



美國國術總會 United States Kuo Shu Federation

President:
Grandmaster Huang, Chien-Liang

會長:
黃乾量

2026 LEI TAI (FULL CONTACT FIGHTING) PRE-PARTICIPATION HEALTH QUESTIONNAIRE

Part A: Health History Questionnaire – to be completed by competitor and reviewed with licensed MD or equivalent.

Part B: Physical Evaluation – to be completed by licensed provider with MD or equivalent.

Bring both completed forms to Lei Tai weigh-in on July 24, 2026 at the tournament site. Also bring the lab report demonstrating blood tests performed May 30, 2026 or later.

Questions regarding these forms or the Lei Tai competition may be sent to leitai@usksf.org

Part A: Health History Questionnaire (completed by competitor)
Document MUST be completed on or after May 30, 2026

Today's Date: _____

Competitor Name: _____ Sex assigned at birth: M F Age: _____

Date of Birth: _____ Country: _____

Emergency contact during competition: _____

Relationship: _____

Phone number of emergency contact during competition: _____

Please answer the following questions about your medical history. Explain all "yes" responses below.

Have you ever or do you currently have:

- | | | | |
|-------------------------------------------------------------------|---|---|---|
| 1. Restriction from sports for a health related problem? | Y | / | N |
| 2. A chronic or ongoing illness (such as diabetes or asthma)? | Y | / | N |
| 3. Surgeries or hospitalization? | Y | / | N |
| 4. Any medications that you take on a regular basis? | Y | / | N |
| 5. Any allergies to medications? | Y | / | N |
| 6. Seizures or head injuries? | Y | / | N |
| 7. Restrictions from sports for heart problems or a heart murmur? | Y | / | N |

Explain all "yes" answers to questions 1 - 7 here (attach extra pages, if required):

List all current medications here:



美國國術總會

United States Kuo Shu Federation

President:
Grandmaster Huang, Chien-Liang

會長:
黃乾量

I, _____ (print name) attest that I have completed the requested health history questionnaire thoroughly and truthfully to the best of my knowledge.

Furthermore, I understand and agree that participation in the 2026 Lei Tai full contact fighting event will require me to provide this questionnaire, and the results of a physical examination to the tournament staff. I release Huang Chien-Liang, The World Kuo Shu Federation Inc., the United States Kuo Shu Federation, Inc., their officials, agents, representatives, employees, and all other related members from liability due to any disclosure of my medical condition.

Competitor's signature

Date



美國國術總會

United States Kuo Shu Federation

President:
Grandmaster Huang, Chien-Liang

會長:
黃乾量

Part B: Physical Evaluation (completed by licensed MD or equivalent*) Document MUST be completed on or after May 30, 2026

Competitor's Name _____ Birth Date _____

Height _____ Weight _____ Pulse _____ Blood Pressure ____ / ____

Physical Examination

	Normal	Abnormal Findings
Head, Ears, Eyes, Nose, Throat (HEENT)		
Lungs		
Heart		
Abdomen		
Skin		
Musculoskeletal		
Neurologic		

Pertinent current medical conditions:

Medications:

* Licensed MD or equivalent:

This form must be completed by a licensed medical doctor (MD) or equivalent -- a nurse practitioner, a registered nurse, or a physician's assistant. License must be current.

We will not accept an evaluation form completed by acupuncturists, Oriental Medical Doctors (OMD), Traditional Chinese Medicine (TCM) doctors, dentists, oral surgeons, chiropractors, podiatrists, or other specialties that are not suited to evaluate fitness to compete in this event.



美國國術總會

United States Kuo Shu Federation

President:
Grandmaster Huang, Chien-Liang

會長:
黃乾量

HIV testing result:	Positive /	Negative	Date of test: _____
Core Hepatitis B Panel testing result:	Positive /	Negative	Date of test: _____
Hepatitis C testing result:	Positive /	Negative	Date of test: _____
Pregnancy test (women only) result:	Positive /	Negative	Date of test: _____

Notes:

1. All test results must be completed on or after May 30, 2026.
2. The Core Hepatitis B panel includes surface antigen, surface antibody, and core antibody tests. This test must be specified to your medical provider. Prior immunization for Hepatitis B and/or Hepatitis C will not be accepted as a substitute for current Hepatitis B and Hepatitis C test results.
3. No pregnant competitors will be permitted to compete in the Lei Tai full contact event.

Medical Clearance

I certify that on this date I have examined _____ (name of competitor) and, on the basis of the exam and the medical history furnished to me, I have found no reason that would make it medically inadvisable for him/her to compete in the Lei Tai full contact fighting event during the period of July 24 to 26 July 2026.

Medical examiner's name (print)

Medical examiner's signature

Date

Office name, address and phone number

Circle: Medical Doctor (MD) Nurse practitioner Registered nurse Physician's assistant

License Number: _____

Page 4 of 4