to master this ancient discipline, you are developing mental and physical strength that will help you to succeed in all of your future endeavors. While teaching the principles of traditional Kuo Shu, the Tournament promotes friendship, physical fitness, peace and harmony. I know that you will take great pride in upholding these values throughout your life.

You have my best wishes for a successful and enjoyable Tournament.

Sincerel

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Chris Van Hollen Member of Congress

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# This Citation Is Presented To Grandmaster Huang Chien-Liang

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ON THE OCCASION OF THE 2016 U.S. INTERNATIONAL KUO SHU CHAMPIONSHIP TOURNAMENT

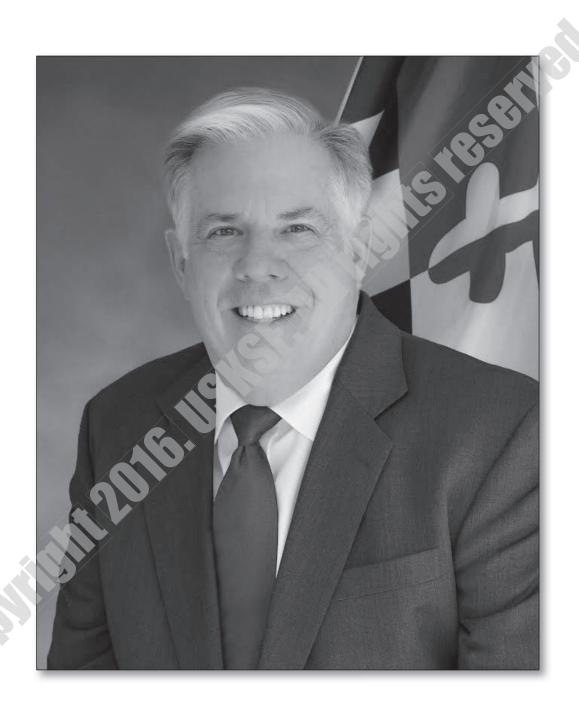
In recognition of his dedication to the teaching and preservation of traditional Chinese martial arts and his efforts to create an environment for students to learn leadership skills, self-discipline, and the importance of maintaining body and spirit, with best wishes for a successful Championship Tournament.

Chris Van Hollen

Member of Congress

On This Day, The Thirtieth of July, Two Thousand Sixteen

## THE GOVERNOR OF MARYLAND



# U S K S F

### FROM THE OFFICE OF THE GOVERNOR OF MARYLAND



### STATE OF MARYLAND OFFICE OF THE GOVERNOR

July 30, 2016 2016 U.S. International Kuo Shu Championship Tournament United States Kuo Shu Federation

A Message From Governor Larry Hogan

#### Dear Friends:

It is my honor to welcome you to the 2016 U.S. International Kuo Shu Championship Tournament. It is an impressive accomplishment to compete at the highest level of one's sport.

For decades, the United States Kuo Shu Federation has demonstrated a sincere commitment to promoting the art of Chinese Kuo Shu, both inside and outside of the traditional martial arts community. By teaching the principles of friendship, harmony, and peace, the Federation provides a positive way for men and women of all ages to engage in spirited competition, while also developing a sound mind and strong character.

Kuo Shu in the United States would not be what it is today without Grandmaster Huang Chien-Liang's remarkable contributions. Since 1991, Grandmaster Huang Chien-Liang has improved the quality of Kuo Shu events across the nation, and has generously supported many charitable initiatives.

I would like to thank the grandmaster as well as all of the event organizers and volunteers whose dedication has made this tournament possible, and best of luck to all competing this weekend!

Sincerely,

Larry Hogan Governor

> STATE HOUSE, ANNAPOLIS, MARYLAND 21401 (410) 974-3901 I-800-811-8336 TTY USERS CALL VIA MD RELAY

### FROM THE BALTIMORE COUNTY EXECUTIVE



KEVIN KAMENETZ County Executive



### A MESSAGE FROM THE COUNTY EXECUTIVE:

It is a pleasure to extend sincere congratulations to the United States Kuo Shu Federation on the occasion of your 2016 U.S. International Kuo Shu Championship Tournament. Your organization has established itself as a national and international leader in Chinese Martial Arts instruction through the tenets of Kuo Shu - virtue, wisdom, and humility - and by promoting the importance of having a healthy body and strong moral character.

The United States Kuo Shu Federation's hard work and dedication have had a positive effect on the lives of people across Baltimore County and beyond. Best wishes for an enjoyable opening ceremony and a successful tournament!

Very Truly Yours,

Kevin Kamenetz

Baltimore County Executive

400 Washington Avenue | Towson, Maryland 21204-4554 | Phone 410 887-2450 | Fax 410-887-4049 | kevin@baltimorecountymd.gov www.baltimorecountymd.gov

# U S K

### **BALTIMORE COUNTY EXECUTIVE'S PROCLAMATION**



# Executive Citation

## United States Kuo Shu Federation

with wholehearted congratulations on the occasion of the 2016 U.S. International Kuo Shu Championship Tournament. Baltimore County encourages its citizens to attend this delightful family affair that promotes friendship, physical fitness, peace, and character through the principles of Kuo Shu. In your honor, I, Kevin Kamenetz, as County Executive, do hereby designate July 25-31, 2016, "U.S. International Kuo Shu Week" in Baltimore County, and do commend this observance to all citizens. Best wishes to all competitors for a successful tournament.



Given under my hand and the Great Seal of Baltimore County this twenty-fifth day of May in the year two thousand sixteen.

Kevin Kamenetz
County Executive

### FROM THE USKSF SENIOR ADVISOR



#### UNITED STATES KUO SHU FEDERATION



July 30th, 2016

Grandmaster Chien-Liang Huang President United States Kuo Shu Federation Headquarters 11000 Owings Mills Blvd., Suite 5 Owings Mills, Maryland 21117

**Dear Grandmaster Huang:** 

Congratulations in advance on the success of the 28<sup>th</sup> annual U.S. International Kuo Shu Championship Tournament on July 29-31, 2016. Your tournaments are always run exceptionally well. The Tournament brings together all the martial artists from around the world and provides superb performances from each competitor.

The USKSF maintains a tradition of excellence by offering International Referee training every year. You have contributed much to the community thru Kuo Shu. Under your leadership, The World Kuo Shu Federation has become respected and has enjoyed broad-based participation. Your work and energy have been recognized at an international level. You always embody the model of Martial ethnics.

As always, you and your Tournament staff are to be commended for the tremendous success of the 2016 U.S. International Kuo Shu Championship Tournament.

Sincerely yours,

May Law

U.S.K.S.F. Senior Advisor

Director, U.S.K.S.F. Hall Of Fame

# U S K S F

### FROM THE USKSF GENERAL COUNSEL

# LAW & ASSOCIATES, L.L.C. ATTORNEYS AT LAW

Tsiwen M. Law

1617 John F. Kennedy Blvd Suite 650, One Penn Center Philadelphia, PA 19103 (215) 751-0500 (215) 751-0700 (Fax)

July 30th, 2016

Grandmaster Huang Chien-Liang Chairman The World Kuo Shu Federation 11000 Owings Mills Blvd., Suite 5 Owings Mills, Maryland 21117

**Dear Grandmaster Huang:** 

Congratulations on the success of the 2016 U.S. International Kuo Shu Championship Tournament on July 29-31, 2016 in Hunt Valley, Maryland. This tournament is testimony to your vision in establishing a well-respected international referee and competitor credential system. Last year, the U.S. Team attained world-wide recognition at the World Kuo Shu Tournament. Your Kuo Shu tournaments set the bar for all other martial arts competitions. You are to be commended for sponsoring the model of innovation in Chinese martial arts.

VIA

Very truly yours

Tsiwen M. Law, Esq.

### WHAT IS KUO SHU?

In 1928, the Nationalist government of China established a Central Martial Arts Academy called the Chung Yang Kuo Shu Kuan. This Academy, in Nanking, China, was created to promote the health and improve the strength of the people. The name "Kuo Shu" literally means "national art" and recognizes the unique cultural nature of Chinese martial arts. Some of the best martial artists in China attended this exclusive school, as teachers or students. The academy operated on mainland China between 1928 and 1947, closing due to the civil war.

oday, when using the word Kuo Shu, it is synonymous with traditional Chinese martial arts, especially including self-defense and fighting. In the U.S. today, Kuo Shu is also identified with a particular type of full contact fighting contest. Kuo Shu fighting is derived from an old Chinese tradition of constructing a raised platform (a "Lei Tai") and challenging anyone to step forward and fight. Contests were conducted on a Lei Tai and did not include protective gear, rounds or weight limits. Recently, more emphasis has been placed on the safety of the competitors.

After the civil war in 1955, Taiwan reintroduced the traditional Kuo Shu Lei Tai full-contact fighting contests. In 1975, the Kuo Shu Federation of Taiwan, ROC sponsored the first World Kuo Shu Championship Tournament in Tainan City, Taiwan. In 1978, the World Organization of Chinese Kuo Shu Worldwide Promotion Association, of which Grandmaster Huang, Chien-Liang was one of the founding members, was formed. In 1986, the name was changed to the International Chinese Kuo Shu Federation (ICKF). In 1988, Grandmaster Huang sponsored his first Kuo Shu tournament including full-contact fighting in the United States. In 1991, he re-introduced the Lei Tai and created a standard 24 x 24-foot platform, raised 2-4 feet off the ground, without boxing style ropes.

n 2000, Grandmaster Huang, founded The World Kuo Shu Federation (TWKSF) to continue to promote traditional Kuo Shu and its physical, mental, and ethical benefits, globally. The Federation is currently supported by over 70 different organizations and continues to provide International Referee Training and National Judge Certification. The Federation has also established an International Kuo Shu ranking system for Chinese martial artists worldwide. The World Kuo Shu Federation sponsored the most recent World Championship Tournament in Mendoza, Argentina in September 2015.

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# U S K S

### THE UNITED STATES KUO SHU FEDERATION

Nuo Shu, translated literally as "national art," is part of Chinese cultural heritage promoting both a healthy body and a strong moral character. The United States Chinese Kuoshu Federation (U.S.C.K.F), a non-profit organization, began sponsoring high quality martial arts tournaments in 1991. In 2006, the name was changed to the United States Kuo Shu Federation (U.S.K.S.F.). Kuo Shu, also known as "Kung Fu," is the trademark of traditional Chinese Wu Shu (martial arts), and promotes friendship, unity, physical fitness, harmony, martial ethics, and peace around the world. In this age of both mental and physical wellness, the organization continues to grow, because Kuo Shu continues to appeal to individuals of all ages and cultures.

he Board of Directors of the U.S.K.S.F. represents martial arts organizations from around the United States. Through this national network, the international standards for judge, referee, and instructor certifications have been established, and a new ranking system was developed as well. As a member of The World Kuo Shu Federation, the U.S.K.S.F. ensures all standards are comparable in both organizations.

In the western hemisphere, the U.S.K.S.F. participates in the Pan-American Kuo Shu Federation, which holds tournaments throughout the Americas each year. These include the First Americas Cup International Kuo Shu Championship Tournament held in 1991, and the U.S. International Kuo Shu Championship Tournaments for the years 1994, 1996, 1998, and 2000 through 2015. The year 2000 marked a significant step forward for the U.S.K.S.F. when it established the Kuo Shu Hall of Fame (KHOF) as the cornerstone of the annual banquet which culminates each tournament. The KHOF is the U.S.K.S.F.s most prestigious award because it recognizes individuals for a lifetime dedicated to promoting Kuo Shu and martial ethics. The KHOF nominee must obtain two thirds of the votes of the KHOF Committee in order to be inducted. Additionally, the U.S.K.S.F. confers awards for competitors and a judge of the year, and also recognizes Kuo Shu contributors who help provide special support to the federation at the KHOF banquet. The U.S.K.S.F. marked the momentous 25th anniversary of its prestigious U.S. International Kuo Shu Championship Tournament in 2013 with special Tien Shan Pai demonstrations, renowned lion dance teams, and a host of dignitaries who attended the opening ceremonies of this elite competition.

he growth of Kuo Shu in this region and worldwide would not have been possible without the efforts of Grandmaster Huang, Chien-Liang. He has devoted his professional life to Kuo Shu since his arrival in the United States in 1973. He founded, and is currently President of the U.S.K.S.F., and also founded and is the Chairman of the World Kuo Shu Federation. He promotes and supports the study of Kuo Shu and martial ethics by conducting seminars worldwide, and has worked tirelessly to elevate the standards of Kuo Shu instruction, demonstrations and competitions. This dedication to the organization has been demonstrated by the expansion of the organization from an initial U.S.K.S.F. tournament of 102 competitors, to approximately 500 international participants who now travel to the United States to compete annually. Grandmaster Huang's commitment to humanity extends beyond the martial arts arena. He has organized demonstrations in order to raise funds for St. Jude's Children's Research Hospital, and victims of September 11th, among others, to accumulate over \$7,000 in donations. In April 2008, the USKSF sponsored a charity demonstration to celebrate Grandmaster Huang's 35 years of instruction in the U.S. and raised over \$4,000 for the Baltimore Children's Home. In honor of this event, several government officials sent their congratulations and good wishes, including former Baltimore City Mayor Sheila Dixon, who proclaimed April 26, 2008 "Grandmaster Huang, Chien-Liang's 35th Anniversary of Martial Arts Instruction in the U.S. Day" and former Baltimore County Executive James T. Smith, Jr, who proclaimed April 26, 2008 "Grandmaster Huang, Chien-Liang Day." Former Mayor Sheila Dixon stated "...based on his tireless efforts promoting Chinese martial arts within the local community and the world we are proud to honor Grandmaster Huang on this special day..." Grandmaster Huang continued this tradition on his 40th anniversary of teaching Kuo Shu in the United States by hosting another charity demonstration. This special event raised over \$6,000 for the local "Sparks of Change" charity established in memory of Huang's late student, Daniel Siegel.

Recognition for Kuo Shu and this annual tournament is unprecedented in the history of Chinese martial arts in the United States. In addition to proclamations from such well-known local leaders such as former Governor Martin O'Malley, and former Governor Robert Ehrlich, Maryland State Senator Andrew Harris has participated in the tournament's Opening Ceremonies. In addition, since 1994, the White House has consistently sent an official representative to the tournament's opening ceremonies. This clearly demonstrates the impact this form of martial arts has continued to make in this country and throughout the world.



- Founder and Chairman The World Kuo Shu Federation (T.W.K.S.F.)
- President United States Kuo Shu Federation (U.S.K.S.F.)
- Grandmaster 64th Generation, Tien Shan Pai
- Baltimore County Executive Ruppersberger proclaimed April 26, 1998
   "Huang Chien Liang Day"
- Maryland Governor Glendening proclaimed April 26, 1998 "GM. Huang, Chien Liang Day"
- Inducted into the U.S. Kuo Shu Hall of Fame (2000)
- Inducted into the Dong Han Taoist Sect Lifetime Achievement for Excellence (2006)
- Doctor of Philosophy —College of Advanced Education and Martial Arts
- Honorary President International Song's Xing Yi Quan Association
- Honorary President Hua Yue Xin Yi Liu He Ba Fa Yan Jiu Zong Hui

- Certified 10th Tuan by T.W.K.S.F.
- Certified 10th Tuan by the World Traditional Martial Arts Union (W.T.M.A.U.)
- Director & Chief Arbitrator 7th World Kuo Shu Championship Tournament (Taiwan, ROC 1992)
- Head Coach of the United States National Kuo Shu Team (1986 2000)
- Baltimore County Executive Kamenetz proclaimed April 26, 2013
   "Huang Chien Liang Day"
- Adjunct College Professor in Tai Ji Quan (for over 25 Years)
- "One of the Most influential Chinese Martial Arts Master of the Past 30
   Years" (Inside Kung Fu Magazine, 2003)
- "One of the Most Impact Martial Artist in the 20th Century" (Inside Kung Fu Magazine, 1999)

Grandmaster Huang Chien-Liang is a man of many talents, interests, and commitments. All of these focus on his devotion to the martial arts principles, philosophy and technique. He is a humanitarian dedicated to sharing his gifts with his students, colleagues and spectators.

Grandmaster Huang completed his academics by completing his college education, earning a B.S. degree from the National Chung Shing University, Taiwan, R.O.C. Since then, he developed his dedication for Kuo Shu and has trained in it for over 50 years and taught for more than 40 years. In his devotion to this doctrine, he founded and served as Chairman and first term President of the World Kuo Shu Federation, and, in 2006, was re-elected for a second term. He finished his second term in 2010 and currently serves as Chairman of the Board. He is also President of the United States Kuo Shu Federation, and in 2000, he was the first inductee into the Kuo Shu Hall of Fame.

Since 1988, Grandmaster Huang has promoted and sponsored numerous national and international Kuo Shu championship tournaments; from 1986 to 2000, he served as Head Coach of the United States Kuo Shu Team, which competed in the World Cup and other international tournaments. Grandmaster Huang has been called the "Maker of Champions" because of the many competitions his students have won in forms, weapons and full-contact Lei Tai fighting. In addition to his students winning World Lei Tai Championships, at the 2nd World Kuo Shu Federation Tournament (Singapore, 2006) and the 3rd World Kuo Shu Federation Tournament (Germany, 2009), his students also won Gold medals in Tai Ji Quan form, weapons, and Push Hands. Grandmaster Huang founded the U.S. Kuo Shu Academy in Owings Mills, Maryland, USA, and teaches Tien Shan Pai Kung Fu, along with other Northern styles, as well as Tai Ji Quan, Xing Yi Quan, and Ba Qua Zhang. He was Director and Chief Arbitrator of the 7th World Cup Chinese Kuo Shu Championship in Taiwan.

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Grandmaster Huang is the only full heir to the 63rd generation Tien Shan Pai Supreme Master Wang Chueh-Jen, "the Double Broadsword King of China". As the outstanding supporter of Tien Shan Pai in the world, Grandmaster Huang has concentrated his efforts in the arena of the United States, Europe and South America. He is known internationally as "Kuo Shu World Bao Qing Tian"; China's most famous judge, and is an international Kuo Shu Coach/Instructor and international Kuo Shu Referee "A", the highest ranks, by the International Chinese Kuo Shu Federation (ICKF). In 2004, Grandmaster Huang received his 10th Tuan degree, the highest rank from TWKSF and was certified at the 10th Tuan level by the World Traditional Martial Arts Union.

Grandmaster Huang travels around the world teaching seminars on a variety of topics, including Dao Meditation, and he has produced videos on Tien Shan Pai, Qin Na, Tai Ji Quan, and Xing Yi Quan. He designs and implements instructor, judge and referee certification programs, and has also introduced a new grading and ranking system for TWKSF.

He has been an adjunct professor in Tai Ji Quan at the Community College of Baltimore County in Essex, Maryland for over 25 years, and formerly taught Tai Ji Quan at the Peabody Institute in Baltimore, Maryland. He has spent much time assisting in the training of Lei Tai full-contact fighters from the United States and other countries; these fighters have gone on to win full-contact competitions at national and international Kuo Shu tournaments, including the World Kuo Shu Tournament.

The list of accolades awarded Grandmaster Huang is quite extensive. His accomplishments have been acknowledged by many notable politicians, martial arts associations, magazines and television. He was named "One of the Most Influential Chinese Martial Arts Masters of the Past 30 Years" by Inside Kung Fu magazine, and was inducted into several different martial arts organization's Halls of Fame. He has been named "One of the Greatest Impact Martial Artists of the 20th Century," "Instructor of the Year," and among "Famous Chinese People in the World" by RenMonRiBao, the Chinese people's daily newspaper.

Grandmaster Huang has had television interviews in the United States and Spain, and, in Paraguay and Brazil. He was on the news show PM Magazine in a feature on "Maker of Champions, Builder of Character." In addition, he has performed in the United States, Europe, China and Taiwan.

Grandmaster Huang's commitment and contributions to charity work have continued to serve and benefit people far beyond the martial arts community. He has supported many charitable events for organizations including the Muscular Dystrophy Walkathon, Pride of Baltimore II Rebuild, and The Johns Hopkins Children's Center. In 1998, he performed Tien Shan Pai Kung Fu with his students to raise more than \$5,000 for the National Multiple Sclerosis Society. In November 2001, through a martial arts demonstration, Grandmaster Huang and his Kuo Shu team raised more than \$2,700 for victims of September 11, and, in 2005 they conducted a fundraiser for St. Jude Children's Research Hospital and raised more than \$4,000. In April 2008, the International Tien Shan Pai Association and the USKSF sponsored a charity demonstration to celebrate Grandmaster Huang's 35 years of instruction in the U.S. and raised over \$4,000 for the Baltimore Children's Home. Most recently, over \$6,000 was raised for the local charity, "Sparks of Change," during a demonstration to celebrate Grandmaster Huang's 40 years of teaching in the U.S. Baltimore County Executive Kevin Kamenetz proclaimed April 26, 2013 as "Huang Chien Liang Day" to celebrate this achievement.

Locally, Grandmaster Huang has been invited to meet with many state and federal officials, including Robert L. Ehrlich (former Congressman and Governor), C.A. Dutch Ruppersberger (former Baltimore County Executive and current U.S. Congressman), Andrew Harris (former State Senator and current U.S. Congressman), and Parris Glendening (former Governor). He has received Certificates of Special Congressional Recognition from U.S. Senator Barbara Mikulski, U.S. Congressman Ruppersberger, and then-Congressman Ehrlich; a Citizen Citation from former Baltimore Mayor Kurt Schmoke; County Executive Citations from Hayden, C.A. Dutch Ruppersberger, James T. Smith and Kevin Kamenetz; and Governor's Citations from former Governors Glendening and Ehrlich, and current Governor Martin O'Malley.

Grandmaster Huang was honored with a proclamation from the then-County Executive Ruppersberger, proclaiming "Huang Chien Liang Day" and a proclamation from then-Governor Glendening proclaiming April 26, 1998, as "Grandmaster Huang, Chien-Liang's 25th Anniversary of Martial Arts Instruction in the U.S. Day" for his unstinting promotion of Kuo Shu.

Former Baltimore City Mayor Sheila Dixon said "...based on his tireless efforts promoting Chinese martial arts within the local community and the world we are proud to honor Grandmaster Huang on this special day..."

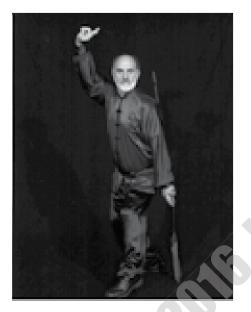
Unquestionably, Grandmaster Huang's commitment to excellence in the Chinese martial arts has earned him a place in the history of Martial Arts, not only for his innovations, but his caring and devotion to all people.



# Grandmaster Jiang Jing Sung Baek United States Kuo Shu Federation Senior Advisor and Co-Sponsor of the 2016 U.S. International Kuo Shu Championship Tournament

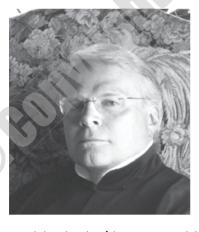
Grandmaster Jiang Jing Sung Baek is the President of the International ContactWeapon Sport Federation, President of the Jiang Jing Taoist Institute, 67th Grandmaster of the Da Han Martial Taoist Sect, Korea, and 73rd Grandmaster of the Dong Han Medical Taoist Sect, Korea. Grandmaster Baek specializes in Internal Sword of many styles including Wudang, Tai Chi and Wuxing. He has training in Shaolin, Tanglang, Wudang,

Kunlun, Washan, Bagua, and Wuxing systems. He is the creator of the Contact Weapons Sport (weapon sparring) and founder of Federation and Associations for Contact Weapons Sport. In 1974, Jiang Jing was honored as the fastest swordsman in Korea. Currently, he teaches Internal Sword, Taoism, Qigong, Kung Fu and Qigong Flute in Washington State. Grandmaster Baek has co-sponsored the U.S. International Kuo Shu Championship Tournaments since 1996, and, in 2007, was inducted into the U.S. Kuo Shu Hall of Fame.



# Dr. Arthur Panella Co-Sponsor of the 2016 U.S. International Kuo Shu Championship Tournament

Dr. Arthur Panella began his journey into martial arts in 1991 when he first began taking lessons at Richard Lee's East West Bok Fu Do. An Endodontist by profession, Dr. Panella earned his black belt in 2004. He is a first generation disciple of Grandmaster Richard Lee. Dr. Panella holds the rank of 2nd degree black belt in the Bok Fu Do system and a 2nd Tuan (black sash) in Chinese Kuo Shu. He is also a certified International Referee "B" by the World Kuo Shu Federation. Dr. Panella represented the United States in forms and weapons competition at the 1st T.W.K.S.F. World Kuo Shu Tournament in Brazil (2003) and the 2nd T.W.K.S.F. World Tournament in Singapore (2006). He is the head of their Senior Advanced Training at Richard Lee's East-West Kung-Fu School.



# Grandmaster Richard Lee President, The World Kuo Shu Federation

Grandmaster Richard Lee has been studying martial arts for more than half a century. He was the first American born martial arts Master to travel to mainland China when it was legalized to do so in the late 1970's. He has been a three-time United States Team Coach at the World Kuo Shu Tournaments in 1975, 1992 and 1996. In 2004, Grandmaster Lee received his TWKSF 10th degree black sash and EUSA Doctoral Degree. In addition, Grandmaster Lee is a 10th degree black belt in Chinese Kenpo and an 8th degree black sash through the International Chinese Kuo Shu Federation. He is the Grandmaster of the Bok-Fu-Do system and invites all those

participating in this event to visit the West Coast Headquarter School for the USKSF in Alamo, California. For more information on Grandmaster Lee and the Bok-Fu-Do system, please visit the website at www.BokFuDo. com.



# Grandmaster Steve L. Martin Executive Vice President, The World Kuo Shu Federation and Chief Arbitrator, United States Kuo Shu Federation

Grandmaster Martin has studied the Martial Arts for more than 54 years. Over 70 years of age, he holds Black Belt level rank in Judo, Master level rank in Okinawan Karate and Jiu-Jitsu, and has been the Disciple of White Crane Grandmaster W.S. Hung of Taiwan for more than 40 years. He is a retired serviceman, with more than 23 years of active service, two of which

were spent in combat in Vietnam. He is also a certified New Jersey Educator, Chairman of the United Martial Arts Referees Association, President of the International Federation of Chinese Martial Arts, Member of the Executive Board of the US Chinese Kuo Shu Federation and Vice President of The World Kuo Shu Federation. He lived in Taiwan with his teacher for nine years, and in 1995 was awarded the official license and banner of the Taichung White Crane organization. Master Martin was inducted as the "Instructor of the Year" and Hall of Fame recipient by Inside Kung Fu Magazine for the year 2000. He was also awarded the "A" Kuo Shu Medal. Grandmaster Martin was inducted into the International Kuo Shu Chinese Martial Arts Federation "Hall of Fame" for the year 2002. He has frequently been featured on CTV television in Taiwan, and has had numerous articles published about him in "Wu-Lin" Martial Arts magazine in Taiwan. Additionally, Grandmaster Martin was appointed "Chi-Kung Councilor" by the Taichung County Chi-Kung Association of Taichung, Taiwan in 2005, and in 2008 he was officially proclaimed an "Honorary Citizen" of Taichung, Taiwan for his more than 40 years of dedication to his teacher and promotion of the culture and martial arts of Taiwan.



# Grandmaster Li, Wing Kay Vice President, The World Kuo Shu Federation

Grandmaster Li was born in Hong Kong. He studied under Eagle Claw Grandmaster Law Fat Mon. In 1970, he immigrated to Sao Paolo, Brazil. While in Brazil, he taught martial arts to the military, the Chinese Association, the YMCA, and other associations. In 1973, he opened his first Kuoshu school in Sao Paolo. Currently, he has schools in more than 10 provinces in Brazil. He is President of the South American Chinese Kuoshu Federation, the Brazil Chinese Kuoshu Federation, and is the Pan American President for The World Kuoshu Federation. He is an Instructor at the Sao Paolo Military Police Academy, and President of the Brazilian Eagle Claw Kuoshu Federation.



# Master Alex Czech Vice President, The World Kuo Shu Federation

Master Czech began his martial arts training at age 6, in the style of Ninjitsu, under his father's instruction. Shi-Fu Czech opened his first school in 1987 in Neu-Ulm, Germany. In 1992, he began studying under Grandmaster Huang, Chien-Liang in the United States, continuing the tradition of Tien Shan Pai in Germany. In 1994, he sponsored the 1st German Kuo Shu Tournament and, in 1995, sponsored an International Kuo Shu Tournament in Germany, and sponsored the 3rd World Kuo Shu Tournament in 2009. Currently, he is the President of the German Chinese Kuo Shu Federation, and concentrates his studies on Grandmaster Huang's Tien Shan Pai Kung Fu.



# Master Keiko Kurisake President, Asia Kuo Shu Federation

Master Kurisake is 5th generation Pa Gua Tai Chi Chuan, under Master Ciao Fu Lim. She started training in Japanese martial arts at the age of 7, and began learning Chinese martial arts at 16. Keiko studied Chen style Tai Chi Chuan under Master Wang Hu Lim, Hung Gar under Master Chen Hung Zong, Northern Shaolin Chen and Iron Palm under Master Hu Shao Bao, The 13 form Tai Chi Chuan under master Zhan De Sheng, and Sanda Boxing under Master Chang En Huang. She is an International Referee "B" under TWKSF. In 1988, she opened the Chinese martial art school Kenbukai, and in 2000, she created Japan Sanda Combat Association. Master Kurisake is the President of the Asia Kuo Shu Federation, is a certified instructor of Kung Fu, Tai Ji Quan, Shuai Jiao, San Da, and is a lifetime enthusiast of training, teaching and promoting Chinese martial arts.



# Master Martin Sewer President, European Kuo Shu Federation

Master Sewer began training and winning competitions at the age of 7. In 1989, Shi-Fu Sewer began training from Grandmaster Chiu Chi Ling, and received his Master certification in 1992. In 1995, he opened his school in Zurich, and was recognized as a 5th degree black sash through the World Kung Fu Association. He is closely involved with the International Chiu Chi Ling Hung Gar Kung Fu Association and has recently been recognized by several martial arts organizations for his achievements.



### Master Michael Huang Assistant to the USKSF President

Master Michael Huang is a 65th generation disciple of Grandmaster Huang, Chien-Liang and has spent his entire life involved with the martial arts. He began his martial arts studies thirty years ago, at the age of four, under the guidance of his father, Grandmaster Huang. He has studied Tien Shan Pai, including fighting techniques, traditional weapons, qi gong, nei gong, iron palm, grass dragon pole and qin na. He is one of only three people in the world to be recognized — by Grandmaster Huang — as a Master in Tien Shan Pai kung fu. Although Master Huang started his martial arts journey in kung fu, he also

extensively studied Tai Ji Quan, Xing Yi Quan, Ba Gua Zhang and Daoist meditation. Through his studies of these internal arts, he has gained a deeper understanding and appreciation for the breadth and depth of Chinese Martial Arts. Master Huang is a 5th degree Black Sash in Tien Shan Pai kung fu under Grandmaster Huang and a 6th degree Black Sash under the ranking system of The World Kuo Shu Federation (TWKSF). He is also an internationally certified TWKSF level A Referee. Master Huang is the Director of Northern Styles for the United States Kuo Shu Federation (USKSF) and a member of the USKSF Executive Committee. At national and international tournaments, Master Huang has won numerous 1st place awards in events such as empty hand forms, weapon forms, two person forms, and full contact Lei Tai fighting. In 2001, Master Huang was awarded the USKSF Adult Male Competitor of the Year and, in 2010, was recognized as the USKSF Male Lei Tai (full contact fighting) Competitor of the Year. Master Huang was a member of the U.S. national team for the 2009 World Kuo Shu Championship tournament (in Germany) and 2012 World Kuo Shu Championship Tournament (in Malaysia) where he placed 4th and 2nd, respectively, in full contact Lei Tai fighting. Master Huang has participated in martial arts demonstrations, which raised funds for St Jude's Children's Research Center, the Maryland Chapter of Multiple Sclerosis Society, September 11th Relief Efforts and many others. He has received several citations from government officials for his promotion of the Chinese Martial Arts. Master Huang is the head instructor for both locations of the U.S. Kuo Shu Academy (Columbia, MD and Owings Mills, MD). With over twenty years of teaching experience, Master Huang is now focused on training and coaching the next generation of Chinese martial arts practitioners. Already, he has seen substantial results of efforts, in terms of quality of his students and the success of his students in competition and in life.



# Shi-Fu Jonathan Miller Assistant to the USKSF President

Shi-Fu Jonathan Pett Miller has dedicated himself to pursuing the dual way of sword and pen. He has studied in the Tien Shan Pai system since 1992 and is a 65th generation disciple of Grandmaster Huang Chien-Liang. He holds the rank of 3rd degree Black Sash in Tien Shan Pai under Grandmaster Huang's Tien Shan Pai Wu Kui Tang and 6th Tuan (6th degree black sash) under the ranking system of The World Kuo Shu Federation. His studies have included Tien Shan Pai and other external styles; Tai Ji Quan, Xing Yi Quan and Ba Gua Zhang; traditional weapons and qin na; martial qi gong, nei gong, and Tao meditation. Shi-Fu Miller has served as Secretary General and Executive Board member of The World Kuo Shu Federation since 2002. He has served as U.S.K.S.F. Executive Board Member since 1996, was U.S.K.S.F. Secretary General for ten years, and served on the U.S.K.S.F.

Hall of Fame Committee since its inception in 2000. In 2010, Shi-Fu Miller received the U.S.K.S.F. Contributor award from the U.S.K.S.F. President for outstanding efforts in promotion of Kuoshu; fewer than a dozen people have received this award. He has been awarded both the Kuoshu A Medal and Kuoshu B Medal by the International Chinese Kuoshu Federation, in recognition of his outstanding efforts to promote Chinese Kuoshu. Shi-Fu Miller is an "A" level international certified referee under T.W.K.S.F. He has administered the Lei Tai full contact competition at nearly twenty national and international tournaments, supervising over 1,500 full contact matches. Shi-Fu Miller is an enthusiast of Chinese art, cuisine, and tea; collects antique Chinese arms and armor; and is a published author of more than two dozen articles and two books on martial arts subjects.



# Grandmaster Calvin Chin Vice President, United States Kuo Shu Federation

Grandmaster Chin was a black belt in Uechi Ryu before he started training in 1971 with the late Kwong Tit-Fu, founder of Fu Hok Tai Hei Morn. This is a unique teaching approach incorporating the higher level theories of Hung Gar Tiger Crane, Wu style Tai Chi, and Mu Dong Yat Hei Ngm Hahng Morn. Each system is practiced individually, retaining its characteristics and integrity. In 1996, Grandmaster Chin established Calvin Chin's Martial Arts Academy in Newton, Massachusetts to continue his teacher's legacy. Grandmaster Chin was inducted into the US Kuo Shu Hall of Fame in 2009.



# Master John Buckley Vice President, United States Kuo Shu Federation

Master John Buckley is the first disciple of Grandmaster Richard Lee and holds the rank of 7th degree black belt in Bok-Fu-Do. He is the President of East West Kung Fu Schools and the International Bok Fu Do Association, as well as the Vice President of the United States Chinese Kuo Shu Federation. He is a 7th Tuan and an International 'A' referee through The World Kuoshu Federation. Master Buckley also studies Tien Shan Pai under Grandmaster Huang and holds the rank of 2nd Tuan. He has represented the United States in International and World competitions including: The 7th and 8th World Kuoshu Championships held in the Republic of China (1992 and 1996), London (1996), Brazil (1995), and the 4th Asia Cup in Hong Kong (1991). Master Buckley is a five-time United States team coach for the 1st, 2nd, 3rd, 4th and

5th TWKSF World Championships in Brazil (2003), Singapore (2006), Germany (2009), Malaysia (2012) and Argentina (2015). Master Buckley was voted as the USCKF Judge of the Year in 2006. For more information on Master Buckley and the Bok-Fu-Do System visit our website at www.bokfudo.com.



### Master lan Chisholm Vice President, United States Kuo Shu Federation

Master Chisholm is a 65th Generation student of Tien Shan Pai and a direct disciple of Grandmaster Huang, Chien-Liang. He started his training with Grandmaster Huang in 1989 and, under Grandmaster Huang's supervision, has studied traditional Tien Shan Pai, including lei tai fighting, Qi Gong, Nei Gong, tie sha zhang (iron palm), cao long zhuang (grass dragon pole), and Qin Na, as well as Yang Style Tai Ji Quan. Master Chisholm is a 5th degree Black Sash in Tien Shan Pai under Grandmaster Huang and a 6th degree Black Sash under the certification standards of The World Kuo Shu Federation (TWKSF). He is also an internationally certified level A referee in accordance with TWKSF standards. Master Chisholm served as Director for the 2005

United States Chinese Kuo Shu Federation (USCKF) International Tournament and as Assistant Director for the USCKF tournaments in 1999 and 2001 through 2004. He also served as Director of the United States Kuo Shu Federation (USKSF) International Championship Tournaments from 2012-2014. He was also the United States Kuo Shu Federation Secretary General from 2007-2015, and is now a USKSF Vice-President. Master Chisholm competed in USKSF events for many years and was a member of the United States national team at the 7th and 8th World Kuo Shu Championship tournaments, held in Taipei, Taiwan R.O.C. in 1992 and 1996. In 1992, at the 7th World Kuo Shu Championships, he won 1st place in empty hand two person sets and 3rd place in weapon two person sets. In 1996, at the 8th World Kuo Shu Championships, he won 1st place in empty hand two person sets and 2nd place in weapon two person sets. Master Chisholm received the World Martial Arts Hall of Fame's "Outstanding Achievement of the Year" award with his induction into the hall in 1992 following his first world championship title in Taiwan. He has also been awarded Kuo Shu Medals A and B by the International Chinese Kuo Shu Federation. Master Chisholm has competed, demonstrated, and judged at events in the U.S., Europe, and Asia. He has also been a member of several Tien Shan Pai demonstration teams which raised funds for September 11th relief efforts, the Maryland Chapter of the Multiple Sclerosis Society, the St. Jude Children's Research Center, and The Children's Home. Master Chisholm's efforts to help promote Chinese Kuo Shu and Tien Shan Pai have been recognized by citations from Congressman C.A. Dutch Ruppersberger, Maryland Governor Robert Ehrlich, Baltimore Mayor Martin O'Malley, and Baltimore County Executive Im Smith, in addition to Inside Kung-Fu magazine, Action Martial Arts Magazine's Hall of Fame awards, and the Owings Mills Times. His first book, Introduction to Tien Shan Pai, which he co-authored with Grandmaster Huang, was released by Turtle Press in 2012. Having taught in Baltimore County Public Schools for twenty years, Master Chisholm was also named Baltimore County's Elementary Educator of the Year in 2003. He now works as a consulting teacher for Baltimore County, helping to train first year teachers in the system. He feels privileged and honored to be a student of Grandmaster Huang and strives to propagate Tien Shan Pai and help pass the torch to the next generation at the US Kuo Shu Academy in Owings Mills, Maryland.



### Alyssa Bryan

### **Deputy Secretary General, United States Kuo Shu Federation**

Mrs. Bryan holds the Executive Committee position of Deputy Secretary General for both The United States Kuo Shu Federation, and The World Kuo Shu Federation and has been a key staff member and organizer of the USKSF International Kuo Shu Championship Tournaments since 1997. She has studied both internal and external martial arts directly with Grandmaster Huang, and

was a Teaching Assistant at the U.S. Kuo Shu Academy, in Owings Mills, MD. She was Program Director at U.S. Martial Arts Academy, in Timonium, MD for 2 years and co-owned Freedom Martial Arts & Wellness Center for 5 years. In recognition of her contributions to the Kuo Shu Federation, Alyssa has received a citation from the Mayor of Baltimore, several citations from Baltimore County Executives, and is a recipient of the "Kuo Shu B" medal for service and promotion of Kuo Shu. She assisted the organizers for the 2nd World Kuo Shu World Tournament in Singapore in 2006 and the 3rd World Kuo Shu World Tournament in Germany in 2009. Alyssa is a Reiki Master Teacher in both Usui and Karuna® styles, and a Master Lead Photographer with Lifetouch Preschool Portraits.

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# U S K S

### 2016 USKSF OFFICIALS

**President:** Huang, Chien-Liang (MD)

**Senior Vice-President:** Richard Lee (CA)

Vice Presidents: John Buckley (CA), Calvin Chin (MA), Ian Chisholm (MD)

**Special Assistants to the President:** Michael Huang (MD), Jonathan Miller (CA), Ken Saunders (MD)

**Senior Advisors:** May Law (PA), Jiang Jing Sung Baek (WA)

**Advisors:** Wai Hong Eng (NY), Pui Chan (FL), Dr. Wayne Hunt (MD),

Ernest G. Lee (CA), John Leong (WA), Dr. Arthur Panella (CA),

Mike Patterson (NV), Tai Yim (MD)

Medical Advisors: Dr. Chandrasekharan Nair (MD), Dr. Steven Friedman (MD)

General Counsel:Tsiwen Law (PA)Secretary General:John Green (MD)Deputy Secretary General:Alyssa Bryan (MD)Secretary:Peck Mun Lee (MD)Chief Arbitrator:Steve L. Martin (NJ)Referee General:Kevin Preston (PA)

**Deputy Referee General:** Doug Moffett (VA), Brandi Piacente (CA), Kimba Tieu (WI)

Boon See Nair (MD)

**Director of Competition:** Mike Pilachowski (MD) **Deputy Director of Competition:** Terri Dickson (MD) Director of Lei Tai: Jonathan Pai (MD) **Deputy Director of Lei Tai:** Jason Harris (MD) **Director of Light Contact:** Judie Martin (PA) **Director of Northern Style:** Michael Huang (MD) **Director of Southern Style:** Judie Martin (PA) Director of Wushu: Christopher Pei (VA) **Director of Internal:** John Green (MD) Director of Ba Qua Zhang: Dug Corpolongo (NM) **Director of Wing Chun:** Shannon Moore (MD)

Director of Hall of Fame:May Law (PA)Director of Public Relations:Marjorie Hoffman (MD)Director of Equipment:Paul Jakubowski (MD)Director of Transportation:Nam Phamdo (MD)

**Director of Video:** Maria Fiore (MD)

**Director of Merchandising:** 

**Deputy Director of Video:**Maricar Jakubowski (MD)
Director of Photography:
Dr. Wayne Hunt (MD)

East Region Director:Bill Fong (NY)West Region Director:John Ozuna (CA)North Region Director:Nelson Ferreira (WI)South Region Director:Dug Corpolongo (NM)

### **Members of the Executive Committee:**

John Buckley (CA), Calvin Chin (MA), Ian Chisholm (MD), Dug Corpolongo (NM), Joe Dunphy (MD), Chris Facente (NC), Nelson Ferreira (WI), Bill Fong (NY), John Green (MD), Michael Huang (MD), Dr. Wayne Hunt (MD), Paul Jakubowski (MD), May Law (PA), Richard Lee (CA), Judie Martin (PA), Steve Martin (PA), Jonathan Miller (CA), Doug Moffett (VA), John Ozuna (CA), Jonathan Pai (MD), Kevin Preston (PA), Ken Saunders (MD).

### **KUO SHU CONTRIBUTORS**

Specially recognized by the USKSF President, the Kuo Shu Contributor Award is given to the person(s) who has consistently helped to promote the Chinese martial arts for over 10 years.

Previous recipients are listed below:

July 28, 2002

Mrs. May Law Grandmaster Jiang Jing Sung Back

July 31, 2005

Mr. Tsiwên M. Law Or. Wayne Hunt

July 23, 2006

Mr. Jellvey Zukor

July 29, 2007

Mr. Ernest G. Lee

July 27, 2008

Mrs. Niane Spoor

July 25, 2010

Mr. Jonathan Pett Miller

July 29, 2012

Dr. Arthur Panella

July 26, 2015

Mr. Michael Pilachowski

# U S K S F

### **KUO SHU HALL OF FAME**

**Year 2000 Inductee** 

Grandmaster Huang, Chien-Liang

**Year 2001 Inductee** 

Grandmaster Richard Lee Master Joe Dunphy

**Year 2002 Inductee** 

Grandmaster Steve L. Martin

**Year 2003 Inductee** 

Grandmaster Chan Pui Grandmaster Wai Hong Eng

**Year 2004 Inductee** 

Grandmaster Henry Look Master Kevin Preston

Year 2005 Inductee

Grandmaster Wai Lun Choi

Year 2006 Inductee

Moster Wei Qi He

**Year 2007 Inductee** 

Grandmaster Jiang Jing Sung Back

**Year 2009 Inductee** 

Grandmaster Calvin Chin

**Year 2011 Inductee** 

Master John Buckley

**Year 2013 Inductee** 

Master Bob Rosen

**Year 2014 Inductee** 

Master Richard Wheatley

# WHO'S WHO AT THE 2016 TOURNAMENT?



Master John Green
Tournament Director and
Secretary General, United
States Kuo Shu Federation

John Green is a 65th generation disciple of Tien Shan Pai Grandmaster Huang, Chien-Liang. He has studied the internal arts of Taijiquan, Xingyiquan, and Baquazhang for over 20 years under the supervision of Grandmaster Huang. Master Green has placed 1st, 2nd, and 3rd in empty hand forms, weapons forms, and pushing hands at national and international Chinese martial arts tournaments. In 2006, he was awarded seven medals (4 gold) and the title of World Champion at the 2nd World Kuo Shu Championship Tournament, held in Singapore. Master Green has received numerous awards and citations for martial arts excellence, including twice recognized as the U.S. Kuo Shu Federation (USKSF) Internal Arts Competitor of the Year (2002 and 2007) and Action Martial Arts Competitor of Year in 2006. Master Green is a 6th degree Black Sash, a Certified Instructor 'A', and an Internationally Certified Level 'B' Referee under the standards of The World Kuo Shu Federation (TWKSF). He has assisted in the organization of USKSF Tournaments since 1996, and has held various positions including Master of Ceremonies, Security Coordinator, Transportation Coordinator, Internal Floor Coordinator, and Assistant Tournament Director in 2007, 2009, 2010, and 2012-2014. He was the Tournament Director for the 2011 and 2015 USKSF International Kuo Shu Championship Tournament. In 2009, he also served as the Chief Judge for Taijiquan Form and Push Hands at the 3rd TWKSF World Tournament in Ulm, Germany and again in 2015 at the 5th TWKSF World Tournament in Mendoza, Argentina.

Master Green has also been a member of several Tien Shan Pai demonstration teams to support various charitable organizations including, the September 11th Relief Fund, St. Jude Children's Research Center, The Children's Home of Baltimore, and the Sparks of Change Foundation. His efforts to promote Kuo Shu and Tien Shan Pai have been recognized by citations from Maryland Governor Martin O'Malley, Congressman C.A. Dutch Ruppersberger, and Senator Barbara Mikulski. Master Green also published the 40th Anniversary Book, Treasure of Kuo Shu, for Grandmaster Huang, in 2013. Currently, Master Green is a Senior Instructor at Grandmaster Huang's U.S. Kuo Shu Academy in Owings Mills, MD. (www.uskuoshuacademy.com).



# Shi-Fu Paul Jakubowski Assistant Tournament Director

Shi-Fu Jakubowski has been studying Tien Shan Pai Kung Fu for the past 20 years, first under the direction of Diane Spoor and, since 1998, under Grandmaster Huang, Chien-Liang. Shi-Fu Jakubowski is a 65th generation disciple of Grandmaster Huang, and currently holds a 3rd degree black sash in that discipline. He is the co-owner and Head Instructor of U.S. Martial Arts Academy, Ltd in Timonium MD which he operates with his wife, Maricar Jakubowski, the school's co-owner and Director. Shi-Fu Jakubowski began teaching as an Assistant Instructor in 1999 and became the Head Instructor in 2004. He has been involved in the running of the USKSF tournaments since 1997 in a variety of capacities including: Ring Coordinator, Floor Coordinator, Adult Prep Area Coordinator, Security Coordinator & Assistant Director. Shi-Fu Jakubowski has been ranked as a 5th Tuan by The World Kuoshu Federation and is a TWKSF Certified International Referee B.



# Shi-Fu John Gafos Assistant Tournament Director

Shi-Fu Gafos is a 65th Generation student of Tien Shan Pai under the tutelage of Grandmaster Huang. He started his training under Grandmaster Huang in 2002, after previously studying under a direct disciple of Grandmaster Huang. He is a 2nd degree Black Sash in Tien Shan Pai and has served as a Judge in multiple USKSF International Tournaments. As a member of the 2009 US National Team, Shi Fu Gafos competed at the USKSF World Kuo Shu Tournament in Ulm, Germany. As a World Champion, Shi Fu Gafos received a gold and bronze medal in empty-hand and weapon forms, respectively. Shi Fu Gafos is a graduate of Towson University in Maryland with a Bachelor's in Sociology and Anthropology. He works as a Data Analyst in Hunt Valley, Maryland. Shi-Fu Gafos has been tenacious as both a Tai Ji student and a practitioner of Tien Shan Pai. In addition, Shi Fu Gafos has assisted and trained with the Lei Tai Team for national and international tournaments. With the internal and external arts, he aspires to perfect his form and application of his techniques.



# Shi-Fu Ken Saunders **Chief Coordinator**

Shi-Fu Saunders is a 65th Generation student of Tien Shan Pai and a direct disciple of Grandmaster Huang, Chien-Liang. He has studied Tien Shan Pai Kung Fu, Tai Ji Quan, and XingYi Quan under Grandmaster Huang for more than 23 years. Shi Fu Saunders holds the rank of 3rd degree Black Sash in Tien Shan Pai under Grandmaster Huang. In 2013, Shi-Fu Saunders achieved 6th degree Black Sash ranking under the certification standards of The World Kuoshu Federation (TWKSF). As a TWKSF International Referee 'B', Shi-Fu Saunders has performed the duties of Scoring Judge and Executive Referee at USKSF International Tournaments and the TWKSF 3rd World Tournament held in Ulm, Germany in 2009. Shi-Fu Saunders has assisted in organizing USKSF tournaments since 1994. He served as the Tournament Director for the 2008 and 2010

U.S. International Kuo Shu Championship Tournaments and has also held the positions of Assistant Director (2006, 2012 and 2013), External Coordinator, Transportation Director, and Hospitality Director. Shi-Fu Saunders is a current USKSF Executive Committee member, Special Assistant to the USKSF President, and has assisted in running USKSF operations for more than 8 years. Shi-Fu Saunders is a Senior Instructor at Grandmaster Huang's U.S. Kuoshu Academy, and served as the Program Director from 20062010. He is an accomplished competitor having placed 1st, 2nd and 3rd in various forms and two-person set events at National and International Chinese Martial Arts tournaments. Shi-Fu Saunders has also performed in several Charity Demonstrations including a special benefit to support the families of victims of the September 11, 2001 relief efforts, and Demonstrations to support the Maryland Chapter of the National Multiple Sclerosis Society, the St. Jude's Children's Research Center, and the Children's Home of Baltimore.

### **2016 TOURNAMENT STAFF**

#### **President**

Huang, Chien-Liang

### **Tournament Director**

John Green

#### **Assistant Directors**

John Gafos, Paul Jakubowski

### **Referee General**

Ian Chisholm

#### **Assistant Referee General**

**Amy Buckley** 

#### **Chief Coordinator**

**Ken Saunders** 

### **Director of Internal Events**

John Green

### **Director of External Events**

Paul Jakubowski

#### **General Counsel**

Tsiwen M. Law

### **Advisors**

Jiang Jing Sung Baek, May Law

### **Medical Advisors**

Dr. Chandrasekharan Nair, Dr. Gary Vita

#### **Arbitrators**

Richard Lee, Wing Kay Li, Steve L. Martin, Augustin Ngu

### **Director of Tournament Operations**

Alyssa Bryan

#### Floor Coordinators

Jeff Zukor, Paul Jakubowski, John Gafos

#### Referee in Chief, Lei Tai

Alex Czech

#### Tai Ji Quan Chief Judge

Paul Ramos

#### **External Chief Judge**

Steve L. Martin

### **Weapon Fighting Chief Judge**

Jiang Jing Sung Baek

### **Wushu Chief Judge**

Christopher Pei

### Xing Yi Quan & Ba Qua Zhang Chief Judge

**Dug Corpolongo** 

#### **Light Contact Chief Referee**

Judie Martin

#### **Registration Coordinator**

Mike Pilachowski

#### Lei Tai Coordinator

Jonathan Pai, Jason Harris

### **Lei Tai Prep Coordinators**

Rick Wheatley, Glen Parton

#### **Volunteer Coordinators**

Jim Hesser, Tara Useller

#### **Technical Coordinator**

Terri Dickson

### **Audio/Visual Coordinator**

Maricar Jakubowski

### Ring Set-Up Coordinator

Paul Jakubowski

### **Prep Area Coordinators**

Bill Wilkins, Katie Rasinski

### Merchandise Coordinator

Boon See Nair

### Transportation Coordinators

Nam Phamdo, Peck Mun Lee

### **Security Coordinators**

Robert Matteson, Robert Useller, Sr.

### **Weapons Fighting Assistant**

Jonathan Pai

### **Program Book Supervisor**

Shelly Neill

### **Program Book Staff**

Peck Mun Lee, Justin Weeber

#### **Media Liaison**

Margi Hoffman

### **Seminar Coordinator**

Jeff Zukor

### **Vendor/Sponsirship Liaisons**

Janine Michaelson, Brad Choate

### **Hospitality Coordinator**

Dierdre Gansley-Ortiz



### **Videography Directors**

Maricar Jakubowski Paul Fleckenstein

### **Master of Ceremonies**

John Green



# U S K S

# THE 2016 U.S. INTERNATIONAL KUO SHU CHAMPIONSHIP TOURNAMENT OPENING CEREMONY PROGRAM OF EVENTS

**Procession of Tournament VIPs & Officials** 

**United States National Anthem (all rise)** 

Opening Address by Grandmaster Huang, Chien-Liang Chairman of TWKSF and President of USKSF

**Remarks by Guest Speakers:** 

Mr. Ravi Chaudry
on behalf of the
President of the United States, Barack Obama

Ms. Christina Poy on behalf of the Governor of Maryland, Larry Hogan

Ms. Michelle Brown
on behalf of the
Senator for Maryland, Babrabra Mikulski

Mr. Yi Shen
on behalf of the
Congressman for Maryland, Chris Van Hollen

**Introduction of USKSF Officials** 

Special Performance by Lion & Dragon Dance by Calvin Chin's Martial Arts Academy

**Competition Begins** 

### THE LEGEND OF TIEN SHAN PAI



Tien Shan Pai Kung Fu originated in Xinjiang Province (新疆省) in Northwestern China. Legend has it that it was practiced by monks who lived in a temple nestled among the snow-capped peaks of the Tien Shan (天山) mountains. As the story goes, a young herdsman who was searching for lost animals wandered too far from home. The grasslands he knew so well suddenly looked unfamiliar and he realized he was lost. Noticing an old monk with a long white beard approaching nearby, the boy stopped him and asked for directions. When he returned to his village, the boy told his mother about the old monk. She replied he had met "Tien Shan Lao Ren" (天山老人), a monk who was noted for his martial arts skills. The mother encouraged her son to find the monk and learn his Kung Fu secret.

The young boy set out to find the old monk. His quest carried him deep into the mountains. He searched for mile after mile, but could not find the old monk. At the point of physical exhaustion, the young boy stopped at a nearby stream to quench his thirst. While kneeling by the stream, he saw the reflection of a beautiful temple nestled in a snow-capped mountain. Sensing he was close, the young boy hastened onward.

After a long trek into the mountains, the boy finally arrived at the temple. However, his hopes were dashed when the monk refused to accept him as a disciple. They were not permitted to teach outsiders, the monk explained. But instead of going home as they suggested, the boy knelt in the snow outside the temple doors, refusing to leave until the old monk would agree to teach him. On the second morning, he was discovered lying unconscious from the cold and was taken into the temple.

Seeing his determination, the old monk reconsidered. Tien Shan Lao Ren decided to teach the boy, whom he nicknamed "Hong Yun" (紅雲), or "Red Cloud," because of the mist that rose from his bleeding knees when he was discovered outside of the temple. He stayed in the temple until he grew to manhood, and when he left, he eagerly passed on his skill to other dedicated students. Hong Yun Zu Shi (紅雲祖師), as the first to teach the monks martial artistry to the outside world, is regarded as the founder of Tien Shan Pai (天山派).

### THE INTERNATIONAL TIEN SHAN PAI ASSOCIATION



The International Tien Shan Pai Association offers worldwide seminars, hosted by Grandmaster Huang, Chien-Liang, in Tien Shan Pai, Tai Ji Quan, Tai Ji Quan Free Fighting, Xing Yi Quan, Ba Qua Zhang, Qin Na, Iron Palm, Qi Gong, and Tao Meditation.

In addition, by being a member of the International Tien Shan Pai Association, you will receive the following:

- \* Your rank and affiliation registered with Tien Shan Pai
- \* Individual membership cards
- **★** Tien Shan Pai Newsletters
- \* Discounts on Tien Shan Pai Seminars
- **★ Discounts on Tien Shan Pai Videos**
- \* Discounts on Tien Shan Pai merchandise
- \* Eligibility to participate in a special yearly seminar at the Tien Shan Pai Headquarters. FOR MEMBERS ONLY!

Sign up for a three year or more membership and receive a Tien Shan Pai membership book.

### For more information:

phone: 443.394.9222 • fax: 443.394.9202 • email: feedback@tienshanpai.org or visit our website at: www.TienShanPai.org

# 武謙智德

Thank you, Shi-Ye for teaching us virtue, wisdom, humility and martial arts!

The disciples of Grandmaster Huang, Chien-Liang



www.tienshanpai.org

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# U S K S F

# USKSF!



## **USKSF Member Benefits**

- May compete for a place on the U.S. Kuo Shu National Team, which will attend the world Kuo Shu tournament and other international tournaments
- Apply for international rank certification through The World Kuo Shu Federation (T.W.K.S.F.)
- Apply for Instructor certification through the U.S.K.S.F.
- Learn to referee Kuo Shu fighting (Lei Tai Fighting)
- Receive Kuo Shu Newsletters
- · Receive free official U.S.K.S.F. patch or T-shirt
- · Receive discounts on U.S.K.S.F. video tapes, seminars and tournament registrations

#### CONTACT THE USKSF FOR DETAILS

U.S.K.S.F. Headquarters

President: Grandmaster Huang, Chien-Liang

P.O. Box 927 • Reisterstown, Maryland 21136-0927, USA

Tel: 443-394-9200 • Fax: 443-394-9202

### **USKSF.ORG**

# Front Row - USKSE Hall of Fame Inductees and Contributor of the Year (from left): Master Richard Wheatley

Front Row - USKSF Hall of Fame Inductees and Contributor of the Year (from left): Master Richard Wheatley, Grandmaster Calvin Chin, Grandmaster Steve L. Martin, Grandmaster Richard Lee, Grandmaster Huang, Chien-Liang, Master Joe Dunphy, Master Kevin Preston, Master John Buckley, Master Bob Rosen, Mr. Michael Pilachowski

Back Row - Competitors of the Year and Judge of the Year (from left): Kaylee Baker (Lei Tai), Andrea So (External), Max Weng (Teen), Kaitlyn Yong (Teen), Michelle Ngo (Youth), Thomas Tran (Youth), [Lucien Zoll accepting for his student], Miriam Nakano (Internal), Kenneth Chrzanowski (Internal), Bobby Cusack





**2015 Contributor Award:** Mr. Michael Pilachowski



**2015 Judge of the Year:** Bobby Cusack





Ever since our first year attending the tournament in 1989, our organization has enthusiastically looked forward to participating annually. We want to congratulate Grandmaster Huang, his staff, and the USKSF for over 20 years of excellence in promoting Chinese Kuoshu. Since the beginning, you have set new standards for martial arts tournaments not only in the United States, but throughout the world.

www.rokfudo.com www.kokungfu.com

## **USKSF NATIONAL JUDGE CERTIFICATION COURSE**



The USKSF National Judge Certification Course (NJCC) is intended to recognize individuals who have received instructional training and practical experience to perform the responsibilities of a Judge at a martial arts competition.

#### **NATIONAL JUDGE - Level A (No expiration)**

To achieve USKSF National Judge - Level A Certification, an applicant must meet the following criteria:

- 1) Obtain National Judge Level B Certification (defined below)
- 2) Obtain eligible judging experience (defined below)
- 3) Complete a review of the NJCC to ensure proper understanding of the criteria used for judging at USKSf tournaments.

The applicant will receive a 50% discount on the review of the NJCC after obtaining the required judging experience. The judging experience and review of the NJCC must be completed prior to the expiration of the USKSF National Judge - Level B certification.

#### NATIONAL JUDGE - Level B (Expires 4 years from date of completion)

To achieve USKSF National Judge - Level B Certification, an applicant must complete the entire USKSF NJCC. The NJCC is intended to provide a well-rounded understanding of the criteria used to judge internal and external forms and weapons, pushing hands, and light contact sparring as defined by The World Kuo Shu Federation (TWKSF). Although the applicant will receive exposure to a wide variety of martial arts disciplines, the applicant should only accept judging assignments within their area of expertise.

#### **Eligible Judging Experience**

Applicants will automatically be recognized for judging at a USKSF event provided they judge a minimum of 4 hours. If an applicant judges at an event other than a USKSF event, they may receive credit for the experience by submitting information via email to info@usksf.org, including the tournament date, sponsor (with contact information for verification), events judged, and amount of time judged (4 hours minimum required).

# U S K S

# 2016 NATIONAL JUDGE CERTIFICATION COURSE (NJCC) SCHEDULE

#### **National Judge Certification Prices**

**USKSF Members** - Morning (\$55) Afternoon (\$55) Whole Day (\$90) **USKSF Non-Members** - Morning (\$65) Afternoon (\$65) Whole Day (\$110)

# Friday, July 29, 2016

8:00am - 8:30am

National Judge Certification Course Overview

8:30am - 10:00am
Internal Form and Weapon Judging Session

10:00am - 12:00pm
Pushing Hands Judging Session

12:00pm - 1:00pm Lunch Break

I:00pm - 2:00pm External Form & Weapon Judging Session

2:00pm - 4:00pm Light Contact Fighting Judging Session

4:00pm - 5:00pm
Introduction to International Referee Training

## **2016 JUDGES**



Abdulmuhsiy Abdurrahman – started his martial arts career at an early age, beginning with various Japanese styles. After a severe knee injury, he started training in Tai Chi Chuan under Dr. John Wan Yu Chang, a founder of Maryland's Tai Chi Chuan Study Association. Shi-Fu Abdurrahman has won or placed in numerous national and international tournaments in the Push Hands

division. He has been inducted and nominated into eight different Martial Arts Halls of Fame. Currently, he is the Chief Instructor at the Traditional Tai Chi Chuan Institute of Maryland.



**Gabriel Pires De Amorim** – is the owner of the TSKF Academia de Artes Marciais, which consists of 18 schools with more than 2,000 students in Brazil. He has practiced Seven Star Praying Mantis since 1980, and is a therapist in acupuncture, massage, chiropractic and Chi kung. Shi-Fu Amorim is a member of TWKSF Executive Committee, and was the Chief Judge of The First World Kuo Shu

Tournament in Brazil in 2003. He was certified as an International Judge by World Kung Fu Confederation in 2003, and, since 2007, has organized the Brazil International Kung Fu Championship, which is the largest Kung Fu championship in Latin America. He was honored by the São Paulo City Hall in 2003 and 2004, and wrote the book "Kung Fu um caminho para a saúde física e mental" in 2004.



Sharif A. Bey - began his martial arts training at age 5. He absorbed the Kuntao teachings of GGM Willem Reeders as taught by Ed Sealy, through his representative, Randy Elliot. Sifu Bey was introduced to and began informal training in Hung Ga in 1983, and finally meeting and following Grandmaster Frank Yee Chi Wai in 1989. Sifu Bey, through Syracuse Kung Fu, is the Upstate NY

representative of Grandmaster Yee. His school also offers Gang Intervention, Court Advocacy and Conflict Resolution services to youth, Gang Intelligence training for youth professionals, and hand-to-hand combatives training for Law Enforcement. Accepted as an Inner Room disciple and inducted into the Governing Board of Yee's Hung Ga International Kung Fu Association in 2008, Sifu Bey continues to train, develop, teach, and lead the next generation of Hung Ga Kung Fu practitioners.



**David Block** - has been training in Internal and external Martial Arts for 16 years under Master Eric Sbarge of The Peaceful Dragon in Charlotte NC. Included in his training is Tai Chi, Ba Gua, Hsing I, Kenpo, Shuai Jiao and Shaolin Kung Fu. He has competed in many tournaments, including the Kuoshu Tournament in Baltimore where he has

gained much knowledge and many friends. As a certified instructor in the above disciplines he has been teaching at his school, The Phoenix and Dragon, for 5 years, in Weddington NC.



Aimee Jurewicz Buckley – began studying Bok Fu Do in 1996 under Grandmaster Richard Lee. She is a second degree black belt in Bok Fu Do and holds her 2nd Tuan with the World Kuo Shu Federation. She competed in full contact fighting and advanced forms divisions in national and international tournaments from 1998-2005,

including the World Tournament held in Sao Paulo, Brazil. She currently is a certified referee A, and has officiated at many TWKF and USKSF tournaments including the World Tournaments held in Singapore and Germany. Mrs. Buckley credits her success when working with special education students, as a credentialed special education teacher, with lessons she has learn through kung fu. "Kung Fu has enriched my life and made me a part of a very caring and respectful international community. For this, I will always be indebted and grateful."



Clarence Chan P.T., D.P.T. – began the study of martial arts at age 15, beginning with Seido Karate and Choy Lay Fut Kung Fu. Later, under the tutelage of Shi-Fu Ralph Mitchell at the Universal Defense System, Dr. Chan earned full instructorship in 1997. He continues to train and teach the UDS-JKD curriculum including Jook Lum Praying Mantis Kung Fu, Muay Thai Kick-boxing, Western Boxing,

Doce Pares, and Savate at the Universal Defense System-NYC Chinatown branch. As an active member of the United States Chinese Kuo Shu Federation, he is also a member of the officiating staff of numerous martial arts tournaments in the United States.



**Fu Chen Chang** – is an accomplished martial artist who has invested himself in the pursuit of greater knowledge of Kuo Shu. His Chi Kung is outstanding, and he specializes in Praying Mantis and Tien Shan Pai. Master Chang was a coach for the U.S. Team, which competed in Hong Kong at the Asian Cup International Kuo Shu

Championship. He was also coach of the Republic of China National Team, which competed and won in the 1992 7th World Cup Championship Tournament. He is certified as a National Coach and an International Referee "A" by the I.C.K.F. and TWKSF Currently, the R.O.C. has him teaching in foreign countries.



**Gabe Chang** – is the first disciple of Master Joe Dunphy and 66th generation of Tien Shan Pai. Shi-Fu Gabe Chang has been with his teacher at US Martial Arts - Gaithersburg since 1997, and currently holds a 3 rd degree black sash under Master Dunphy, and a 1st Tuan with The World

Kuo Shu Federation. He is a multiple medalist in Xing Yi Quan in international competition, studied and has reached skillful proficiency in external kung fu styles-Tien Shan Pai, Northern Shaolin, Ba Chi, Praying Mantis, Sun Pin and internal styles – Xing Yi, Ba Qua, Tai Chi, meditation, and has received the Tien Shan Pai Spirit Award, as well as certificate of Official Citation from the Senate of the State of Maryland for Kuo Shu. Shi-Fu Chang is a Certified Judge - Level A at the United States Kuo Shu Federation and has been judging at Chinese Martial Arts tournaments for well over a dozen years.

**美國國術國際錦姆** 

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**Stephen Clark** – has been involved with Chinese Martial Arts for over half a century – having taught military, law enforcement and security forces in numerous countries throughout the world during 37 of those years.

He is a highly decorated veteran of military service and is also recognized throughout the world as Grandmaster of Ch'uan Fa – having been inducted into numerous Martial Arts Halls of Fame While serving in the United States Air Force, Steve was chosen as the Advance Guard for the delivery of the Space Shuttle COLUMBIA to the Air Force (Edwards AFB CA). While serving with the Ministry of Defense in Great Britain, his elite American bomb unit became the first unit in U.S. history to receive the Joint Navy-Air Force Commendation Medal. He is now retired from the military and U.S. Civil Service and serves as a Defense Contractor.



**Dug Corpolongo** – is a Senior Student and Adopted Disciple of Grandmaster Henry Look. He has been studying Chinese Martial Arts since 1979 and teaching since 1990. Sifu Dug was on the National Executive Board of the United States Amateur Athletic Union/Chinese Martial Arts Division from 1999 to 2010 where he served as the National Chairman, Vice Chairman and National

Head Coach. He is currently President of the I-Chuan (Yiquan) Association USA & President of the International Fraternal Kuoshu and Wushu Education Society. His professional background also includes positions on the faculty the International Institute of Chinese Medicine, Southwest Acupuncture College, San Juan Community College, University of New Mexico, New Mexico Technical Institute, New Mexico School of Natural Therapeutics and the New England Institute of Buddhist Studies. He was inducted into the Universal Martial Arts Hall of Fame in 2002 and Action Martial Arts Magazine Hall of Honors in 2010.



Mai Du – is 8th generation of the Wah Lum Tam Tui Northern Praying Mantis Kung Fu Style, and has been practicing kung fu for more than 22 years and teaching for more than 15 years under the instruction and guidance of Sifu Bob Rosen, Chief Instructor of the Wah Lum New England Headquarters in Boston and Grandmaster Chan

Pui, founder of the Wah Lum System in the U.S. Sifu Du is one of the few female certified Wah Lum instructors and kung fu instructors in the Greater Boston Area. She has competed locally, nationally, and internationally, winning a gold medal in 1994 and silver and bronze medals in 1994 and 2001 in China. She has also judged at various international kung fu tournaments, including the International Kuo Shu Tournaments since 2003.



Joe Dunphy – opened his school in 1984, in association with the Chinese Kuo Shu Institute, and under Grandmaster Huang, Chien-Liang. He is a 65th Generation Disciple of the Tien Shan Pai System and is the highest ranking non-Asian teacher of that system. His martial arts background includes Chinese style full contact

fighting, Iron Palm, Pole Training, various external and internal styles, Chin-na, - Chi kung and advanced Taoist meditation training. Master Dunphy is currently a Tien Shan Pai 5th Degree Black Sash, a USKSF 6th Degree Black Sash and 1981 National Champion in form and weapon as well as overall Grand Champion. In 1986, he earned the title of World Champion in Taiwan, where he was nicknamed "Iron Fist" because of his early first round knockouts. In 1991, he was inducted into the World Martial Arts Hall of Fame and in 2001 the USKSF Hall of Fame. Currently Master Dunphy is a member of both the USKSF and TWKSF Executive Committees.



Chris Facente – has studied martial arts for over 30 years. Starting at the age of 14 in Kempo, he went on to achieve ranks in Judo and Shorin Ryu also. In 1990 Sifu Facente started with Master Chi li Keung in the art of Lai Tung Pai. Sifu Facente has also had the

honor of training with Master Li's teacher, Grandmaster Kong Hoi in Hong Kong, where he became a closed door student of the Grandmaster.



Nelson Ferreira – began studying martial arts at the age of five under the guidance of his father in the art of Judo. In the 1970's his family moved to Rio de Janeiro, Brazil, where he continued his studies learning many traditional disciplines including Jiu Jitsu, Karate, Aikido, Kendo, Tae Kwon Do and Muay Thai among others. In 1984, his

mother (a Tai Chi Chuan Instructor and Acupuncturist) introduced him to Dr. Wu Chao-hsiang (Wu Chaoxiang) and he started his study of Bei Shaolinguan (Northern Shaolin Style). Nelson moved back to the US and in 1995 he opened the Zhong Yi Kung Fu Association in Madison, WI where he has dedicated himself to preserve his Master's teachings and promote Kuo Shu in the area. Shifu Ferreira was the Coach for the U.S. Kuo Shu Team at the 1st Pan-American Kuo Shu Championship and he was also selected to coach the US Team at the World Kuo Shu Championships held in Singapore. He has led the US Team to a Third Place finish at the Pan-American Championships and a First Place finish at the World Tournament. Currently Shifu Ferreira is the North Region Director (third term), member of the Executive Committee (second term) and member of the Hall of Fame Committee for the United States Kuo Shu Federation (USKSF), he is is also a certified judge (national) through the USKSF. Shifu Ferreira also teaches seminars on Northern Shaolin and Kuo Shu on a national and international level to different schools and organizations.



**Bill Fong** - began his formal training under Master Yee Chee Wai, Frank Yee, the Head of the Tang Fung Hung Ga System. He has been Deputy Secretary General, and 1st and 2nd Vice President of the United Kung Fu Federation, and he is currently the East Region Director for the U.S.K.S.F. In 1998, the Eastern USA International

Martial Arts Federation honored Shi-Fu Fong as National Instructor of the Year, as well we inducting him into their Hall of Fame.



**Ted Giantini Jr.** – is a 1st generation disciple under Master Kevin Preston in Hung Gar Kung Fu. He began his martial arts training in 1989 In Freestyle Karate after years of competing in scholastic wrestling. In 1991, after earning his black belt in Freestyle Karate, he began

his training with Master Preston in Hung Gar. Since beginning his training in Hung Gar, Shifu Giantini has competed and medaled in Lei Tai Fighting and Shuai Jiao. Shifu Giantini has earned the rank of 3rd Tuan under Master Preston and his International Referee "B" from The World Kuo Shu Federation. In recent years, Ted has worked as both an amateur MMA referee and professional MMA judge for various organizations and Commissions up and down the East Coast.



**Eileen Hancock** – is the owner of Body Balance Academy in Northern California. Shih Fu Hancock is a world ranked Kung Fu and Tai Chi practitioner, International Champion, and 66th generation disciple to the Tien Shan Pai system. Shih Fu Hancock has been studying Kung Fu and Tai Chi for over 25 years and teaching for over 15

years. Her mission at Body Balance Academy, a traditional Tai Chi and Kung Fu school, is to preserve the Tien Shan Pai lineage and teach the ancient secrets for lifelong health, happiness and self defense.



**Robert Johnson** – is a senior student and second disciple of Master Joseph Dunphy. He would like to thank Master Dunphy for almost two decades of patient, expert instruction and is honored to have been selected as a disciple Rob specializes in the internal side of the Tien Shan Pai system studying Chen and Yang tai chi, Xing Yi Chuan, and Ba Gua Zhang. On the external side he has a special

fondness for Ba Ji and especially Sun Pin. Rob is a graduate of Wheeling Jesuit University with a B.A. in Management and is self employed as a free lance insurance inspector. Master Dunphy gave him permission to teach in 2006 and Robert has conducted Yang style tai chi classes at a number of fitness clubs and yoga studios in Frederick, MD. He currently conducts a Yang tai chi class at a local Unitarian Universalist church in Frederick, MD. A former competitor in Yang and Chen form, weapons, and tui shou; Rob starting judging in 2009 and was awarded his level "A" certification in 2012. He has consistently judged at the U.S. Kuo Shou Nationals and Tien Shan Pai Legacy tournament in both internal and external events. He also has judged at ICMAC events, Baltimore's Gift of Tai Chi, and for the last few years at the annual Wong People tournament in Washington, D.C. He would also like to express his thanks to Sifu Raymond Wong for his support of the U.S. Kuo Shou Nationals.



Hank Kadel – recently celebrated his 35th year in martial arts with the last 20 years under the guidance of Master Level Eric Sbarge of the Peaceful Dragon of Charlotte, NC. Sifu Hank has a small kwoon "The Hall of the Eagle and Dragon" in York,,SC and instructs in the arts of Tai Chi, Shao-lin, Kenpo, Baqua and Hsing-l and Shuai Chiao.



Alexander King - began his studies of Yang style taiji chuan and taiji push hands with Sifu Paul Ramos and has since studied for more than 15 years under Master Liu Xiaoling of Shanghai, China, who currently resides and teaches in Rockville, MD. Master Liu Xiaoling is one of the most respected and exceptional kung fu masters

alive today. Alexander became a disciple of Master Liu Xiaoling in 2003, becoming a 19th generation Wudang Longmen (Dragon Gate) Taoist adept. He has spent years now refining the Wudang martial arts, Taiji chuan, Liu He Ba Fa, Xingyi chuan and Bagua zhang and studying Wudang Qigong. Alexander is a three time USCKF grand champion of internal martial arts, a four time Yang style taiji chuan international gold medalist, a two time Xing-I international gold medalist and has won multiple national taiji push hands titles. He currently judges at national and international tournaments world wide. He has traveled to China twice to further his training. Alexander's school, DragonGateD.C.: Kung Fu and Tai Chi Center, is located in Washington D.C. Of note, Alexander has taught Taiji chuan at the White House Athletic Center for many years. He also holds a Master's of Science degree in Herbal Medicine and has a private home practice in Washington. He offers consultations in herbal medicine, nutritional and wellness counseling.



**Edgar Livingston** – started studying Yang Style Tai Chi in early 1971. Later, he also studied Chen Tai Chi, Wu Tang Tai Chi, Seven Star Praying Mantis, Ba Qua, Hsing I, Tai Tzu Chang Chuan, Tzu Jan Men, Chi Kung and Chinese Healing Arts. In 1993, Livingston became the 37th Generation Inheritor of the Tai Tzu Chang Chuan system teaching the Northern, Southern External and Internal branches of the

system. He is currently President of the Cloud Forest Lion's Roar Spirit Association, member and judge for the U.S.C.K.F., and currently teaches in Baltimore, Maryland, with students worldwide.



**Sam Luna** - has studied Martial Arts from high school. Sam did his senior thesis on Lai Tung Pai Kung Fu and has studied the art extensively under Sifu Chris Facente and Master Li Keung. Sam traveled to Hong Kong in 2008 to study with Grandmaster Kong Hoi and teaches in the Raleigh area.



Judie A. Martin – is a student of Fukien White Crane Chinese martial arts, and has studied directly under the tutelage of Grandmaster S. L. Martin since 1988. She was the Outstanding Female Competitor for the International Federation of Chinese Martial Arts Organization for 21 consecutive years, and was the reigning top rated forms and weapons competitor in The United

Martial Arts Referees Association sanctioned events from 1992 to 2008. Additional studies include Yang style Tai Chi Chuan, Southern Shaolin, Seven Star Praying Mantis and White Crane Chi Kung. Master Martin has also accompanied her teacher on eight trips to Taiwan, R.O.C. for personal study with White Crane grandmasters. She is also one of the leading talents on the prestigious Green Dragon Chinese Martial Arts School's International Exhibition Team. She is the Director of the Green Dragon Exhibition Team, and a member and performer of the Taiwan Lion Dance Team. Master Martin was appointed "Martial Arts Coach" for the Taichung Tang Shou - Dao Shyue Dao Kwang Association, by Grandmaster Hung Wen Hsueh in July 2006. Master Martin is the senior White Crane disciple to Grandmaster S. L. Martin.



**Landon Martin** - has studied Martial Arts from the age of 12. Started in karate, Landon moved to study Lai Tung Pai Kung Fu with Sifu Chris Facente. Landon worked closely with Master Li Keung, Sifu Chris's Master, and was awarded the chance to go study with Grandmaster Kong Hoi

in Hong Kong in 2014. Landon, a longtime competitor, became a National Certified A judge in 2014.



**Robert Matteson** – is a direct disciple of Grandmaster Huang, Chien-Liang, who he started training with in 2005, studying Yang and Chen Pan Ling style Tai Ji Chuan, weapons, advanced sets, Ba Gua and Daoist meditation. He has earned a 1st degree Black Sash in internal martial arts and a 2nd Tuan ranking under TWKSF. For several years, Mr. Matteson has won numerous 1st, 2nd

and 3rd place medals in forms, weapons, two-person sets and push-hands in regional, national and international tournaments, and has been awarded the Tien Shan Pai Spirit Award twice. At the USKSF International Tournament, he has been responsible for security as well as design and procurement of tournament merchandise, and is a certified USKSF judge. Shi Fu Matteson is currently a senior instructor at the U.S. Kuo Shu Academy in Owings Mills MD.



**Delmar Minor** – is the principal instructor at the Northern Shaolin School of Kung Fu in Rock Hill, South Carolina. Delmar, a student of Master Keoni Everington of Beijing, has an extensive knowledge of the martial arts and is also ranked in Judo and Karate. He continues to learn to this day, believing there is always something to learn.



**Ralph Mitchell** – a practitioner of the martial arts for over 30 years, is a decorated Viet Nam veteran, and runs his school in Brooklyn, NY. He has won tournaments nationally and internationally both in Thailand and Taiwan. His background includes Southern Praying Mantis, Vee-Jitsu, Judo, Western Boxing, the Philipino art of Kali, Savate and is a

full instructor in the JKD concepts of Progressive Fighting Systems. He is an experienced judge and referee. His art, Universal Defense System, incorporates the concept of an individualized cross training program that provides a "trainer" for tournament competitions.



**Shannon Moore** – has been training in the marital arts for over 33 years and began his studies at the age of thirteen in Detroit, Michigan. Shi-fu Moore has achieved several advanced levels in various combat disciplines, he studies have continued throughout the years to include: Tai Kwan Do, Judo, Jujitsu, Western boxing, Okinawan Shorin Ryu under Sensei Don Bitanga, Shaolin T'ien Shan P'ai

under Grand Master Tony Lin and for over 25 years, has studied Grand Master William Cheung's Traditional Wing Chun Kung Fu. Shi-fu Moore is one of TWC top fighting Shi-fu's and has also competed successfully in regional and national full contact competitions. In 2004, Shi-fu Moore was inducted into the Martial Arts Hall of Fame for Outstanding Achievements in the Martial Arts. In China in 2004, Shi-fu Moore was trained in a internal special program of ChanWu (Zen & Wushu) and received his official certification of attachment to Shaolin Temple directly from the most Venerable Head Abbott Shi Yongxin. In 2010, Shi-fu Moore was awarded the Silver Lifetime Achievement Award for 30 years of Martial excellence from the United Fellowship of Martial Artists, and in 2011, he was voted Wing Chun Master of the Year and appointed Director of Yong Chun (Wing Chun) for the USKSF. In 2012, Grandmaster William Cheung appointed Shi-Fu Moore as the Executive Director of the Global Wing Chun Kung Fu Association. Shi-fu Shannon Moore currently holds a Master Level ranking and is certified by Grand Master William Cheung to teach the complete art of Wing Chun Kung Fu. He currently teaches classes in Columbia, Maryland and is known for his "practical real life" teaching and training methods to apply to modern society and tournament situations.



**Derek Nester** – has been studying Lai Tung Pai Kung Fu with Sifu Chris Facente for over 15 years. He has had the privilege to study with Master Li Keung in Charlotte NC. Derek was accepted to study with Grandmaster Kong Hoi in Hong Kong and has made the trip several times, gaining instructor status in 2008. Derek is the senior

instructor at Mint Hill Kung Fu School in Charlotte, NC.



Morgan Newman – is a 1st generation disciple of Grandmaster Richard Lee and holds the rank of 5th degree black belt in Bok-Fu-Do. She is a 4th Tuan and an International 'A' referee through The World Kuoshu Federation. She is the Vice President of East West Kung Fu Schools as well as the Interntaional Bok Fu Do Association. Morgan was selected as the United States Chinese Kuoshu Federation's Female

Competitor of the Year in 2000. Master Newman is a three-time World Champion, placing 1st in the full contact lei tai division at the 1st, 2nd, and 3rd TWKSF World Championships held in Brazil (2003), Singapore (2006), and Germany (2009). She was chosen as a USA Team Coach for the World Championships in Malaysia (2012) and Argentina (2015). For more information on Master Newman and the Bok-Fu-Do System visit our website at www.bokfudo.com.



Augustin Ngu – is the highest ranking Shaolin White Crane Kung Fu master in North America and is the first Shi-Fu to bring the White Crane Kung Fu to Canada. He has over 48 years of experience in traditional kung fu and he has founded numerous Kung Fu societies and schools all over Canada. Since 1989, he was

certified as Wing Shun Kung Fu Gold Sash Master, and in 2002, he was officially conferred to 8th Degree Master Level by the Confederation of Canadian Wushu Organizations. He is currently the President of the Shaolin White Crane Kung Fu Society of Canada, and Chairman of the United Wushu Federation of Canada. Master Ngu studied White Crane Kung Fu under Grandmaster Lee Kiang-Ker, and Northern Shaolin under Master Xu Gong-Wei and Master Niu Wei-Lu, and Wing Chun under Master Sunny Tang. Besides being an oriental herbalist as well, Master Ngu also teaches the art of traditional Chinese Lion Dance and Dragon Dance. He has received five and ten year Volunteer Service Awards from the Ontario government. Grandmaster Ngu is a 9th degree as conferred by the World Kuo Shu Federation, and remains the highest ranking White Crane Master in North America. He is President of the Kung Fu Canada Federation, President of the Shaolin White Crane Kung Fu Society of Canada, Certified International Class A Sanshou Judge and for the past twenty three years, the Director of the Canadian Kung Fu Challenge Tournaments. Grandmaster was a Silver Medalist at the World Traditional Wushu Championship in China for hand forms and is a Certified International Class A Sanshou judge under IWUF.



John Ozuna – is a 1st generation disciple of Grandmaster Richard Lee and is a Master Black Belt in Bok Fu Do with over 30 years of experience. He has owned and operated KO Kung Fu-Karate in San Jose, CA since 1989. He is the West Region Director of the United

States Kuo Shu Federation. He holds a 6th Tuan Red Sash and is an International Referee 'A' through the World Kuo Shu Federation. John has represented the United States in international and world competition in Spain at the European Cup in 1992, and at the 7th World Kuo Shu Championships in the R.O.C. in 1992. He is a two time Guinness World Record holder, for the Most Martial Arts Punches in 1 minute (713), and the Fastest Martial Arts Punch (43.3 MPH).



**Daniel Pasek** – has been a student of Chinese martial arts since 1979. He studies primarily Chen and Yang styles of Taijiquan, including solo forms and exercises, application drills, two-person routines and sparring. His focus is currently on interactive work and weapons (including each of the 5 classical weapons of empty-hand, knife/

saber, sword, staff, and spear). He has judged forms and Push Hands at tournaments since 1998.



Christopher Pei – is the President of the United States Wushu Academy (USWA). A highly regarded Taiji (Tai Chi) teacher, Coach Pei conducts seminars throughout Europe, the United States and Canada. He teaches Chen Style Taiji, Yang Style Taiji and Wushu for

USWA. Coach Pei was Team Leader of the U.S. Wushu Team and has represented the U.S. in competitions and demonstrations worldwide. He trained in China as an International Wushu Judge and has served as Chief Judge in many U.S. Tai Chi competitions. He was the first U.S. citizen selected by the International Wushu Federation to serve as a judge at the 1988 International Wushu Invitational competition in China, and has personally trained many Taiji judges. Coach Pei studied with Master Yang Zhen Duo (3rd son of Yang Cheng Fu and 19th generation Chen style successor, Chen Xiao Wang. Currently, Coach Pei is studying with Yang Zhen Ji (2nd son of Yang Cheng Fu), the oldest living Yang family member, and Grand Master Chen Zheng Lei, 19th generation Chen style successor. Coach Pei has published articles and been written about in such publications as Tai Chi and Qi Magazines both in the U.S and the United Kingdom. Coach Pei has served as Vice Chairman for Chinese Martial Arts in the Amateur Athletic Union, is President of the U.S. Wu Style Taijiquan Association, and is on the Board of Directors for International Contact Weapons Sports Federation. Coach Pei is also the newly appointed President for the U.S. Chen Style Taijiquan Association by Grand Master Chen Zheng Lei. Over the last decade, Coach Pei worked for many of the world's top masters both in the U.S. and China. Because of his understanding of Tai Chi, he was the chosen translator for both the Yang and Chen families at the First International Tai Chi Conference in Youngnian, China.



Frank Pfeiffer – has actively studied Taichi Chuan for over 18 years. He has been with Grandmaster William CC Chen for over 13 years at his studio in New York City, and recently received his Diploma (Master Level proficiency) from Grandmaster Chen. He also studied under the late Master Luis Molera from Bremen, Germany,

and has attended several National Championships since 2006, winning numerous Gold, Silver and Bronze awards. In addition, Mr. Pfeiffer received his Black Belt certification in Taijiquan from the International Kung Fu Federation Taiwan in 2009. He has been actively judging at USKSF since 2013, and he received his USKSF National Judge Level "A" certification from Grandmaster Huang in 2015. Mr. Pfeiffer has been teaching new and continuing students at Grandmaster Chen's studio since 2008. His proficiency is Yang style (long and short) forms, Cheng Man Ch'ing form, Yang sword, Beijing-24 form, Taiji fan and Taiji staff, as well as competition-level push hands, including coaching new competitors.



William C. Phillips – was a student of Professor Cheng Man Ch'ing from 1970 – 1975 and was the most junior student to become a teacher in his school (1974). He also studied Push Hands and Yang Family Form from 1988 to 1998 with Zhang Lu-ping. He started T'ai Chi in 1967, Martial Arts in 1965. Other instruction: Studied Shotokan Karate, achieving the rank of nanadan (7th) from the Japan

Shotokan Karate Association, Judo Nikkyu (2nd brown, USJF) and Goshen Jitsu Jujitsu, Shodan (1st) Nin Tai Ju Jitsu, Godan (5th AJJC). Mr Phillips was an early spokesperson for T'ai Chi and as such was a T'ai Chi referral person in magazines such as "Self," "Men's Health," "The Harvard Women's Health Watch," and many more, as well as the Newspaper, "USA Today." Also for a while he appeared on several cable TV shows, most notably the O'Reilly Report on Fox Cable News. Mr. Phillips was an instructor at Kingsboro C.C. from 1987 to 1995, and again from 2010 to retirement in 2015. He has taught many students

who have gone on to become world champions, judges, and teachers throughout the country. He has demonstrated widely, including at the Oriental World of Martial Arts, in William Louie's "Reincarnation of Bruce Lee" at the Felt Forum of Madison Square Garden (1977), and the American Athletic Games in NY's Central Park in 1992. He ran the 100th Anniversary of the Birth of Professor Cheng Man Ch'ing weekend, to honor his teacher. He has been on the Board of Advisors of the American Society of Internal Arts (2003 - present) and The United States of America Wushu Kung Fu Federation (1993 – 1996). He has written several magazine articles, produced two DVD's, and appeared in the DVD "Best of American T'ai Chi." Mr. Phillips founded and runs the Patience T'ai Chi Association in Brooklyn NY, and answers the Question of the Week at www.patiencetaichi.com.

**Brandi Piacente** – is a 1st generation disciple of Grandmaster Richard Lee. She holds the rank of 3rd Degree Black Belt in Bok-Fu-Do System. Brandi became an International Certified Referee "A" for the World Kuo Shu Federation and refereed at the 1st and 2nd TWKSF Championships in Brazil (2003) and Singapore (2006). Brandi is the 1992 World Champion, placing 1st in the Full Contact Lei Tai division for the United States at the 7th World Kuo Shu Championships held in the Republic of China. She also won the 1st America's Cup in Baltimore in 1991, and represented the United States in international competition at the 4th Asia Cup in Hong Kong in 1991.



**Guy C Prentice** – has been practicing and teaching ta'i chi ch'uan for 25 years and is the President and Director of the Rochester Ta'i Chi Ch'uan Center, a 30 year old NYS education institution. He holds degrees in Business from the University of Rochester and an MBA from Carnegie-Mellon University. Since retiring from

Xerox as a Program Manager after 38years of service, he is able to spend more time with ta'i chi ch'uan and his new business as an International Product Broker. He was awarded a diploma and certification by Grand Master William C. C. Chen to teach Chen Man-Ching ta'i chi ch'uan and by Master Y. W. Chang to teach Chen Pan-Ling t'ai chi ch'uan. He is very interested in the health and longevity aspects of ta'i chi ch'uan. As a Master Trainer for Dr. Paul Lam's Tai Chi for Arthritis, he travels throughout the US and Canada teaching and certifying tai chi trainers. He also teaches Tai Chi for Diabetes and Back Pain courses and several styles of ta'i chi ch'uan among them are Yang, Sun, Chen Pan-Ling, 24 Forms and Sword and is a USCKF class B referee for Chinese martial arts.

**Michael Quach** – started studying martial arts in 1973. He has studied with Manuel Taningco since 1976, and was the Ohio States Amateur PKA Full contact Bantamweight Champion in 1981. In 1985, he was the World Shorin Ryu forms Grand champion and is a TWKSF International Certified Referee "B". In 1996, he became a 66th generation Tien Shan Pai disciple.



**Paul Ramos** – is the Director of Wu Shen Tao, and, with over 30 years of martial arts training, has trained thousands of students. Under his direction, WST has produced 24 US National Championship gold medalists and developed a strong national reputation for producing high caliber students. He is requested as a judge at national and international level tournaments all over the U.S. A black belt in

Sun Mi Do Karate and a former 3 time national champion in Tai Chi Push Hands, he is also an army trained intensive care nurse, who has also studied herbology, Taoist meditation and health practices, Eastern and Western Massage, and acupressure. He is a 19th generation disciple of the Wudang Longmen. Paul continues to train with these masters today.



**Eric Reiss** – began formal martial arts training in 1967 with the practice of Judo. In 1973, he began studying T'ai Chi Ch'uan under noted martial arts master, Dr. Marshall Ho'o. Eric apprenticed and instructed under Dr. Ho'o's guidance for twelve years. In 1989, he tested and was certified as First Rank Instructor by the National T'ai Chi Ch'uan Association, Los Angeles, CA. In 1996, he was

certified Sho-Dan (Black Belt, First Degree) in Neko Ryu Goshin Jitsu by Sensei Ernest Cates. Eric has taught T'ai Chi Ch'uan in the Piedmont Region of North Carolina since 1989, and in 1999 founded the Silk Tiger School of T'ai Chi Ch'uan.



**Bob Rosen** – has been instructing in the Martial Arts since 1972 and is the Chief Instructor of the Wah Lum Kung Fu Athletic Association, established in 1984, in Boston's Chinatown. Sifu Rosen was certified to teach the Wah Lum Northern Praying Mantis System in 1979 and has helped propagate the style in conjunction with

Grandmaster Chan Pui for many years. He traveled to China multiple times between 1986 and 2004 to demonstrate, compete and to research other martial arts. In 1994 he won a Gold Medal in the Open Weapons division at the Beijing International Tournament and in 2001 he was the Senior coach for the Wah Lum team at the Shaolin Wushu competition in Zhenghou, China, which won numerous awards. He has coached many students who have been successful in fighting, forms and weapons at local, national and international events, including the Kuo Shu Championship in Baltimore.



James Rowan - has been training under Grandmaster Augustine Ngu at All Masters Martial Arts Centre since 2001. Originally a Wing Chun practitioner, he began training in their Northern Shoalin system a few years later, where he now focuses and instructs at the Head

School. He is currently the lead of the instructor teams at the Fo Guang Shan Buddhist Temple Kung Fu program as well as the Northern Shaolin program in a local community center -- a program he started, under the guidance of Grandmaster Ngu, 6 years ago. He is also one of the senior members of the All Masters Lion Dance Cultural Association; a group who he has been privileged to perform with for the last 14 years.



**Glenn Sheridan** - began his martial arts training in 1971 and has studied exclusively Ching Lung Kuoshu with Grandmaster S. L. Martin. He was promoted to Black Belt in 1977 and subsequently opened the Winged Dragon Martial Arts School.

**Qu Shouhai** - is the 6th Grade of Shaolin Bagua Faction, and a axpert on Shaolin Chuan, Bagua Palm, Yi Jin Jing and various traditional Wushu weapons.



Mark Small – is a 5th generation Yang Family sifu out of the Choy Kam-man Academy, San Francisco, a 1st generation Ling Yun Pai disciple of Grandmaster Chen Yun-ching of the Chen Pan-ling International Martial Arts Association (ROC), and a 4th degree Black Sash in the International Wushu San Shou Dao Association of

Vancouver under the direction of Grandmaster Liang Shou-yu. Mark is a past gold medalist in internal and external open hand, weapons, and push hands divisions. With over 40 years experience he teaches out of his Long Shan Gong Fu School in Asheville, North Carolina.



**Norman Smith** - started his practice in martial arts in 1966 where he started his training in Japanese, Korean and Chinese arts. In Chinese martial arts, Master Smith studied Southern (Five Animals Five Family) & Northern Kung Fu (Tien Shan Pai), Wing Chun and Internal Arts such as

Traditional Yang, Wu, Chen & Sun Style Tai Chi as well as Qi Gong for health. Master Smith promoted the "Martial Arts Extravaganza" 1989-1997 held in Philadelphia where he had an all Kung Fu exhibition with top Kung fu schools from all over the east coast area to share in his dream of martial arts schools demonstrating their skills to the public for Racial Harmony & benefit Women Organized Against Rape. In 1996, he helped sponsor "China's Wu-Shu Team Tour" from Beijing China. In 1998 he also Co-promoted and coached the American Kung Fu Team which was broadcasted on Comcast Cable (Best of the Best), an All Black Belt Martial Arts Competition and the Philadelphia 76ers Game, which featured the Shaolin Monks of China and World Top Martial Arts Competitors all over the world. Today Master Smith, who has taught many of the top Martial Artists Competitors in U.S in Both Full Contact Sparring and Forms Competitions, presently teaches at the Northern Shaolin Kung Fu and Tai Chi Academy in Audubon PA (Near Valley Forge) (Audubon Square Shopping Center). Master Smith is also the owner of Total Martial Art Supplies.



**Steve Smith** - started his Martial Arts training at Mint Hill Kung Fu School under Sifu Chris Facente and Master Li Keung. Steve has also studied Judo and Chi Kung for health. Steve has taken full advantage of the opportunity to study with Grandmaster Kong Hoi in Hong

Kong on two separate trips. Steve also worked with local charities teaching disabled children in the Charlotte Area.



Joilson Alves de Souza – has been training since 1975; he started training at Associação Shaolin de Kung-Fu the Mantis style. After four exhaustive years of training Shi-Fu Joilson followed his own independent way and knew some new masters that passed to him knowledge of different styles of Kung-Fu. Shi-Fu Joilson became a teacher even before being a master. He had the privilege of

knowing Grandmaster Jeng Hor Yan that taught him Chinese Philosophy (TAO) and then he became a master for the Conederação Brasileira de Kung-Fu. After that he participated of several championships in Brazil, China, Spain, Portugal and USA. He was recognized as an International Master contributing to the development of Kung-Fu.



**Anthony Stephenson** - has over 30 years of total experience in the martial arts. In 1987, he started his training in Lai Tong Pai kung fu (Poon Kuen is the Sil Lum name given the style) and there he and his younger kung fu brother, Sifu Chris Facente, founded Mint Hill Kung Fu School

under the direction of Master Li Chi Keung. By 1993, he became a closed-door disciple under Master Li Chi Keung and was promoted to the rank of Senior US Instructor (one of the first in the US) and was added to the Lineage of Lai Tong Pai. In June 2004, Sifu Stephenson traveled to Hong Kong to study Lai Tong Pai in depth, with the Grandmaster of the style, Kong Chui Hoi. There he received a certification awarding him the rank of International Instructor and the status of closed-door disciple under Kong Chui Hoi. In 2008, Sifu Stephenson returned to Hong Kong to further train with Grandmaster Kong Chui Hoi, where he was awarded, as one of the only two Sifu, the task of carrying on the lineage of the Lai Tong Pai style. In 2005, Sifu Stephenson was inducted into the US Martial Arts Hall of Fame and later held the Director position in NC for the International Martial Art Counsel. Sifu Stephenson is a Co-Founder and the current President of the Carolinas Association of Chinese Martial Arts Association (CACMA).



**Gwen Dale Taylor** – began her study of T'ai Chi Ch'uan in 2002 with Shi-Fu Eric Reiss at the Silk Tiger School in North Carolina. Currently, she has achieved the rank of Full Instructor. She also studies interactive Taijiquan with Shi-Fu Daniel Pasek at Entwined Dragons School. After competing and medaling at the USKSF tournament, she completed training as a judge in

order to express gratitude for her competition experiences, and to encourage up-coming martial artists. Ms. Taylor holds a masters degree in business administration, and is enrolled to represent taxpayers before the Internal Revenue Service. Presently, she is pursuing studies in Global Logistics.

Othal Thomas – started his Kung Fu training in 1974 at age 15, learning the basics of Jow Ga style along with fighting at his High School Martial Arts Club. After 3 years of training, Othal joined the Ro Jai Pai Style and began training under Shi-Fu Angelo Giboyeaux studying Fu Jow until 1985. He received a NG KUP Level Black Sash. That same year, Othal studied briefly with Tak Wah Eng and David Chin, senior brothers of Giboyeaux. In March of 1986, he began training in Seven Star Praying Mantis and Golden Lion Fist under Master Cheung Wah. Othal followed and later assisted his teacher for over 8 years, specializing in Lohan Kung and Short Hit. He received his authorization to teach in 1991.



Gary Torres - As the most senior of Grandmaster Peter Kwok's students, Grandmaster Torres was both Kwok's most advanced and most dedicated, serving as Director of Peter Kwok's Kung Fu Academy for over 7 years, and as Chief Instructor for another seven. In 1982 Torres earned the ranking of 8th

degree black belt, the only student to ever be ranked that high by Grandmaster Kwok. Dr. Torres is recognized by the World Head of Family Sokeship Council as the head of the Peter Kwok lineage, and as the highest ranking official of this lineage. Sigong Torres has been recognized for his extensive mastery of Shao Lin Quan, Tai Ji Quan, Xing Yi Quan, Ba Gua Zhang, and Qi Gong, a result of his knowledge and experience in Chinese Martial Arts amassed over the past 46 years. Torres has been teaching for over 44 years and has students recognized at the rank of both Master and Shifu. In addition to his martial development, he is winner of numerous tournament championships, has U.S. Chinese Kuo Shu Federation International

Tournament Referee A Certification, International Chinese Martial Arts Championships Judge and coaches World Title Martial Arts Champion Fighters. As the Director of Phoenix-Dragon Kung Fu Academy in Tampa, Florida, he is a frequent guest lecturer at major universities, and travels and teaches workshops and seminars across the country. His affiliations include lifetime memberships to the U.S. Chinese Kuo Shu Federation, and The United States Traditional Kung-Fu Wu Shu Federation. He is a Hall of Fame Inductee at the rank of Grandmaster in the U.S.A. Martial Arts Hall of Fame, the Action Martial Arts Magazine Hall of Fame, the World Martial Arts Magazine Hall of Fame and the International Sokeship Grandmaster Council Hall of Fame.

Michael Van Meers - a first generation disciple of Master Joe Dunphy, and a student at US Martial Arts in Gaithersburg since 1999, is a 66th generation of Tien Shan Pai. Mr Van Meers earned his 1st degree black sash graduating with his daughter Sherry Van Meers in 2004 under Master Dunphy. Mr Van Meers has supported the International Kuo Shu Tournament as volunteer and competitor since 1998, earning multiple medals in open hand forms, light contact fighting and weapons contact fighting, and has served as a judge since 2003, with Level A Certification at United States Kuo Shu Federation since 2014. Mr Van Meers has coached both the US Martial Arts competition and Lei Tai teams. A two time recipient of the Tien Shan Pai Spirit award, Mr Van Meers continues his studies in long weapons, Xing Yi, Ba Qua, Tai Chi Chen and Yang styles.



Rengang Wang – was the Senior student of Hao Wei Zhi, renowned Grandmaster of Hao-style Tai Chi Mei Hua Tonglong Quan (Plum Blossom Mantis fist). He was chosen as the fifth generation lineage holder by Grandmaster Hao when he became terminally ill, and became the first person outside of the Hao family to carry on the line. Later studied

with Wang Xuan Jie, the very famous Grandmaster who was the senior student of the founder of Dachengquan, Grandmaster Wang Xiang Zhai. Three days before his death, Wang Xuan Jie chose Rengang Wang to become the third generation lineage holder and requested to bring this style to the United States for the first time. He immigrated to the United States in 2000 and was awarded a Green Card as an Alien of Extraordinary Ability. In 2001, he founded International Dachengdao and he currently spends his time promoting, teaching and researching Wushu.



**Zhenshen Wang** – started his King Fu training in college in Shanghai, China. He is a member of Shanghai Chin Woo Athletic Federation, and is senior apprentice to Master Rengang Wang. After graduating from New York University with a Master's Degree, he followed Wang, Rengang to learn Hao Style Tai Ji Mei Hua Tang Lang Quan

and Da Cheng Quan. He is working on compiling traditional Kung Fu scrolls written in ancient Chinese and translating them into English.



Martin Ware – began his study of Tien Shan Pai Kung Fu in 1979 under Grandmaster Huang, Chien-Liang, 64th generation heir of the Tien Shan Pai System. On July 5, 1981, Mr. Ware became a 65th generation disciple under Grandmaster Huang, and in the presence of Supreme Master Wang, Chueh-Jen. He was one of the 1st Americans to be awarded this honor, and, at the age of 19, was the youngest

disciple in his class. In 2002, Martin Ware was awarded a Kuo Shu Medal "B" by the ICKF. He has trained several international champions.





Christopher Weeks - is the main instructor at the Winston Salem branch of the Lung Chuan Fa (Dragon's Fist) school in North Carolina. Chris Weeks is trained under Master Doug Moffett and Grandmaster Steve Clark from 2001 on. Chris Weeks inherited the Winston Salem school after Shifu Moffett moved north. Chris was an avid competitor and is honored to judge at the tournament.



**Alex Woo** - is a student and one of the head coaches of Calvin Chin's Martial Arts Academy, training in traditional Hung Kuen style Kung fu and modern wushu. He has been training, teaching, performing, and competing for the school for 14 years. He is the founder of the

UMass Boston Martial Arts and Lion Dance club and has been president of it for three years. For seven times he has been a recipient of USKSF's competitor of the year award.



**Guifeng Zhang** - was born and raised in Beijing. At the age of nine, she was selected to begin Wushu training with the prestigious Beijing Wushu Team under the guidance of Coach Wu Bin. After successfully completing her one-year probation with the team, Zhang Guifeng proceeded to secure her place in Wushu history. Her speed allowed her to become the first woman to perform alongside

the men on the team. At the age of 14, she defeated a 30 year old champion. During the 1970s, Coach Zhang served as a Good Will Representative of the Chinese Government, and as a member of the China Wushu Team toured Japan, the Philippines, several European nations, and the United States. During this time, Coach garnered eight gold medals in national competitions—ranking among the top three competitors on the Team—and was especially noted and admired for her speed and precision in executing techniques. Coach Zhang's great success as a competitor influenced the decision of the Beijing Team administrators to have her start training as a coach. Her coaching successes are as remarkable as her competition victories. In 1988, Coach Zhang received the Prestigious "Best Coach of the Year Award" from the International Wushu Federation.



**Lucien Zoll** - began his martial arts studies with Grandmaster Kwong Tit-Fu in Boston's Chinatown in 1986, and, in 1996, Lucien assisted Kwong Tit-Fu's senior disciple and his present Shi-Fu, Calvin Chin, in opening Calvin Chin's Martial Arts Academy, in Newton, MA. Under Calvin Chin's guidance and teaching, he has competed and won numerous medals in southern empty hands, southern

weapons, tai chi hand and weapon forms, and push hands in international competitions throughout the country. After 20 years of studying Hung-Gar and Wu style Tai Chi, Lucien Zoll enjoys assisting his Shi-Fu in the promotion of their Fu Hok Tai He Morn system through performances at community events, assistant teaching at his Shi-Fu's school, and by judging at various tournaments he once competed in.



Jeff Zukor - has been studying Tien Shan Pai Kung Fu and Yang style Tai Chi Chuan for the last 25 years, under the guidance of Grandmaster Huang, Chien-Liang. Shi-Fu Zukor is a 65th generation Tien Shan Pai student, and disciple of Grandmaster Huang. He has competed and judged in many USKSF tournaments in the United States since his training began in 1983. He is a former national form

and two-person set gold medalist. Shi-Fu Zukor was a member of the U.S. National Team in 1989. Mr. Zukor has been involved in the running

of the USKSF tournaments since 1988, including such duties as Hospitality, Transportation, and Judging. He was an Assistant Director from 1997 through 2005, and was Director for the 2001 Tournament. He is also a nationally certified judge under the USKSF and received a Kuo Shu Contributor Award in 2006. Shi-Fu Zukor holds a 4th degree black sash through The World Kuo Shu Federation and currently teaches at Grandmaster Huang's U.S. Kuo Shu Academy in Owings Mills, Maryland.

#### TWKSF CERTIFIED REFEREES

#### "A"

Hiromi Akagawa, Aimee Buckley, John Buckley, Chang Fu Chen, Ian Chisholm, Bobby Cusack, Alex Czech, Joe Dunphy, Theodore Giantini Jr, Sean Gray, Michael Huang, Keiko Kurisaki, Wing Kay Li, Meghan Mannion Gray, Mitchell Mckay, Jonathan Miller, Jennie Mitchell, Morgan Newman, John Ozuna, Arthur Panella, Brandi Piacente, Pascal Pluess, Ken Saunders, Martin Sewer, Dr. Gary S. Torres

#### "B"

Gabriel Amorim, Angie Dominguez, Christopher Facente, John Gafos, John Green, Paul Jakubowski, Hank Kadel, Robert Matteson, Jonathan Pai, Guy Prentice, Michael Quach, Gene Stein, Jeffrey Zukor

#### **USKSF CERTIFIED NATIONAL JUDGES**

#### "A"

Gabe Chang, Dug Corpolongo, Edward Dallas, Robert Johnson, Alexander King, Judie Martin, Landon Martin, Steve L. Martin, Delmar Minor, Ralph Mitchell, Shannon Moore, Derek Nester, Frank Pfeiffer, William C. Phillips, Paul Ramos, Christine Rice, James Rowan, Avi Schneier, Michael Van Meers, Christopher Weeks, Alexander Woo, Lucien Zoll

#### "R"

Phillip Behrns, Matthew Creech, James Hesser, Sam Luna, Katie Rasinski, Michael Shaffer, Gwen Taylor, Richard Towell

#### **ADDITIONAL JUDGES**

Hiromi Akagawa, Charles Cashell, R. David Chilcoat, Art Eng, Pete Kreitchet, Xiao Ling Liu, James McIntyre, Norma Futini Saunders.

We sincerely apologize for any biographies or photographs that were omitted due to late submissions. The content listed here is provided by the participants. The USKSF can not verify the truth or falsehood of any claims presented herein.





# \$50K - 5 Years of HGCSF Scholarship Winners

The Helen Gee Chin Scholarship Foundation was formed to honor the memory of Helen Gee Chin, wife of USKSF Hall of Fame Inductee, Calvin Chin of Calvin Chin's Martial Arts Academy, Inc.

Since 2011, the Foundation has awarded more than \$50,000 in college scholarships.

If you missed the deadline for 2016, follow us on Facebook to receive updates.

The scholarship is open to students of Chinese martial arts across the country.

For additional details about eligibility and the previous winners shown here, please visit our website. There is also a link to a Livestream video of our annual

www.hgcscholarshipfoundation.org

fundraiser, as well as a GoFundMe page (net proceeds benefit the Foundation).





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# 2016 TOURNAMENT

## **SATURDAY**

#### **OPENING CEREMONY STARTS AT 9:30 A.M.**

1 Adult Adv - Form - Kung Fu Northern Men 2 Adult Adv - Form - Kung Fu Northern Women 3 Adult Adv - Form - Kung Fu Southern Women 4 Adult Adv - Form - Kung Fu Southern Short Hand Men 5 Adult Adv - Form - Kung Fu Southern Long Fist Men 6 Adult Adv - Weapons - Staff Men 7 Adult Adv - Weapons - Spear Men 8 Adult Adv - Weapons - Broadsword Men 9 Adult Adv - Weapons - Straight Sword Men 10 Adult Adv - Other Weapons - Men 11 Adult Adv - Southern Long Weapons - Men 12 Adult Adv - Southern Short Weapons - Men 13 Adult Adv - Long Weapons - Women 14 Adult Adv - Short Weapons - Women 15 Adult Adv - Other Weapons - Women 18 Adult Adv - Wushu Chang Quan Form - Men 19 Adult Adv - Wushu Chang Quan Form - Women 20 Adult Adv - Wushu Nan Quan Form - Men 21 Adult Adv - Wushu Nan Quan Form - Women 22 Adult Adv - Traditional Northern Wushu Form - Men/Women 23 Adult Adv - Wushu Long Weapon - Men/Women 24 Adult Adv - Wushu Short Weapon - Men/Women 25 Adult Adv - Wushu Other Weapons - Men/Women 37 Adult Adv - Light Contact Sparring - Men > 200 lbs 38 Adult Adv - Light Contact Sparring - Men 160.1 to 200 lbs 39 Adult Adv - Light Contact Sparring - Men < 160 lbs 40 Adult Adv - Light Contact Sparring - Women 48 Adult Int - Form - Kung Fu Southern Women 49 Adult Int - Form - Kung Fu Southern Short Hand Men 50 Adult Int - Form - Kung Fu Southern Long Fist Men 66 Adult Beg/Int - Wushu Chang Quan Form - Men/Women 67 Adult Beg/Int - Wushu Nan Quan Form - Men/Women 78 Adult Beg - Form - Kung Fu Southern - Women 79 Adult Beg - Form - Kung Fu Southern Short Hand - Men 80 Adult Beg - Form - Kung Fu Southern Long Fist - Men 105 Adult Adv - Tai Ji - Yang Style Form - Men 106 Adult Adv - Tai Ji - Yang Style Form - Women 107 Adult Adv - Tai Ji - Chen Style Form - Men 108 Adult Adv - Tai Ji - Chen Style Form - Women 109 Adult Adv - Tai Ji - Cheng Man Ching Form - Men/Women 110 Adult Adv - Tai Ji - Other Style Form - Men 111 Adult Adv - Tai Ji - Other Style Form - Women 112 Adult Adv - Tai Ji Straightsword - Men 113 Adult Adv - Tai Ji Straightsword - Women 114 Adult Adv - Tai Ji Other Weapon - Men 115 Adult Adv - Tai Ji Other Weapon - Women 120 Adult Int - Tai Ji - Yang Style Form - Men 121 Adult Int - Tai Ji - Yang Style Form - Women 122 Adult Int - Tai Ji - Chen Style Form - Men/Women 123 Adult Int - Tai Ji - Cheng Man Ching Form - Men/Women 124 Adult Int - Tai Ji - Other Style Form - Men 125 Adult Int - Tai Ji - Other Style Form - Women 126 Adult Int - Tai Ji Weapon - Men 127 Adult Int - Tai Ji Weapon - Women 130 Adult Beg - Tai Ji - Yang Style Form - Men/Women 131 Adult Beg - Tai Ji - Other Style Form - Men/Women 132 Adult Beg - Tai Ji Weapon - Men/Women 133 Adult - Tai Ji Two-Man Set 134 Adult - Tai Ji Form - Men/Women 50 yrs & over 157 Youth Adv - Form - Boy 13-14 yrs 158 Youth Adv - Form - Girl 13-14 yrs 159 Youth Adv - Form - Boy 11-12 yrs 160 Youth Adv - Form - Girl 11-12 yrs 161 Youth Adv - Form - Boy 9-10 yrs 162 Youth Adv - Form - Girl 9-10 yrs 163 Youth Adv - Form - Boy/Girl under 9 yrs 164 Youth Adv - Wushu Chang Quan Form - Boy/Girl 15-17 yrs 165 Youth Adv - Wushu Nan Quan Form - Boy/Girl 15-17 yrs 166 Youth Adv - Wushu Chang Quan Form - Boy/Girl 13-14 yrs 167 Youth Adv - Wushu Nan Quan Form - Boy/Girl 13-14 yrs 168 Youth Adv - Wushu Chang Quan Form - Boy/Girl 11-12 yrs 169 Youth Adv - Wushu Nan Quan Form - Boy/Girl 11-12 yrs

171 Youth Adv - Wushu Nan Quan Form - Boy/Girl 9-10 yrs 172 Youth Adv - Wushu Chang Quan Form - Boy/Girl under 9 yrs 173 Youth Adv - Wushu Nan Quan Form - Boy/Girl under 9 yrs 176 Youth Adv - Long Weapons - Boy 13-14 yrs 177 Youth Adv - Long Weapons - Girl 13-14 yrs 180 Youth Adv - Short Weapons - Boy 13-14 yrs 181 Youth Adv - Short Weapons - Girl 13-14 yrs 182 Youth Adv - Long/Short Weapons - Boy 11-12 yrs 183 Youth Adv - Long/Short Weapons - Girl 11-12 yrs 184 Youth Adv - Long/Short Weapons - Boy 9-10 yrs 185 Youth Adv - Long/Short Weapons - Girl 9-10 yrs 188 Youth Adv - Other Weapons - Boy 13-14 yrs 189 Youth Adv - Other Weapons - Girl 13-14 vrs 190 Youth Adv - Other Weapons - Boy 12 yrs and under 191 Youth Adv - Other Weapons - Girl 12 yrs and under 194 Youth Adv - Light Contact Sparring - Boy 13-14 yrs 195 Youth Adv - Light Contact Sparring - Girl 13-14 yrs 196 Youth Adv - Light Contact Sparring - Boy 11-12 yrs 197 Youth Adv - Light Contact Sparring - Girl 11-12 yrs 198 Youth Adv - Light Contact Sparring - Boy 9-10 yrs 199 Youth Adv - Light Contact Sparring - Girl 9-10 yrs 200 Youth Adv - Light Contact Sparring - Boy/Girl under 9 yrs 202 Youth Adv - Kenpo Form - Boy/Girl 13-14 yrs 203 Youth Adv - Kenpo Form - Boy/Girl 11-12 yrs 204 Youth Adv - Kenpo Form - Boy/Girl 9-10 yrs 205 Youth Adv - Kenpo Form - Boy/Girl under 9 yrs 207 Youth Adv - Kenpo Weapons - Boy/Girl 13-14 yrs 208 Youth Adv - Kenpo Weapons - Boy/Girl 11-12 vrs 209 Youth Adv - Kenpo Weapons - Boy/Girl 9-10 yrs 210 Youth Adv - Kenpo Weapons - Boy/Girl under 9 yrs 211 Youth Adv - Kenpo Mass Attack - Boy/Girl 13-17 yrs 212 Youth Adv - Kenpo Mass Attack - Boy/Girl 12 yrs & under 215 Youth Int - Form - Boy 13-14 yrs 216 Youth Int - Form - Girl 13-14 yrs 217 Youth Int - Form - Boy 11-12 yrs 218 Youth Int - Form - Girl 11-12 yrs 219 Youth Int - Form - Boy 9-10 yrs 220 Youth Int - Form - Girl 9-10 yrs 221 Youth Int - Form - Boy/Girl Under 9 yrs 223 Youth Int - Long/Short Weapons - Boy/Girl 13-14 yrs 224 Youth Int - Long/Short Weapons - Boy/Girl 11-12 yrs 225 Youth Int - Long/Short Weapons - Boy/Girl 9-10 yrs 226 Youth Int - Kenpo Form - Boy/Girl 13-17 vrs 227 Youth Int - Kenpo Form - Boy/Girl 12 yrs & under 228 Youth Int - Kenpo Weapon - Boy/Girl 13-17 yrs 229 Youth Int - Kenpo Weapon - Boy/Girl 12 yrs & under 230 Youth Int - Kenpo Mass Attack 231 Youth Beg/Int - Wushu Chang Quan Form - Boy/Girl 15-17 yrs 232 Youth Beg/Int - Wushu Nan Quan Form - Boy/Girl 15-17 yrs 233 Youth Beg/Int - Wushu Chang Quan Form - Boy/Girl 13-14 yrs 234 Youth Beg/Int - Wushu Nan Quan Form - Boy/Girl 13-14 yrs 235 Youth Beg/Int - Wushu Chang Quan Form - Boy/Girl 11-12 yrs 236 Youth Beg/Int - Wushu Nan Quan Form - Boy/Girl 11-12 yrs 237 Youth Beg/Int - Wushu Chang Quan Form - Boy/Girl 9-10 yrs 238 Youth Beg/Int - Wushu Nan Quan Form - Boy/Girl 9-10 yrs 239 Youth Beg/Int - Wushu Chang Quan Form - Boy/Girl under 9 yrs 240 Youth Beg/Int - Wushu Nan Quan Form - Boy/Girl under 9 yrs 241 Youth Beg/Int - Other Weapons - Boy/Girl 13-17yrs 242 Youth Beg/Int - Other Weapons - Boy/Girl 12 yrs & under 245 Youth Beg/Int - Light Contact Sparring - Boy 13-14 yrs 246 Youth Beg/Int - Light Contact Sparring - Girl 13-14 yrs 247 Youth Beg/Int - Light Contact Sparring - Boy 11-12 yrs 248 Youth Beg/Int - Light Contact Sparring - Girl 11-12 yrs 249 Youth Beg/Int - Light Contact Sparring - Boy 9-10 yrs 250 Youth Beg/Int - Light Contact Sparring - Girl 9-10 yrs 251 Youth Beg/Int - Light Contact Sparring - Boy/Girl under 9 yrs 253 Youth Beg - Form - Boy/Girl 13-14 yrs 254 Youth Beg - Form - Boy/Girl 11-12 yrs 255 Youth Beg - Form - Boy/Girl 9-10 yrs 256 Youth Beg - Form - Boy/Girl under 9 yrs 258 Youth Beg - Long/Short Weapons - Boy/Girl 13-14 yrs

259 Youth Beg - Long/Short Weapons - Boy/Girl 11-12 yrs

260 Youth Beg - Long/Short Weapons - Boy/Girl 9-10 yrs 261 Youth Beg - Kenpo Form - Boy/Girl 13-17 yrs

262 Youth Beg - Kenpo Form - Boy/Girl 12 yrs and under 263 Youth Beg - Kenpo Mass Attack 268 Youth - Long/Short Weapons - Boy/Girl under 9 yrs 269 Youth - Wushu Long Weapon - Boy/Girl 15-17 yrs 270 Youth - Wushu Long Weapon - Boy/Girl 13-14 yrs 271 Youth - Wushu Long Weapon - Boy/Girl 12 yrs and under 272 Youth - Wushu Short Weapon - Boy/Girl 15-17 yrs 273 Youth - Wushu Short Weapon - Boy/Girl 13-14 yrs 274 Youth - Wushu Short Weapon - Boy/Girl 12 yrs and under 275 Youth - Wushu Other Weapons - Boy/Girl 13-17 yrs 276 Youth - Wushu Other Weapons - Boy/Girl 12 yrs and under 278 Youth - Empty Hand Two Man Sets 13-14 yrs 279 Youth - Empty Hand Two Man Sets 12 yrs and under 281 Youth - Weapons Two Man Sets 13-14 yrs 282 Youth - Weapons Two Man Sets 12 yrs and under 283 Youth - Short Weapon Free Fighting - Boy 15-17 yrs 284 Youth - Short Weapon Free Fighting - Girl 15-17 yrs 285 Youth - Short Weapon Free Fighting - Boy 13-14 yrs 286 Youth - Short Weapon Free Fighting - Girl 13-14 yrs 287 Youth - Short Weapon Free Fighting - 12 yrs & under 288 Youth Int - Kenpo Form - Boy/Girl 13-17 yrs 289 Youth Int - Kenpo Mass Attack 292 Youth - Tai Ji Form (All Styles) - Boy 13-17 yrs 293 Youth - Tai Ji Form (All Styles) - Girl 13-17 yrs 900 Adult - Lei Tai Male Light (under 60kg) 901 Adult - Lei Tai Male Middle C (60.1 to 65kg) 902 Adult - Lei Tai Male Middle B (65.1 to 70kg) 903 Adult - Lei Tai Male Middle A (70.1 to 75kg) 904 Adult - Lei Tai Male Heavy C (75.1 to 80kg) 905 Adult - Lei Tai Male Heavy B (80.1 to 86kg) 906 Adult - Lei Tai Male Heavy A (86.1 to 92kg) 907 Adult - Lei Tai Male Super Heavy (92.1 to 98kg) 908 Adult - Lei Tai Male Infinite (over 98.1kg) 909 Adult - Lei Tai Female Light (under 55kg) 910 Adult - Lei Tai Female Middle B (55.1 to 60kg) 911 Adult - Lei Tai Female Middle A (60.1 to 65kg) 912 Adult - Lei Tai Female Heavy B (65.1 to 71kg) 913 Adult - Lei Tai Female Heavy A (65.1 to 70kg) 914 Adult - Lei Tai Female Infinite (over 77.1kg)

- AWARDS CEREMONY
- LEI TAI ELIMINATION ROUNDS
- LEI TAI FINALS
- MASTERS DEMONSTRATIONS

170 Youth Adv - Wushu Chang Quan Form - Boy/Girl 9-10 yrs

# U S K S F

# **SCHEDULE OF EVENTS**

## SUNDAY

16 Adult Adv - Two Man Set Empty Hand 17 Adult Adv - Two Man Set Weapon 26 Adult Adv - Wing Chun Form - Men/Women 27 Adult Adv - Wing Chun Weapons 28 Adult Adv - Wing Chun Wooden Dummy 29 Adult Adv - Form - Northern Praying Mantis Men 30 Adult Adv - Form - Northern Praying Mantis Women 31 Adult Adv - Kenpo Form - Men 32 Adult Adv - Kenpo Form - Women 33 Adult Adv - Kenpo Weapon - Men 34 Adult Adv - Kenpo Weapon - Women 35 Adult Adv - Kenpo Mass Attack - Men 36 Adult Adv - Kenpo Mass Attack - Women 41 Adult Adv - Chi Sao - Light 42 Adult Adv - Chi Sao - Welter 43 Adult Adv - Chi Sao - Middle 44 Adult Adv - Chi Sao - Heavy 45 Adult Adv - Ba Chi - Men/Women 46 Adult Int - Form - Kung Fu Northern Men 47 Adult Int - Form - Kung Fu Northern Women 51 Adult Int - Long/Short Weapons - Men 52 Adult Int - Long/Short Weapons - Women 53 Adult Int - Other Weapons - Men/Women 54 Adult Int - Two Man Set Empty Hand 55 Adult Int - Two Man Set Weapons 56 Adult Int - Form - Northern Praying Mantis Men 57 Adult Int - Form - Northern Praying Mantis Women 58 Adult Int - Kenpo Form - Men 59 Adult Int - Kenpo Form - Women 60 Adult Int - Kenpo Weapon - Men/Women 61 Adult Int - Kenpo Mass Attack 62 Adult Int - Light Contact Sparring - Men > 200 lbs 63 Adult Int - Light Contact Sparring - Men 160.1 to 200 lbs 64 Adult Int - Light Contact Sparring - Men < 160 lbs 65 Adult Int - Light Contact Sparring - Women 68 Adult Beg/Int - Wing Chun Form - Men/Women 69 Adult Beg/Int - Wing Chun Weapons 70 Adult Beg/Int - Wing Chun Wooden Dummy 71 Adult Beg/Int - Chi Sao - Light 72 Adult Beg/Int - Chi Sao - Welter 73 Adult Beg/Int - Chi Sao - Middle 74 Adult Beg/Int - Chi Sao - Heavy 75 Adult Beg/Int - Ba Chi - Men/Women 76 Adult Beg - Form Kung Fu Northern - Men 77 Adult Beg - Form - Kung Fu Northern - Women 81 Adult Beg - Long/Short Weapon - Men 82 Adult Beg - Long/Short Weapon - Women

83 Adult Beg - Two Man Set Empty Hand

84 Adult Beg - Kenpo Form - Men/Women

85 Adult Beg - Kenpo Weapon - Men/Women 86 Adult Beg - Kenpo Mass Attack 87 Adult Beg - Light Contact Sparring - Men 88 Adult Beg - Light Contact Sparring - Women 89 Adult - Senior Form - Men 36 to 45 90 Adult - Senior Form - Men over 45 91 Adult - Senior Form - Women 36 to 45 92 Adult - Senior Form - Women over 45 93 Adult - Senior Weapon - Men 36 to 45 94 Adult - Senior Weapon - Men over 45 95 Adult - Senior Weapon - Women 36 to 45 96 Adult - Senior Weapon - Women over 45 97 Adult - Light Contact Long Weapon Free Fighting - Men 98 Adult - Light Contact Long Weapon Free Fighting - Women 99 Adult - Light Contact Short Weapon Free Fighting - Men 100 Adult - Light Contact Short Weapon Free Fighting - Women 101 Adult - Full Contact Long Weapon Free Fighting - Men 102 Adult - Full Contact Long Weapon Free Fighting - Women 103 Adult - Full Contact Short Weapon Free Fighting - Men 104 Adult - Full Contact Short Weapon Free Fighting - Women 116 Adult Adv - Xing Yi Quan - Men 117 Adult Adv - Xing Yi Quan - Women 118 Adult Adv - Ba Qua Zhang - Men 119 Adult Adv - Ba Qua Zhang - Women 128 Adult Int - Xing Yi Quan - Men/Women 129 Adult Int - Ba Qua Zhang - Men/Women 135 Adult - Group Tai Ji Form (5-10 members) 136 Adult - Group Tai Ji Weapon (5-10 members) 137 Adult - Xing Yi Quan Weapon - Men/Women 138 Adult - Ba Qua Zhang Weapon - Men/Women 139 Adult - Limited Step Push Hands - Men > 200 lbs 140 Adult - Limited Step Push Hands - Men 180.1 to 200 lbs 141 Adult - Limited Step Push Hands - Men 160.1 to 180 lbs 142 Adult - Limited Step Push Hands - Men < 160 lbs 143 Adult - Limited Step Push Hands - Women > 160 lbs 144 Adult - Limited Step Push Hands - Women 140.1 to 160 lbs 145 Adult - Limited Step Push Hands - Women 120 to 140 lbs 146 Adult - Limited Step Push Hands - Women < 120 lbs 147 Adult - Freestyle Push Hands - Men > 200 lbs 148 Adult - Freestyle Push Hands - Men 180.1 to 200 lbs 149 Adult - Freestyle Push Hands - Men 160.1 to 180 lbs 150 Adult -Freestyle Push Hands - Men < 160 lbs 151 Adult - Freestyle Push Hands - Women > 160 lbs 152 Adult - Freestyle Push Hands - Women 140.1 to 160 lbs 153 Adult - Freestyle Push Hands - Women 120 to 140 lbs

178 Youth Adv - Short Weapons - Boy 15-17 yrs 179 Youth Adv - Short Weapons - Girl 15-17 vrs 186 Youth Adv - Other Weapons - Boy 15-17 yrs 187 Youth Adv - Other Weapons - Girl 15-17 yrs 192 Youth Adv - Light Contact Sparring - Boy 15-17 yrs 193 Youth Adv - Light Contact Sparring - Girl 15-17 yrs 201 Youth Adv - Kenpo Form - Boy/Girl 15-17 yrs 206 Youth Adv - Kenpo Weapons - Boy/Girl 15-17 yrs 213 Youth Int - Form - Boy 15-17 yrs 214 Youth Int - Form - Girl 15-17 yrs 222 Youth Int - Long/Short Weapons - Boy/Girl 15-17 yrs 243 Youth Beg/Int - Light Contact Sparring - Boy 15-17 yrs 244 Youth Beg/Int - Light Contact Sparring - Girl 15-17 yrs 252 Youth Beg - Form - Boy/Girl 15-17 yrs 257 Youth Beg - Long/Short Weapons - Boy/Girl 15-17 yrs 264 Youth - Wing Chun Form - Boy/Girl 13-17 yrs 265 Youth - Wing Chun Form - Boy/Girl 12 yrs & under 266 Youth - Wing Chun Weapon - Boy/Girl 13-17 yrs 267 Youth - Wing Chun Weapon - Boy/Girl 12 yrs & under 277 Youth - Empty Hand Two Man Sets 15-17 yrs 280 Youth - Weapons Two Man Sets 15-17 yrs 290 Youth - Chi Sao - Boy/Girl 12 yrs & under 291 Youth - Chi Sao - Boy/Girl 13-17 yrs

175 Youth Adv - Long Weapons - Girl 15-17 yrs

• CLOSING CEREMONIES

174 Youth Adv - Long Weapons - Boy 15-17 yrs

155 Youth Adv - Form - Boy 15-17 yrs

156 Youth Adv - Form - Girl 15-17 yrs

• MASTERS DEMONSTRATIONS

154 Adult - Freestyle Push Hands - Women < 120 lbs

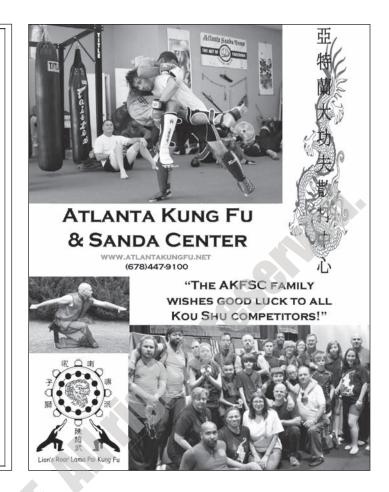
- TEAM AND LEITAI AWARDS
- KUO SHU HALL OF FAME BANQUET

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- · Apply for Instructor certification through the U.S.K.S.F.
- Learn to referee Kuo Shu fighting (Lei Tai Fighting)
- Receive Kuo Shu Newsletters
- Receive free official U.S.K.S.F. patch or T-shirt
- Receive discounts on U.S.K.S.F. video tapes, seminars and tournament registrations

#### **CONTACT THE USKSF FOR DETAILS**

USKSF Headquarters
President: Grandmaster Huang, Chien-Liang
P.O. Box 927 Reisterstown, Maryland 21136-0927, USA
Tel: 443-394-9200 • Fax: 443-394-9202

Web: usksf.org

# **GENERAL COMPETITION RULES**

# 一般規則

#### **Competitions Levels are defined as follows:**

**BEGINNER -** Years of training are <1.5 years

**INTERMEDIATE** - Years of training are >1.5 years and <3.5 years

**ADVANCED -** Years of training are >3.5 years

Years of training are based on the total years of external and internal training combined.

Competitor Age is based on the age at the time of competition. To compete in Lei Tai events the competitor must be a minimum of 18 years of age. To compete in Lei Tai, the competitor must be less than 41 years of age at the time of competition.

- Competitors **MUST** be entered in the same age/experience level for ALL events entered.
- Competitors **MUST** compete with a different form in each event entered.
- All short weapon events are limited to single hand straightsword or broadsword.
   NO EXCEPTIONS
- All long weapon events are limited to long staff and spear. NO EXCEPTIONS
- All other weapons MUST compete in events noted as "other" or "open" weapon events.
- All weapon events, including 2 person sets, are intended for traditional spring steel
  weapons unless the event name specifically indicates that it is a Wushu event. If in the Chief
  Judge's opinion the weapon being used does not meet the criteria of a traditional weapon,
  the Chief Judge will make a deduction of 0.05 point to 1.0 point from the final score.
- Examples of Southern Short Hand Systems include: Southern Praying Mantis, Bak Mei, Wu Mei, and Dragon Style. Competition is NOT limited to the styles mentioned. If in the individual judge's opinion the competitor is not exhibiting a Southern Short Hand form the judge will make a 0.05 point deduction to the score.
- Examples of Southern Long Hand Systems include: Choy Li Fut, Hung Ga, Hung Mei, Lee Ga, Southern Shaolin, Fu Jow Pai, Hung Fut, Tiger Crane Style, & White Crane. Competition is NOT limited to the styles mentioned. If in the individual judge's opinion the competitor is not exhibiting a Southern Long Hand form the judge will make a 0.05 point deduction to the score.
- Group Tai Ji Quan divisions must contain a minimum of three (3) and a maximum of ten (10) members per team.
- Forms learned in China containing characteristics not consistent with traditional kung fu forms should enter the Traditional Wushu Divisions available.
- There are NO refunds for ANY reasons.
- The Tournament Committee Reserves the right to combine categories within the same division.

# **JUDGE'S SCORING RANGE**

裁判判分範圍

**ADULT** 成人比賽 Youth 小孩比賽

**Advanced** 

高级组

8.00 to 9.50

**Advanced** 

高级组

7.00 to 8.50

Intermediate

中级组

7.00 to 8.50

Intermediate

中级组

6.00 to 7.50

**Beginner** 

初级组

6.00 to 7.50

**Beginner** 

初级组

5.50 to 7.00

U S K S F

# **USKSF RATING TABLE**

# 拳術評分標準

# Quality of Techniques (3 points) 動作招式

- 1. Quality of hands, legs, stance, and movement 手.眼.身.法.步.
- 2. Degree of difficulty 難易度
- 3. Skill 熟練程度

# STRENGTH (3 points) 勁力協調

- 1. Smoothness of force 發勁順暢
- 2. Balance 平衡穩定度
- 3. Coordination among hands, eyes, body, and step 手眼身法步協調

## SPIRIT (3 points) 精神内涵

- 1. Spirit 精神
- 2. Rhythm 韻律節奏
- 3. Features of the form 套路特色

# MARTIAL ETHICS (1 point) 武德

- 1. Dress 服裝
- 2. Personal appearance 儀容
- 3. Courtesy 禮節

# FOR FORM COMPETITION

# 拳術評分標準

#### **QUALITY OF TECHNIQUES (3 points)**

#### 1. Quality of hands, legs, stance, and movement

Deduct a minimum of 0.05 points for each mistake. If the competitor makes the same mistake more than once, deduct no more than a total of 0.2 points for that error.

#### 2. Degree of difficulty

Form difficulty should be appropriate for the skill level of the competitor (for example, a sufficiently complicated and demanding form for advanced level competitors). Though this is a subjective area, deductions should begin at 0.05 and should not exceed 0.3 for an inappropriately simple form.

#### 3. Skill

To evaluate this area, place the competitor in one of three categories: above average, average, or below average. If their performance is above average, then deduct 0.05 to 0.2 points from their total score. If they show average skill ability, then deduct from 0.2 to 0.4 points. Finally, if their performance is below average skill level, deduct from 0.4 to 0.6 points.

#### **STRENGTH** (3 points)

#### 1. Smoothness of force

Again, place the competitor's strength level into one of three categories: above average, average, or below average. Deduct points accordingly. Above Average 0.05 to 0.2: Average 0.2 to 0.4: Below Average 0.4 to 0.6.

#### 2. Balance

Use the same categorization as in "Smoothness of force".

#### 3. Coordination among hands, eyes, body, and step.

Use the same method as in "Smoothness of force" and "Balance".

#### **Spirit** (3 points)

#### 1. Spirit

The judge can make their own decision here, and deduct from 0.05 points or greater.

#### 2. Rhythm

Use the same method as in "Spirit".

#### 3. Features of the Form

Use the same method as in "Spirit" and "Rhythm" of the form.

#### Martial Ethics (1 point)

Ideally the competitor should receive a full point in this category. The judge may, however, deduct points according to mistakes or violations of the following categories:

#### 1. Dress

Worth 0.33 points

#### 2. Personal appearance

Worth 0.33 points

#### 3. Courtesy

Worth 0.34 points

U S K S

# **USKSF RATING TABLE**

# 兵器評分標準

## QUALITY OF TECHNIQUES (3 points) 動作招式

- 1. Quality of hands, legs, stance, and movement 手.眼.身.法.步.
- 2. Proper characteristics of weapon 兵器使
- 3. Skill 熟練程度

# STRENGTH (3 points) 勁力協調

- 1. Smoothness of force 發勁順暢
- 2.Balance 平衡穩定度
- 3. Coordination among hands, eyes, body, and step 手眼身法步協調

# SPIRIT (3 points) 精神内涵

- 1. Spirit 精神
- 2. Rhythm 韻律節奏
- 3. Development of weapon's characteristics 器械特色之發揮

## MARTIAL ETHICS (1 point) 武德

- 1. Dress 服裝
- 2. Personal appearance 儀容
- 3. Courtesy 禮節

# FOR WEAPON COMPETITION

# 兵器評分標準

#### **QUALITY OF TECHNIQUES (3 points)**

#### 1. Quality of hands, eyes, body, and steps

Deduct a minimum of 0.05 points for each mistake. If the competitor makes the same mistake more than once, deduct no more than a total of 0.2 points for that error.

#### 2. Proper Characteristics of Weapon

- A. Proper characteristic: Deduct a minimum of 0.1 points for each characteristic error; if the competitor makes the same mistake more than one time, deduct no more than 0.3 points.
- B. Degree of Difficulty: This requires the judge's discretion. Deductions begin at 0.05 points and are no more then 0.5 for an inappropriately simple form.

#### 3. Skill

To evaluate this area, place the competitor in one of three categories: above average, average, or below average. If their performance is above average, then deduct 0.05 to 0.2 points from their total score. If they show average skill ability, then deduct from 0.2 to 0.4 points. Finally, if their performance is below average skill level, deduct from 0.4 to 0.6 points.

#### STRENGTH (3 points)

#### 1. Smoothness of force

Again, place the competitor into one of three categories: above average, average, or below average. Deduct points accordingly. Above Average 0.05 to 0.2: Average 0.2 to 0.4: Below Average 0.4 to 0.6.

#### 2. Balance

Use the same categorization as in "Smoothness of force".

#### 3. Coordination among hands, eyes, body, and step

Use the same method as in "Smoothness of force" and "Balance".

#### **Spirit** (3 points)

#### 1. Spirit

The judge can make their own decision here, and deduct from 0.05 points or greater.

#### 2. **Rhythm**

Use the same method as in "Spirit".

#### 3. Development of weapon's characteristics

Use the same method as in "Spirit" and "Rhythm" of the form.

#### MARTIAL ETHICS (1 point)

Ideally the competitor should receive a full point in this category. The judge may, however, deduct points according to mistakes or violations of the following categories:

#### 1. Dress

Worth 0.33 points

#### 2. Personal appearance

Worth 0.33 points

#### 3. Courtesy

Worth 0.34 points

U S K S

# SAN SHOU RULES (LIGHT CONTACT FIGHTING) 輕打規則

#### **Required Equipment:**

Headgear with full face cage, mouthpiece, groin cup, footgear which offers full coverage from heel to toe, and safety gloves

#### **Optional Equipment:**

Chest protector, Shin Pads

Acceptance of required equipment is at the sole discretion of the Center Referee and tournament staff.

**Time:** Running two minutes. Time stopped only at the request of Center Referee.

#### **Scoring:**

- ◆ All Divisions: first competitor to score 3 points wins.
- Score areas: Side of head, forehead, chest, stomach, back, outside of thigh and side areas.
- ◆ One point awarded for effective hand, foot, or sweep technique. The parts of the hand eligible for scoring are the palm, knife hand, back hand, and fist. The kicks eligible for scoring are front kick, heel kick, round house kick, side kick, back kick, crescent kick, controlled kick to upper thigh, spinning kick, and hook kick.
- ◆ Clear sweeps below the knees allowed. If the sweep fails, the competitor is allowed two seconds to follow up with a technique.
- ◆ Technique must have power, speed, focus and control to be scored
- ♦ If both feet are out of bounds, the point is given to the competitor remaining in-bounds.

#### **Penalties:**

- ◆ First personal foul: 1 point awarded to opponent.
- ◆ Second personal foul: disqualification.
- ◆ No contact allowed to head or back (technique must score without contact).
- ♦ No head butts.
- ◆ No kicks to the inside of thigh or knee areas.
- ◆ No techniques allowed to the eyes or groin.
- ◆ No excessive contact or repeated blows once point has been called.
- ♦ No use of elbows or knees.
- ♦ No joint locks.
- ◆ No delayed counter strikes or kicks.
- ◆ No throws over the hip or shoulder (only sweeps).
- ◆ No trapping of the foot and sweeping.
- ◆ No thigh reaping takedowns.
- ♦ No choking.
- ◆ No abusive language.
- ♦ No coaching from sidelines.

#### **Judging Commands:**

- Face me: Bow
- Face each other: Bow (Shake Hands)
- Ready position
- Kai-Si (Begin)
- ◆ Ready judge
- ♦ Score

#### **Judging Signals**

- ◆ Open extended hand towards competitor Point called.
- ◆ Cross extended arms Did not see or no point called.
- → Pointing to boundary Out of bounds.
  → Fist hitting open hand Excessive contact observed.
- ◆ Fist to ear and point to competitor Foul called (deduct point).

ANY SERIOUS VIOLATION WILL RESULT IN IMMEDIATE DISQUALIFICATION. THE CENTER REFEREE POSSESSES FULL AND FINAL AUTHORITY.

# WU SHU COMPETITION RULES

# 武術規則

#### **Choice of Form:**

The competitor may choose to demonstrate either the standardized compulsory form (dictated by the International Wu Shu Federation), or the competitor's own form.

#### **Classification of Weapons:**

- ◆ The Long Weapon division will feature only the spear or long staff.
- ♦ The Short Weapon division will feature only the single hand straight sword or broadsword.
- ◆ The Other Weapon division will include any other weapon, including double weapons, but not the Weapons featured in either the Long Weapon or Short Weapon divisions. Therefore, the competitor may not perform a single broadsword routine in the Other Weapon division, but may demonstrate a double broadsword routine.

#### **Requirements on Length of Performance:**

- ♦ 7 to 12 years old 45 seconds to 1 minute
- ◆ 13 to 15 years old minimum 1 minute
- ◆ Over 16 years old minimum 1 minute
- ◆ These times represent the minimum length of the demonstration. Competitors who finish under these minimums will be assessed the following penalty: for each second short of the minimum, the head judge will deduct 0.05 points from the competitor's final score.

U S K S

# LIGHT CONTACT WEAPONS FIGHTING RULES

# 兵器輕打規則

#### **Required Equipment:**

Headgear with full face cage, mouthpiece, groin cup, and safety gloves

#### **Optional Equipment:**

Chest protector, shin pads, footgear which offers full coverage from heel to toe

#### **Weapon Specifications:**

- ◆ Core: The core part of the weapon should be soft and light wood or synthetic plastic material.
- ◆ Cushion: The cushion must be of sponge or foam that is light and soft. There should be at least 1/3" of free moving space between the core and the cushion all around in order to buffer the shock.
- ♦ Cover: The cloth cover material made of slippery texture is required to secure the core and the cushion. And, it should not be sandy or rough in texture, so it does not cause any abrasion when it contacts and brushes the bare skin.
- ◆ Tip: The Tips of the weapons should be cushioned at least 2 inches thick with very soft sponge, not hard foam.
- ♦ Handle: The Handle does not require any cushion.
- ◆ Tip of the handle: The Tip of the handle must be cushioned at least 1 inch thick.
- ◆ Guards: The guards for swords or spears must be made of soft rubber or foam, or hard sponge.
- ◆ Tassel: Not required. If used, only red non-metallic tassels are allowed. If any weight is used on the tassels, only sponge weights are allowed.
- ◆ Flexibility: All weapons should be somewhat flexible, not rigid.
- ◆ Breakage: If your weapon breaks during a match, the judge will suspend the fight and you many change the weapon (only the same type, identical weapon). No one is allowed to lend a weapon for the safety reason. Therefore, each competitor should have spare weapons.
- ◆ Damage: If any damage of a weapon occurs, both competitors should voluntarily and immediately stop the engagement. Continuing the fight with a damaged weapon will cause disqualification of the fighter.
- ◆ Metal: Absolutely no metal parts allowed in the structure.
- ◆ Weight: All weapons should be light in weight. If a competitor has a heavier than normally accepted ICWSF/WSF certified weapon, he/she should obtain pre-authorization from the center referee prior to competition to avoid disqualification.
- ♦ A short weapon is defined as any weapon up to 48 inches in overall length. A long weapon is defined as any weapon longer than 48 inches in overall length.

# Acceptance of required equipment is at the sole discretion of the Center Referee and tournament staff. **Time:**

Running two minutes. Time stopped only at the request of the Center Referee. If no scoring or even scores at the end of two minutes, "Quick Death" method is used to determine the winner within next one minute. In the event of "Quick Death," any gain of points will immediately determine the winner.

#### **Scoring:**

- ◆ 3 Points Scored for Strikes to the head and body (front and back) and/or disarming a weapon.
- ◆ 2 Points Scored for Strikes to the arms and/or legs.
- ◆ Score areas: Side of head, forehead, chest, stomach, back, side areas, arms, and legs.

#### **OPTION 1 – Time Limited Competition**

◆ The winner is the competitor who obtains the highest score in the time allotted.

#### **OPTION 2 – Score Limited Competition**

◆ The match will be awarded to the competitor reaching full score first (total of 10 points).

#### **Penalties:**

- ◆ No kicks or strikes with the empty hand or feet are allowed.
- ◆ No techniques allowed to the eyes or groin.
- ◆ No excessive contact or repeated blows once point has been called.
- ◆ Two points will be deducted if one loses a weapon. If the fighter uses two weapons, losing one weapon will still cause a deduction of two points. Losing both weapons will cause four points to be deducted. When an opponent loses all weapons and becomes disarmed, the opposing fighter will have one engagement chance to win points. After one engagement or attempt of strike, the referee will allow the fighters to restart with weapons in their possession. If a fighter chose to use two weapons, and lost one weapon, the fight is not stopped until two or more judges lift flags signaling a possible successful strike. After the fight is stopped by the referee, the fighters can recollect their weapons to continue the combat. If both fighters lose their weapons, the referee will stop the fight and both fighters will collect their weapons to resume the fight.
- ◆ Throwing a weapon is not allowed, and considered voluntary disarming which causes a deduction of two points.
- ◆ Each illegal attack will receive a warning from any one judge, and lose 2 points.
- ◆ If the referee determines that a fighter is intentionally avoiding the engagement, he/she will lose 2 points.
- ◆ Any overly disgraceful or improper behavior will receive a warning and lose 2 points.
- ◆ Three warnings within a match will disqualify the fighter.
- ◆ Using weapons that are not allowed in the match will disqualify the fighter.
- ♦ Intentional use of a damaged weapon or armor will disqualify the fighter.

# ANY SERIOUS VIOLATION WILL RESULT IN IMMEDIATE DISQUALIFICATION. THE CENTER REFEREE POSSESSES FULL AND FINAL AUTHORITY.

#### **Judging Commands:**

- ◆ Face me: Bow
- ◆ Face each other: Bow (shake hands)
- ◆ Ready position
- ★ Kai-Si (Begin)
- ◆ Ready judge
- **♦** Score

#### **Judging Signals:**

- ◆ Flag raised towards competitor Point called.
- ◆ Judge touches own torso with other flag to indicate 3 points.
- → Judge touches own leg with other flag to indicate 2 points.
- ◆ Judge points to floor with other flag to indicate 1 point.
- Cross extended arms Did not see or no point called.
- ◆ Pointing to boundary Out of bounds.
- ◆ Fist hitting open hand Excessive contact observed.
- ◆ Fist to ear and point to competitor Foul called (deduct point).

# FULL CONTACT WEAPONS FIGHTING RULES

# 兵器擂台規則

#### **Required Equipment:**

Headgear with full face cage, mouthpiece, groin cup, footgear which offers full coverage from heel to toe, and safety gloves. Female competitors must also wear a chest protector.

#### **Optional Equipment:**

Chest protector (for male competitors), shin pads

#### **Weapon Specifications:**

- ◆ Core: The core part of the weapon should be soft and light wood or synthetic plastic material.
- ◆ Cushion: The cushion must be of sponge or foam that is light and soft. There should be at least 1/3" of free moving space between the core and the cushion all around in order to buffer the shock.
- ♦ Cover: The cloth cover material made of slippery texture is required to secure the core and the cushion. And, it should not be sandy or rough in texture, so it does not cause any abrasion when it contacts and brushes the bare skin.
- ♦ Tip: The Tips of the weapons should be cushioned at least 2 inches thick with very soft sponge, not hard foam.
- ◆ Handle: The Handle does not require any cushion.
- ◆ Tip of the handle: The Tip of the handle must be cushioned at least 1 inch thick.
- ♦ Guards: The guards for swords or spears must be made of soft rubber or foam, or hard sponge.
- ◆ Tassel: Not required. If used, only red non-metallic tassels are allowed. If any weight is used on the tassels, only sponge weights are allowed.
- ◆ Flexibility: All weapons should be somewhat flexible, not rigid.
- ◆ Breakage: If your weapon breaks during a match, the judge will suspend the fight and you many change the weapon (only the same type, identical weapon). No one is allowed to lend a weapon for the safety reason. Therefore, each competitor should have spare weapons.
- ◆ Damage: If any damage of a weapon occurs, both competitors should voluntarily and immediately stop the engagement. Continuing the fight with a damaged weapon will cause disqualification of the fighter.
- ◆ Metal: Absolutely no metal parts allowed in the structure.
- ◆ Weight: All weapons should be light in weight. If a competitor has a heavier than normally accepted ICWSF/WSF certified weapon, he/she should obtain pre-authorization from the center referee prior to competition to avoid disqualification.
- ♦ A short weapon is defined as any weapon up to 48 inches in overall length. A long weapon is defined as any weapon longer than 48 inches in overall length.

# Acceptance of required equipment is at the sole discretion of the Center Referee and tournament staff. **Time:**

Running two minutes. Time stopped only at the request of the Center Referee.

#### **Scoring**:

- ♦ 3 Points Scored for weapon strikes to the head and body (front and back) and/or disarming a weapon.
- ◆ 2 Points Scored for weapon strikes to the arms and/or legs.
- ◆ 1 point Scored for a clearly executed punch or kick to a legal scoring area (head, forehead, chest, stomach, back, side areas, kick to outside of thigh).
- ◆ Weapon Strike Score areas: Side of head, forehead, chest, stomach, back, side areas, arms, and legs.

- ◆ Contact to the eyes, throat, back of the head, or groin is illegal. For female competitors, contact to the chest is also illegal.
- ◆ No techniques allowed to the eyes or groin.
- ◆ No excessive contact or repeated blows once point has been called.
- ◆ Two points will be deducted if one loses a weapon. If the fighter uses two weapons, losing one weapon will still cause a deduction of two points. Losing both weapons will cause four points to be deducted. When an opponent loses all weapons and becomes disarmed, the opposing fighter will have one engagement chance to win points. After one engagement or attempt of strike, the referee will allow the fighters to restart with weapons in their possession. If a fighter chose to use two weapons, and lost one weapon, the fight is not stopped until two or more judges lift flags signaling a possible successful strike. After the fight is stopped by the referee, the fighters can recollect their weapons to continue the combat. If both fighters lose their weapons, the referee will stop the fight and both fighters will collect their weapons to resume the fight.
- ◆ Throwing a weapon is not allowed, and considered voluntary disarming which causes a deduction of two points.
- ◆ Each illegal attack will receive a warning from any one judge, and lose 2 points.
- ♦ If the referee determines that a fighter is intentionally avoiding the engagement, he/she will lose 2 points.
- ◆ Any overly disgraceful or improper behavior will receive a warning and lose 2 points.
- ◆ Three warnings within a match will disqualify the fighter.
- ◆ Using weapons that are not allowed in the match will disqualify the fighter.
- ♦ Intentional use of a damaged weapon or armor will disqualify the fighter.

ANY SERIOUS FOUL WILL BE GROUNDS FOR IMMEDIATE DISQUALIFICATION.

COMPETITORS WHO MALICIOUSLY HURT THEIR OPPONENTS WILL BE HELD LIABLE FOR ANY DAMAGES OR INJURIES. THE CENTER REFEREE HAS FULL AUTHORITY TO STOP THE FIGHT AT ANY TIME FOR SAFETY OR ANY OTHER REASON.

#### **Judging Commands:**

- ◆ Face me: Bow
- ◆ Face each other: Bow (shake hands)
- ◆ Ready position
- ★ Kai-Si (Begin)
- ◆ Ready judge
- ◆ Score

#### <u>Judging Signals:</u>

- ◆ Flag raised towards competitor Point called.
- ◆ Judge touches own torso with other flag to indicate 3 points.
- ◆ Judge touches own leg with other flag to indicate 2 points.
- → Judge points to floor with other flag to indicate 1 point.
- Cross extended arms Did not see or no point called.
- ◆ Pointing to boundary Out of bounds.
- ◆ Fist hitting open hand Excessive contact observed.
- ◆ Fist to ear and point to competitor Foul called (deduct point).

ANY SERIOUS VIOLATION WILL RESULT IN IMMEDIATE DISQUALIFICATION.
THE CENTER REFEREE POSSESSES FULL AND FINAL AUTHORITY.

# TAI JI FORMS RULES

# 太極拳規則

#### Time:

- ◆ Each competitor has three minutes to demonstrate a form.
- ♦ Three minutes will be announced by a bell, whistle, or verbal signal.
- ◆ If the competitor has not completed the form, he or she has thirty seconds to finish, at which time there will be another signal. Competitors MUST stop at this time.

#### Exceptions: At least 2 minutes for 2-person sets.

#### **Scoring:**

- Judges complete a written evaluation given to the competitor at the medal ceremony and score the competitor's performance.
- → Judges offer verbal evaluation if time allows.

#### **Penalties:**

◆ There is a penalty of .1 for each increment of five seconds under or over time. Penalty to be applied by Chief Judge prior to announcing the final score. Individual Judges will not assess a penalty for time infractions.

#### 2-Person Set and Group Form:

- ◆ The 2-Person Barehand Set event is for two players performing choreographed empty hand (not weapons) Tai Ji Quan movements utilizing Tai Ji Quan principles.
- ◆ The set must be longer than 2 minutes, with no upper time limit.
- ♦ Group Form must contain between 5-10 members, performing a synchronized routine.

# 太極兵器規則

## TAI JI WEAPONS RULES

#### Time:

◆ Competitors must perform for a minimum of 1.5 minutes and a maximum of 3.5 minutes.

#### **Scoring:**

- Judges complete a written evaluation given to the competitor at the medal ceremony and score the competitor's performance.
- → Judges offer verbal evaluation if time allows.

#### **Penalties:**

◆ There is a penalty of 0.1 for each increment of five seconds under or over time. Penalty to be applied by Chief Judge prior to announcing the final score. Individual Judges will not assess a penalty for time infractions.

## 太極拳定步推手規則

## **FIXED STEP PUSH HANDS RULES**

#### **General:**

- ◆ Competitors are required to attend the rules meeting prior to the competition in order to be eligible to compete.
- ◆ The chief evaluator/referee has full authority.

#### Time:

♦ Matches consist of two 90-second rounds that are continuous unless a penalty is called.

#### **Equipment:**

- ♦ Competitors wear t-shirt, long pants, and shoes.
- No jewelry (except wedding ring), watches, or fingernails longer than an eighth of an inch are allowed.

#### **Competition Ring Space:**

- **♦ LIMITED STEP Events Format:** 
  - · The field is an alley 4 feet wide and 10 feet long.
  - · Competitors are limited to a single shuffle step at a time, and may not reverse stance or change direction.

#### Scoring:

- ◆ The judging staff consists of a referee and 3 judges.
- ◆ No points are awarded for specific interactions.
- ◆ Judges mark tallies during the match based on expert observation of significant exchanges.
- ◆ Judges score competitors after each round using a five-point system.

#### **Penalties:**

- ♦ For every warning, scorekeepers deduct a point from a competitor's score for each round.
- ◆ Competitors will be disqualified for committing three personal or technical violations, or one serious violation.
- ◆ Coaching is not permitted during the rounds.

# U S K S F

# FREE-STYLE TAIJIQUAN PUSH HANDS RULES

# 太極拳自由推手規則

#### 1. Competition Site and Accompanying Facilities

- ♦ A circle of between 12 and 15 feet in diameter should demarcate the effective competition arena. The line of demarcation should be of thickness 5 cm.
- ♦ All matches are conducted on an elimination basis. If there are only 3 competitors in a division, the matches are conducted on a round robin basis.

#### 2. Competition Rules and Regulations

- ◆ All participants are to adhere to the principles of sticking, connecting, adhering, following, overcoming force by yielding to it, and emphasizing technical finesse over force. Thus, competitors are only permitted to employ the orthodox Taijiquan techniques such as ward off, rollback, press, push, etc. that are congruent to the preceding principles mentioned to unbalance their respective opponents. No wrestling, punching, kicking, or vicious sweeping is allowed.
- ◆ Each match is divided into 3 rounds. Each round spans a duration of 2 minutes, accompanied by a rest of 1 minute after each round. The winner of each round is decided by the total points scored. A contestant who wins 2 rounds out of the 3 is the winner of the match.
- ♦ If there is an inconclusive verdict after 3 rounds, the referee is to declare a draw. One (1) sudden-death, overtime round will be conducted for 1 minute. The winner of this round will be declared the winner of the match. If there is still no conclusive verdict after the overtime round, the competitor with the least amount of fouls will be declared the winner. If there is still no conclusive verdict, judges will counsel and deliberate with the Arbitrator, and the final verdict will be declared on the effective use of Taiji pushing hands techniques of the contestants. The Chief Judge's decision is final.
- Upon entering the arena center, both parties are to cling their left palm lightly onto the right elbows of the respective parties, and their right forearm against each other near the wrist. Maintaining contact between upper limbs of both opponents throughout each round is a prerequisite to attacking or counterattacking.
- ♦ The release of strength must only be executed while contact with the body of the respective opponent is established. It is strictly prohibited to release strength through the employment of fists or the palm from a distance.
- ♦ If there is an injury to a competitor, up to a 5 minute injury time-out will be allowed. If the injured party cannot continue after the injury, then the other competitor will be declared the winner. Please note that a competitor will not be declared the winner if the injury was caused by an intentional foul (see Section 4 for further clarification).
- ♦ Free Style Pushing Hands event is for Advanced Taijiquan practitioners only.

#### 3. Scoring Criteria

- ◆ Points are awarded to the party who successfully renders the respective opponent unstable and staggered, semi-unbalanced, and/or fully unbalanced either inside or outside the circular competition boundary. This unbalancing of the opponent must progress from a Taijiquan technique. Muscular pushing and shoving will not be counted towards a contestant's score. The following points will be awarded:
  - a. 1 point: Off balance from a Taijiquan technique
  - b. 2 points: Discharge outside of the circle
  - c. 2 points: Off Balance with hand/knee touching the floor inside the circle
  - d. 3 points: Discharge outside of the circle with off-balance with hand/knee touching the floor
- ♦ When a foul is committed amidst unbalancing an opponent, no points will be awarded. Points may be deducted from the competitor committing the foul.
- Scoring Notes:
  - a. No point is awarded upon utter disregard for technique and blatant use of flagrant strength or employment of grappling or grasping to render an opponent out of bounds.
  - b. No point is awarded to the degeneration of the contest into a grappling or shoving match by both parties.
  - c. No point is awarded if a contestant pulls or drags an opponent to the ground while falling.
- Any competitors who do not use valid Taijiquan principles can be eliminated from the event.

# FREE-STYLE TAIJIQUAN PUSH HANDS RULES (CONT.)

#### 4. Fouls and Ensuing Penalties

- ♦ Surprise attacks or attacks launched without the establishment of prior contact with opponent.
- No attacks above the shoulder or below the waist are allowed.
- ◆ The employment of fingers or other similar extremities located on the upper arm to poke, jab, or stab any body part of the opponent.
- ♦ The employment of feet to tread or hook any body part of opponent.
- ◆ The employment of palms to choke or to push the opponent's neck or chin region.
- Hugging of the opponent's back, reaching under the opponent's armpit or over the side waist for more than 3 seconds.
- ◆ Clutching, grabbing, or pulling of clothes.
- ◆ Stirring up or lifting up the clothes of the opponent to induce bodily contact in a sweeping movement so as to provoke and aggravate the opponent.
- ◆ Clutching or grabbing the feet and legs of the opponent.
- Upon successful employment of the plucking technique, the participant must release the hold immediately after the technique is executed.
- Spitting and biting are strictly prohibited.
- No brutish employment of grappling or wrestling is condoned. Grappling or wrestling is deemed to have occurred when an arm or both arms are outstretched from the body rendering the contestant capable of hugging.
- Whenever an arm of a contestant is located beneath the armpit of the opponent for more than 3 seconds, and is rendered incapable of executing a valid Taijiquan technique, the contestant will be issued a warning.
- At the start of the competition, the palm/wrist of the contestant is only permitted to establish contact with the region spanning from the elbow to the fingertips of the forearm of the opponent in order to ensure strict adherence to the principles of sticking, connecting, adhering, and following.
- ◆ Do not lean the shoulders, head, or neck against the opponent.
- ♦ Flagrant disdain and disregard for techniques adhering to the principles and employment of illegal techniques will result in immediate disqualification and a suspension from the tournament event.
- The continuation of avoiding contact with the opponent for more than 10 seconds will result in a warning (1 point deduction after the 2nd warning).
- ◆ Foul Notes:
  - a. Verbal warning, no point will be deducted; 2nd warning, 1 point will be deducted.
  - b. Foul, 1 point will be deducted. 3 fouls will lead to an automatic disqualification.
  - c. Committing a serious foul may result in immediate disqualification.
  - d. In any match, the chief judge may declare the winner by prominent advantage when one party has outscored the other party by more than 15 points.
  - e. In any match, the chief judge may declare the loser when 6 points have been deducted from a contestant due to warnings/fouls.

#### 5. By-Laws

- In the event of any disagreement about the proceedings or verdict of the competition, the captain of the appealing team is to produce in writing an appeal document, and pay a deposit of U\$\$300 within 30 minutes of cessation of the respective match. For the final match, the time limit for appeal is reduced to 15 minutes. The appeal will be referred to the Arbitrator by the respective match referee. Should the appeal be deemed successful, the respective teams will be refunded U\$\$300. However, no refunds will be awarded for unsuccessful appeals. The Arbitrator's decision is final.
- ◆ This statute has been vetted and deemed effective by the technical committee. Should there be additions, deletions, amendments, or revisions, the effectiveness of the statute is still irrevocable.
- ◆ Competitors who maliciously hurt their opponents will be held liable for any damages or injuries.

# THE CHIEF REFEREE HAS FULL AUTHORITY TO STOP THE FIGHT AT ANY TIME FOR SAFETY OR ANY OTHER REASONS

# XING YI QUAN RULES (EMPTY HAND AND WEAPONS) 形意拳規則

#### **General Xing Yi Quan Principles:**

- ◆ Coordination in expression of the body and unison in movement
- ★ A sense of fully gathered internal energy without displaying external stiffness
- ◆ Each movement must have intention with the mind to control movement and energy
- ◆ The energy and techniques are accelerated toward and beyond an imaginary target.
- ◆ Usage of standard Xing Yi Quan principles (San Ti, 5 Elements, 12 Animals, etc.)

#### Time:

- ♦ Minimum Time 40 seconds
- ♦ Maximum Time 1 minute 30 seconds

#### **Scoring:**

◆ Competitors are scored on the effective demonstration of Xing Yi Quan principles.

#### **Criteria:**

- ◆ Knowledge of basic empty hand and/or weapons applications demonstrated.
- ◆ Correct postures and stances are evident.
- ♦ Hands and feet are coordinated.
- ◆ All movements are in balance while moving forward and backward.
- ♦ Body, footwork, and weight shift are coordinated with movements.
- ♦ Blocking and striking have smoothness and a sense of internal power.
- ◆ Internal martial spirit and freedom of expression are evident.
- ◆ Choreography and overall expression with Xing Yi characteristics are clearly demonstrated.

#### **Penalties:**

- ◆ There is a penalty of 0.1 for each increment of five seconds under time. Penalty to be applied by Chief Judge prior to announcing the final score.
- ◆ Individual Judges will not assess a penalty for time infractions.

# BA QUA ZHANG RULES (EMPTY HAND AND WEAPONS) 八卦掌規則

#### **General Ba Qua Zhang Principles:**

- ◆ Primary use of the palm instead of the fist is demonstrated.
- ◆ Walking the circle, turning and changing positions, forward and backward motion are utilized.
- ◆ Striking and evading are done in circular and straight movements.
- ◆ Turning and changing direction are done with hook step (kou bu) and swing step (bai bu).
- ◆ Changing steps with piercing, inserting, and changing palms is demonstrated.
- ◆ Posture is extended with hardness and softness combined.
- ◆ Body is filled with internal energy.
- ◆ Every change and transformation is executed with agility and guickness.
- ◆ The circular turning power is like the power of a fierce tornado.

#### Time:

- ♦ Minimum Time 1 minute
- ♦ Maximum Time 2 minutes 30 seconds

#### **Scoring:**

◆ Competitors are scored on the effective demonstration of Ba Qua Zhang principles.

#### **Judging Criteria:**

- ◆ Knowledge of basic empty hand or weapons application is evident.
- ◆ Correct postures and stances are demonstrated.
- ◆ Movement of hands and feet are coordinated.
- ◆ All movements are in balance while moving forward and backward.
- ◆ Body, footwork, and weight shift are coordinated with movements.
- ♦ Blocking and striking have smoothness and a sense of internal power.
- ◆ Internal martial spirit and freedom of expression are evident.
- ◆ Choreography and overall expression of Ba Qua Zhang characteristics are demonstrated.

#### **Penalties:**

- ◆ There is a penalty of 0.1 for each increment of five seconds under the required time. Penalty to be applied by Chief Judge prior to announcing the final score.
- ◆ Individual Judges will not assess a penalty for time infractions.

## **CHI SAO RULES**

### 黐手規則

#### **General:**

◆ Competitors will wear colored sashes (white & red).

#### **Skill Divisions:**

- ♦ If enough competitors are present, the events will be separated by skill levels. Otherwise, divisions will be combined by the tournament staff.
  - ◆ Intermediate (INT) less than three and a half (3.5) years experience
  - ◆ Advanced (ADV) over three and a half (3.5) years experience

#### Time:

- ♦ Three rounds of 1 minute (running time) with 30-second breaks between rounds.
- ♦ Winner must win two (2) rounds.
- ♦ If one competitor wins first two (2) rounds, the match is over.

#### **Required Equipment:**

- ◆ All competitors must provide their own headgear (facemask optional)
- ◆ All competitors are required to provide their own mouth guard and groin protector

#### **Optional Equipment:**

All competitors may provide their own chest protector

#### **Weight Classes:**

Weights are divided into male and female categories.

Category	Male
Light	Under 65kg (143.3 lbs)
Welter	Under 75kg (165.3 lbs)
Middle	Under 85kg (187.4 lbs)
Heavy	Over 85kg (187.5 lbs)

#### **Permitted techniques and Scoring:**

- Only clear techniques will score. Competitors can withdraw their hands to attack or neutralize an attack for no more than one (1) second. After one(1) second, the competitors will be restarted from the spot where they separated.
- Strikes are permitted throughout the area between the shoulders and the hips (front and back), but strikes to the spine are NOT permitted.

#### **Female**

Under 55kg (121.3 lbs) Under 64kg (141.1 lbs) Under 73kg (160.9lbs) Over 73kg (161 lbs)

- Attacking the head is limited to the use of the front section of the palm to strike the forehead and both cheeks. It is prohibited to use the fist, heel of the palm, or finger tips.
- Head Contact MUST be light contact. Excessive force is not a Chi Sao characteristic.
- Competitors are allowed to catch or sweep with the legs as long as they do not hit with them.
- Elbow techniques can be used in defense, but not for attacking.

#### **Scoring:**

- ◆ Strike to Torso 1 to 2 points
- ◆ Sweep of Legs 3 points
- ◆ Palm Strike to Head (ADV only) 3 points
- **◆ Trapping** (Loop-Sao) of Hands 4 points

#### **Prohibited Techniques and Fouls:** The referee may warn competitors before issuing a penalty.

- ◆ Excessive force in head contact is illegal.
- ◆ Strikes to the spine are strictly prohibited and may result in immediate disqualification.
- ◆ Competitors may not trap with any part of the body other than the hands.
- ◆ Strikes using the heel of the palm or fingertips are not permitted.
- ◆ Strikes with the knee or foot are not permitted.
- ◆ Competitors may not strike with the elbows.
- ♦ It is forbidden to strike both eyes, both ears, mouth, nose, temples, back of the head, throat, and neck. It is forbidden to strike in areas of the neck and below the hip (genitals, legs, etc.).
- ◆ Use of a damaging action intended to hurt the opponent is illegal.
- ◆ Any competitor who receives six (6) penalty points is immediately disqualified.
- ◆ The referee may issue immediate disqualification to any competitor if he/she feels the competitor is intentionally attacking with the intent of causing injury, or a rules infraction is deemed

- ◆ The center referee has full authority.
- ◆ Each formal penalty (publically issued by a referee) carries a point penalty based on the schedule below:
  - o Strikes with fists, elbows or grabbing the face:
    - 1st offense 1 point penalty
    - 2nd offense 2 point penalty
    - 3rd offense disqualification
  - o Strikes with elbows or grappling to the torso:
    - 1st offense 1 point penalty
    - 2nd offense 2 point penalty
      3rd offense disqualification
  - o Kicks to any area:
    - 1st offense 1 point penalty
    - 2nd offense 2 point penalty
    - 3rd offense disqualification
- ◆ Competitors cannot advance by causing an injury from which the injured cannot continue. Injured competitors must have approval from the medical staff and tournament staff to continue in competition.

# WING CHUN WOODEN DUMMY RULES 詠春木人椿規則

#### **General:**

- ◆ Although several styles of martial arts use the apparatus known as the Wooden Dummy (Mook), this competition is intended to display the concepts and techniques of Traditional Wing Chun.
- ◆ Competition for this event will be evaluated by three (3) scoring judges.

#### **Skill Divisions:**

- ◆ If enough competitors are present, the events will be separated by skill levels. Otherwise, divisions will be combined by the tournament staff. The skill levels will be defined as below.
- ◆ Intermediate (INT) less than three and a half (3.5) years experience
- ◆ Advanced (ADV) over three and a half (3.5) years experience

#### Time:

- ◆ Intermediate (INT) competitors must complete their competition in 2 minutes.
- ◆ Advanced (ADV) competitors must complete their competition in 2 minutes and 30 seconds (2.5 min).
- ◆ The Scorer's table will signal with a bell when 15 seconds remain before exceeding the allowable time.
- ◆ Where the divisions are combined, the competitor will not receive a time penalty for finishing within 2 minutes, but will receive a time penalty for exceeding the maximum time of 2 minutes and 30 seconds (2.5 min).

#### **Judging Criteria:**

- ◆ Judges will be looking for the application of Traditional Wing Chun attributes on the Wooden Dummy including but not limited to:
  - · structure during execution of techniques
  - · appropriate generation of power
  - suitable rhythm when executing sequences.
- ◆ The Chief Judge will take a 0.1 point deduction from the final score for exceeding the maximum time limit.
- Intermediate competitors shall perform the first 4 sections of the Wooden Dummy Form.
- ♦ Advanced competitors shall perform the complete set.

# KUO SHU LEI TAI RULES (FULL CONTACT FIGHTING) 擂台規則

- 1. Contestants will fight on a 24 square foot, two and one half foot high Lei Tai.
- 2. Competitors must use headgear, gloves, mouthpiece, and groin cup. Female competitors may also wear a chest protector.
- 3. Elimination rounds will be 1 1/2 minutes each. The final fight in each division will have 2 minute rounds. The victor must win two out of three rounds.

#### 4. Scoring:

- ◆ Contestant executes clear punch or kick 1 point.
- ◆ Contestant executes clear punch or kick that knocks opponent down 2 points.
- ♦ Without falling, contestant successfully throws opponent to the ground 2 points.
- ◆ Both falling during throw, contestant who lands on top 1 point.
- ◆ Contestant forces or throws opponent off Lei Tai 3 points.
- ◆ Through own error, contestant loses balance 1 point deduction.
- ◆ Contestant executes clear elbow/knee technique without holding 1 point.

#### 5. Penalties:

- ◆ Contact to the eyes, throat, back of the head, or groin is illegal. For female competitors, contact to the chest is also illegal.
- ◆ Techniques using the head are illegal.

#### **♦** Fouls:

- · First violation: 1 point deduction
- · Second violation: 3 point deduction
- · Third violation: disqualification

#### **◆ Technical Fouls:**

- · First violation: warning
- · Second violation: 1 point deduction
- · Third violation: disqualification
- **♦** Any serious foul will be grounds for immediate disqualification.
- ◆ Competitors who maliciously hurt their opponents will be held liable for any damages or injuries. The executive referee has full authority to stop the fight at any time for safety or any other reason.
- ◆ All rules are in accordance with The World Kuoshu Federation Rules.
- ◆ Any coach disputing the results of a match and wishing to have arbitration of a match for any reason must notify the chief referee verbally within 15 minutes of the match. The team coach must then file a written request for arbitration along with a \$300 arbitration fee to the tournament director within 30 minutes. If the arbitration is settled in favor of the arbitrating team, the fighter shall receive a refund of the arbitration fee; otherwise, no refund will be given.

Please note: ALL Lei Tai fighters must check in before 8:00 PM Friday, July 29, 2016, and must attend the rules meeting. We will not have time to explain the rules during the tournament.

## LEI TAI COMPETITION WEIGHT CLASSES

## 擂台比賽量級

#### Male

Light: under 60kg (132.3 lbs)

 Middle C:
 60.1 – 65kg (upper limit: 143.3 lbs)

 Middle B:
 65.1 – 70kg (upper limit: 154.3 lbs)

 Middle A:
 70.1 – 75kg (upper limit: 165.3 lbs)

 Heavy C:
 75.1 – 80kg (upper limit: 176.4 lbs)

 Heavy B:
 80.1 – 86kg (upper limit: 189.6 lbs)

 Heavy A:
 86.1 – 92kg (upper limit: 202.8 lbs)

 Super Heavy:
 92.1 – 98kg (upper limit: 216 lbs)

Infinite: over 98.1kg (216.2 lbs)

#### **Female**

Light: under 55kg (121.2 lbs)

Middle B: 55.1 – 60kg (upper limit: 132.3 lbs)
Middle A: 60.1 – 65kg (upper limit: 143.3 lbs)
Heavy B: 65.1 – 71kg (upper limit: 156.5 lbs)
Heavy A: 71.1 – 77kg (upper limit: 169.7 lbs)

Infinite: over 77.1kg (169.9 lbs)

<sup>\*</sup>Tournament organizers reserve the right to combine weight classes.





# Team Grand Champion will win The Wang Cheuh-Jen Cup

# **Team Trophy Points:**

1<sup>st</sup> place – 5 points

2<sup>nd</sup> place – 3 points

3<sup>rd</sup> place – 2 points

4th place – 1 point

Once again the USKSF is offering a special Youth Team Trophy this year!

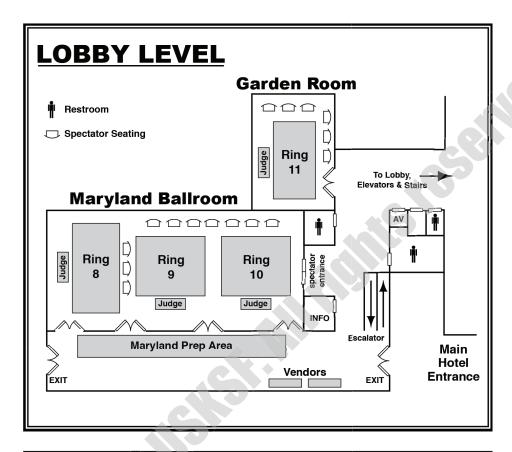
All youth competitor points (for competitors aged 17 and under) in advanced divisions will be compiled to count towards this exciting new award. All other competitor points in eligible divisions will still be applied to team totals for Forms, Lei Tai, and overall tournament team

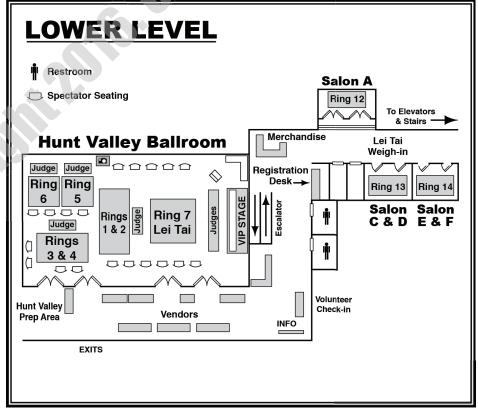
First through fourth place winners will be awarded a medal. Children's divisions will also be awarded medals for fifth through eighth place. In most advanced adult divisions, first through fourth place will also be awarded a certificate. Please pick up your certificate outside the main ballroom in the registration area.

A team trophy will be awarded for first through third place in Lei Tai fighting and in advanced Youth/Adult, Form/ Weapons divisions. For a division to qualif must contain competitors from three separate schools. The tournament committee reserves the right to combine or divide categories at any time.

THE SCHEDULE MAY CHANGE WITHOUT PRIOR NOTICE.

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Dear Grandmaster Huang Chien-Liang,

Congratulations on over 50 years of martial arts excellence!

We appreciate your steadfast efforts to promote Chinese Kuo Shu and hosting one of the premier Kuo Shu tournaments in the United States and around the World.



智勇誠仁

Respectfully, Master John Ozuna 李智全龍 & The K.O. Kung Fu Team



Tsiwen Law is the General Counsel of The United States Kuo Shu Federation and The World Kuo Shu Federation.

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## SPECIAL THANKS 特別感謝

## **Sponsorship Support**

Dr. Jiang Jing Sung Baek Dr. Authur Panella

### **Private Support**

The United States Kuo Shu Federation acknowledges the following contributors for their generous support of this organization and this tournament:

Richard Lee's East West Kung Fu, Dr. Wayne Hunt, Tsiwen & May Law

#### **Volunteer Support**

The USKSF thanks all tournament volunteers, who so generously gave their time and energy to make this event a success

#### **Special Thanks to:**

Gunther Charters and Tours (Hunt Valley Motor Coach), Richard Lee's East-West Kung Fu/Karate, U.S. Martial Arts Academy, Ltd., Timonium, U.S. Martial Arts and Fitness, Gaithersburg, U.S. Kuo Shu Academy and Grandmaster Calvin Chin's Martial Arts Academy.

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# Best of luck and a fair show

Gratitude and thanks to Grandmaster Huang, Chien-Liang and the USKSF



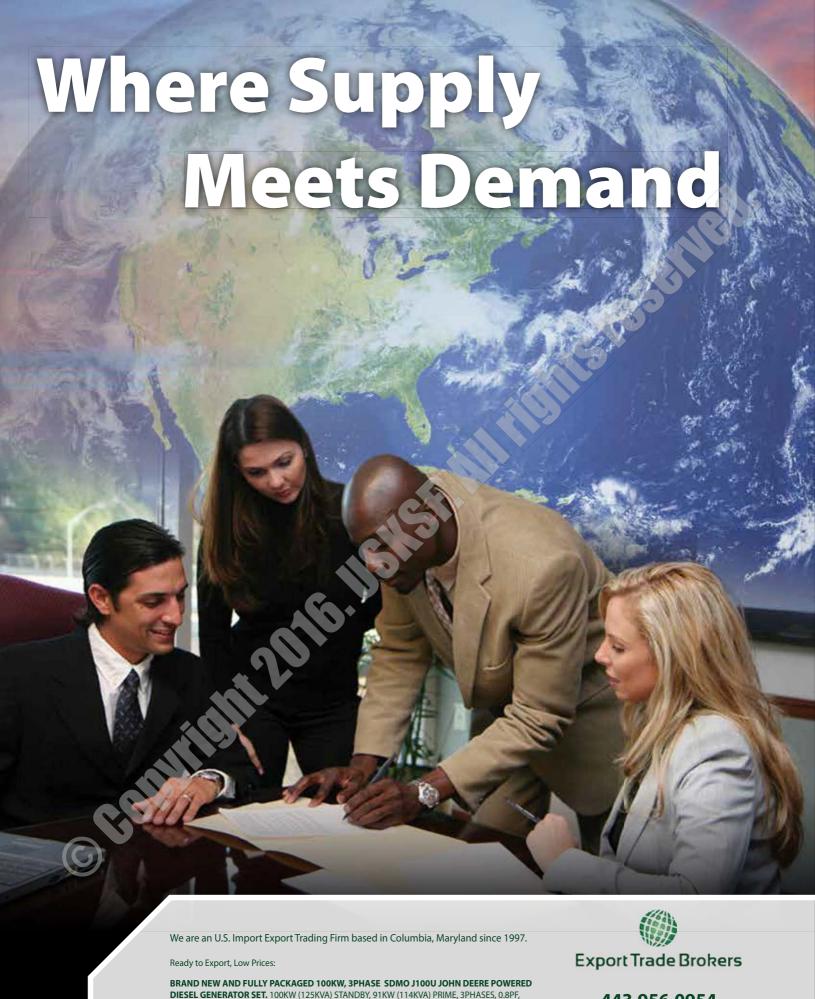


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