

# GRANDMASTER HUANG, CHIEN-LIANG

PRESENTS



HUNT VALLEY, MARYLAND  
**JULY 26-28, 2019**



**Co-Sponsored by:**

The International Contact Weapon Sport Federation  
The International Tien Shan Pai Association

**Sponsored by:**

The United States Kuo Shu Federation

**Sanctioned by:**

The World Kuo Shu Federation







**THE STUDENTS OF BOK FU DO  
WOULD LIKE TO THANK YOU,  
GRANDMASTER HUANG**

**FOR SHARING YOUR KNOWLEDGE AND  
WISDOM WITH US FOR MORE THAN 25 YEARS.  
THE SUCCESS WE HAVE HAD AT THE NATIONAL,  
INTERNATIONAL, AND WORLD LEVEL IS IN LARGE  
PART DUE TO YOUR TEACHING EFFORTS.**

# MESSAGE FROM THE PRESIDENT OF THE USKSF GRANDMASTER HUANG, CHIEN-LIANG



## 美國國術總會 United States Kuo Shu Federation

President:  
Grandmaster Huang, Chien-Liang

會長:  
黃乾量

On behalf of the United States Kuo Shu Federation (USKSF), I extend a warm welcome to all of you attending the 2019 US International Kuo Shu Championship Tournament. This event, sanctioned by The World Kuo Shu Federation, sponsored by the United States Kuo Shu Federation (USKSF), and co-sponsored by the International Contact Weapon Sport Federation (ICWSF), follows the success of last year's 6<sup>th</sup> World Kuo Shu Championship Tournament. This momentous occasion marked two significant milestones. It was the first TWKSF World Championship tournament to be held in the United States, as well as the 30<sup>th</sup> anniversary of the US International Kuo Shu Championship Tournament.

For more than 45 years, I have been promoting traditional Chinese martial arts, and it has been my pleasure to travel extensively throughout Asia, the Americas, and Europe. I am pleased to have the continuing opportunity to promote Kuo Shu and its benefits throughout the world by hosting activities such as this tournament. Once again, we are honored to host a representative from the White House, as we have done since 1994. I would also like to express my gratitude to the U.S. Congressmen, Senators, and Maryland State Senator, for their citations and greetings this year, as well as Maryland Governor Larry Hogan and Baltimore County Executive John Olszewski's declarations of this week as "U.S. International Kuo Shu Week." As a Federation, we sincerely appreciate your recognition and support.

Finally, my heartfelt thanks go to all of you: international and domestic teams, competitors, referees, judges, volunteers, and spectators, for your steadfast support for the last thirty years. Without your valuable contributions, this tournament could not be a success. It is because of your dedication to this competition that we are able to continue to provide the highest quality Kuo Shu tournament possible. I wish you all the best of luck, and thank you for your continued support in promoting peace and friendship through Kuo Shu.

Sincerely,

Grandmaster Huang, Chien-Liang  
President, USKSF

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P.O. Box 927 • Reisterstown, Maryland 21136-0927 USA  
Tel. (443) 394-9200 • Fax (443) 394-9202  
Website: [www.usksf.org](http://www.usksf.org) • E-mail: [gmhuang@usksf.org](mailto:gmhuang@usksf.org)



FROM THE PRESIDENT OF THE UNITED STATES







THE WHITE HOUSE

WASHINGTON

July 27, 2019

I send my greetings to those gathered in Hunt Valley, Maryland, to attend and compete in the 2019 United States International Kuo Shu Championship Tournament.

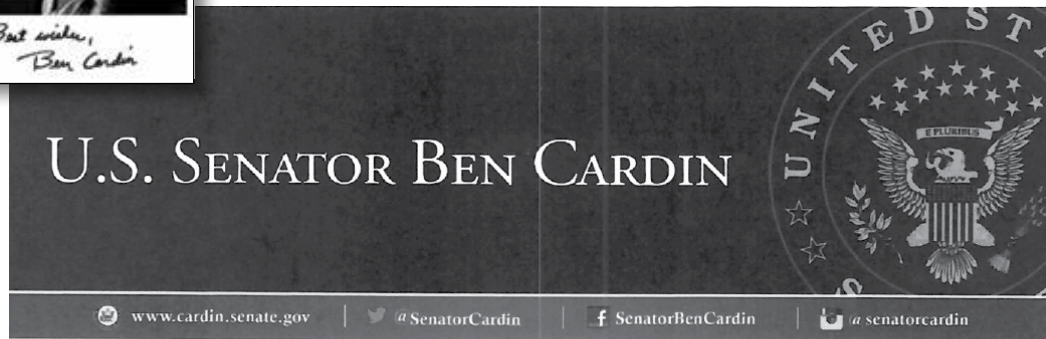
Sporting events like this competition help to foster a deeper appreciation of tradition and culture. This weekend's tournament brings together an elite field of participants from many nations, creeds, and backgrounds. These dedicated competitors have undergone years of training to reach this stage. As we celebrate their remarkable athleticism and toughness, we also celebrate the spirit of sportsmanship and the thrill of competition that unite us all.

Melania and I wish all of this year's competitors the best of luck and send our warmest wishes for a memorable event.

A large, stylized handwritten signature in black ink, likely belonging to Donald Trump, written across the page.



# FROM THE UNITED STATES SENATE



July 27, 2019

Dear Friends,

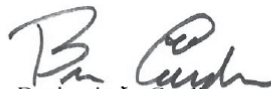
I would like to welcome everyone attending the 2019 United States International Kuo Shu (USKSF) Championship Tournament hosted in Hunt Valley, Maryland. This annual tournament draws thousands of participants from around the world to compete in the art of Kuo Shu while offering a wonderful opportunity to promote intercultural unity and cooperation.

For centuries, Kuo Shu has been a key component of China's history and culture. It has inspired generations of practitioners through its principles of peace, harmony, the health of the body and mind, and the benefits of physical fitness. Participants in today's tournament will have the opportunity to honor the unique history of Kuo Shu while training, competing, and taking part in Martial Arts. But most importantly, competitors will be able to build lasting relationships with Kuo Shu practitioners from all corners of the globe.

Thank you to the United States Kuo Shu Foundation and USKSF President Grandmaster Huang Chien-Liang for supporting Martial Arts in America. All of the world stands to benefit when we come together harmoniously to exchange culture.

Best wishes for a spirited competition.

Sincerely,

  
Benjamin L. Cardin  
United States Senator







*The Honorable Benjamin L. Cardin*  
*United States Senator*  
*Maryland*

## **Certificate of Special Recognition**

*Presented to*

*United States Kuo Shu*  
*Federation*

*In Honor of Your 2019*  
*U.S. International Kuo Shu*  
*Championship Tournament*

*July 27, 2019*

DATE

*Benjamin L. Cardin*

UNITED STATES SENATOR  
MARYLAND



# FROM THE UNITED STATES CONGRESS



C.A. DUTCH RUPPERSBERGER  
2ND DISTRICT, MARYLAND  
MEMBER OF CONGRESS



July 27, 2019

Grandmaster Huang Chien-Liang  
P.O. Box 927  
Randallstown, Maryland 21136-0927

Dear Grandmaster Huang Chien-Liang with best wishes:

It is my pleasure to welcome you and your tournament competitors and participants to the 2019 U.S. International Kuo Shu Championship Tournament. I offer my sincerest congratulations on your 46th anniversary of Kuo Shu instruction. I regret that I am unable to be with you today to enjoy what I am sure will be a wonderful occasion.

Every year, the U.S. Kuo Shu Federation hosts competitive events welcoming contestants from around the world to compete here in Hunt Valley, Maryland. As the Representative from Maryland's 2<sup>nd</sup> Congressional District, I appreciate all your organization is doing to promote friendship, physical fitness, peace and strength of character. These events mean a great deal to the citizens of Baltimore County and Maryland and we are proud to be your host.

Best wishes as you celebrate this auspicious occasion, and good luck to all of your participants.

Sincerely,

C.A. Dutch Ruppertsberger  
Member of Congress

Not Printed at Government Expense  
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# FROM THE OFFICE OF THE GOVERNOR OF MARYLAND



LARRY HOGAN  
GOVERNOR

## STATE OF MARYLAND OFFICE OF THE GOVERNOR



July 27, 2019  
International Kuo Shu Championship Tournament  
United States Kuo Shu Federation

### A Message from Governor Larry Hogan

Dear Friends:

Welcome to the International Kuo Shu Championship Tournament, hosted by the United States Kuo Shu Federation! I am delighted to provide this welcoming message to you on this exciting occasion.

The World Kuo Shu Championship Tournament brings together competitors from all across the United States and from around the world to compete in and celebrate the art of Chinese Kuo Shu, also known as Kung Fu. This tournament is not only an excellent opportunity for athletes to engage in healthy competition, but also a chance to develop friendships and promote physical fitness, self-discipline, and determination through the principles of Kuo Shu. On behalf of the State of Maryland, I wish all of the competitors the best of luck, and thank United States Kuo Shu Federation for making this innovative and impactful event possible.

Best wishes for a memorable tournament and for continued progress in the years to come.

Sincerely,

Larry Hogan  
Governor

STATE HOUSE, ANNAPOLIS, MARYLAND 21401  
(410) 974-3901 1-800-811-8336  
TTY USERS CALL VIA MD RELAY



# GOVERNOR'S PROCLAMATION



## Proclamation

*From the Governor of the State of Maryland*

**WORLD KUO SHU WEEK  
JULY 22 - 28, 2019**

- WHEREAS,** *The 2019 U.S. International Kuo Shu (Kung Fu) Championship Tournament will host competitors from around the world and across the United States; and*
- WHEREAS,** *This annual event brings competitors from great distances to participant in this important Tournament. The Tournament promotes friendship, physical fitness, peace and supports the principles of Chinese Kuo Shu, also known as Kung Fu; and*
- WHEREAS,** *The success of this Tournament has continued to grow under the leadership of Grandmaster Huang Chien-Liang; and*
- WHEREAS,** *Maryland is proud to honor and celebrate the efforts of the United States Chinese Kuo Shu Federation in welcoming all competitors and spectators who are participating in this important event.*
- NOW, THEREFORE, I, LAWRENCE J. HOGAN, JR., GOVERNOR OF THE STATE OF MARYLAND, do hereby proclaim JULY 22 - 28, 2019 as WORLD KUO SHU WEEK in Maryland and call upon the people of our state to join in supporting this observance.**



Given Under My Hand and the Great Seal of the State of Maryland,  
the 22nd day of July  
Two Thousand and nineteen

*Lawrence J. Hogan, Jr.*  
Governor

*Robert K. Lathrop*  
Lt. Governor

*John C. Womack*  
Secretary of State





# BALTIMORE COUNTY EXECUTIVE'S PROCLAMATION



## Proclamation

*DESIGNATING JULY 22 – 28, 2019*

### *U.S. INTERNATIONAL KUO SHU WEEK*

**WHEREAS**, Baltimore County will be hosting competitors from around the world and across the United States as part of the 31<sup>st</sup> Annual U. S. International Kuo Shu Championship Tournament; and

**WHEREAS**, these tournaments are not only about bringing together athletes and creating enjoyable competition, but also promote physical fitness, character, peace and friendship through the principles of the powerful sport that is Kuo Shu, also known as Kung Fu; and

**WHEREAS**, this week which honors the sport of Kuo Shu promises to be full of healthy competition and will teach valuable lessons about the art of Kuo Shu and the importance of the sport in Chinese history; and

**WHEREAS**, Baltimore County is very pleased to once again host this special tournament:

**NOW, THEREFORE, I**, John A. Olszewski, Jr., as County Executive of Baltimore County, do hereby proclaim July 22-28, 2019, as "**U.S. INTERNATIONAL KUO SHU WEEK**" in Baltimore County and do commend this observance to all citizens. Baltimore County invites its citizens to appreciate the art and athleticism that is part of Kuo Shu and wishes all participants an enjoyable and successful tournament.

**IN WITNESS WHEREOF**, I have hereunto set my hand and caused the Great Seal of Baltimore County to be affixed this twenty-second day of July in the year two thousand nineteen.

  
John A. Olszewski, Jr.  
County Executive



# FROM THE USKSF SENIOR ADVISOR



UNITED STATES KUO SHU FEDERATION

羅雷紫薇  
MAY LAW  
Senior Advisor

July 27, 2019

Grandmaster Chien-Liang Huang  
President, United States Kuo Shu Federation  
Chairman, The World Kuo Shu Federation

Dear Grandmaster Huang:

Congratulations in advance on the success of the 31<sup>st</sup> annual Kuo Shu Championship Tournament happening between July 27 and July 28, 2019. Under your leadership, all your tournaments are always run with precision and care.

Your martial arts accomplishments, from consistent work and energy, have achieved worldwide re-known. You have been the recipient of numerous governmental declarations of the "U.S. International Kuo Shu Week" for all your Kuo Shu tournaments.

For many decades, you have travelled to many countries to teach the principles of Kuo Shu and to train many students from other schools for the purpose of promoting Kuo Shu. Despite your world-wide reputation, you are a humble Grandmaster. For many decades, you emphasized the Martial Arts Ethics. You have trained many students from around the world, and you always served as the model for all of them to follow.

As always, you and your Tournament staff are to be commended for the exemplary success of the 2019 U.S. International Kuo Shu Championships Tournament.

Sincerely yours,

A handwritten signature in black ink, followed by a square red seal containing the Chinese characters '羅雷紫薇' (May Law).

May Law





# FROM THE USKSF GENERAL COUNSEL

## LAW & ASSOCIATES, L.L.C. ATTORNEYS AT LAW

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*Tsiwen M. Law*

*1617 John F. Kennedy Blvd  
Suite 650, One Penn Center  
Philadelphia, PA 19103  
(215) 751-0500  
(215) 751-0700 (Fax)*

July 27, 2019

Grandmaster Huang, Chien-Liang  
President, United States Kuo Shu Federation  
Chairman, The World Kuo Shu Federation

Dear Grandmaster Huang:

Congratulations on the enormous success of the 31<sup>st</sup> U.S. International Kuo Shu Championship Tournament on July 27-28, 2019 in Hunt Valley, Maryland. This thirty-first Kuo Shu Federation Tournament confirms the timeless commitment to your vision of a competent refereed and competitor credentialed system.

All coaches, martial artists, and spectators who come to compete or observe know that they can trust the qualifications of judges at this Tournament. Their continued attendance at the Kuo Shu Tournaments is testimony to your vision to assemble qualified judges for the highest quality competition. Judges and competitors will come from all corners of the U.S.A. and other countries. They can be assured that this Tournament values their trust in the judging process.

I wish all the best to the competitors.

Very truly yours,



Tsiwen Law, Esq.



**The USKSF has all the ways to connect you through social media.**

While you're at the tournament, make sure you



**Facebook: [facebook.com/usksf](https://facebook.com/usksf)**

**Twitter: [twitter.com/uskuoshu](https://twitter.com/uskuoshu)**

**Instagram: [@usksf](https://www.instagram.com/usksf)**

**Use any of these hashtags when you post:  
#kuoshu #usksf #uskuoshu #leitai**





# AWARDS

褒獎



Team Grand Champion will win  
**THE WANG CHEUH-JEN CUP**

## Team Trophy Points

Form	Lei Tai
1 <sup>st</sup> place – 5 points	1 <sup>st</sup> place – 7 points
2 <sup>nd</sup> place – 3 points	2 <sup>nd</sup> place – 5 points
3 <sup>rd</sup> place – 2 points	3 <sup>rd</sup> place – 3 points
4 <sup>th</sup> place – 1 point	4 <sup>th</sup> place – 2 points

All youth competitor points (for competitors aged 17 and under) in eligible advanced divisions will be compiled to count towards the Youth Team Trophy. All Adult competitor points in eligible divisions will be compiled to count towards the team trophies for Adult Forms and Weapons, Lei Tai, and Team Grand Champion.

First through fourth place winners will be awarded a medal. Children's divisions will also be awarded medals for fifth through eighth place. In most advanced adult divisions, first through fourth place will also be awarded a certificate. Please pick up your certificate outside the main ballroom in the registration area.

**CERTIFICATES WILL NOT BE MAILED.**

**A team trophy will be awarded for first through third place in Lei Tai fighting and in advanced Youth/Adult, Form/Weapons divisions. For a division to qualify, it must contain competitors from three separate schools. The tournament committee reserves the right to combine or divide categories at any time.**

**THIS SCHEDULE MAY CHANGE WITHOUT PRIOR NOTICE.**



# JOIN THE USKSF



## USKSF MEMBER BENEFITS

- May compete for a place on the US Kuo Shu National Team, which will attend the world Kuo Shu tournament and other international tournaments
- Apply for international rank certification through The World Kuo Shu Federation (TWKSF)
- Apply for Instructor certification through the USKSF
- Learn to referee Kuo Shu fighting (Lei Tai Fighting)
- Receive Kuo Shu Newsletters
- Receive free official USKSF patch or T-shirt
- Receive discounts on USKSF video tapes, seminars and tournament registrations

## ◆ CONTACT THE USKSF FOR DETAILS ◆

USKSF Headquarters  
President: Grandmaster Huang, Chien-Liang  
P.O. Box 927 • Reisterstown, Maryland 21136-0927, USA  
Tel: 443-394-9200 • Fax: 443-394-9202

**USKSF.ORG**





# WELCOME TO KUO SHU

The following 10 pages include a history of Kuo Shu and the USKSF, selected biographies, and lists of officials for the United States Kuo Shu Federation.





# WHAT IS KUO SHU?

In 1928, the Nationalist government of China established a Central Martial Arts Academy called the Chung Yang Kuo Shu Kuan. This Academy, in Nanking, China, was created to promote the health and improve the strength of the people. The name “Kuo Shu” literally means “national art” and recognizes the unique cultural nature of Chinese martial arts. Some of the best martial artists in China attended this exclusive school, as teachers or students. The academy operated on mainland China between 1928 and 1947, closing due to the civil war.

Today, when using the word Kuo Shu, it is synonymous with traditional Chinese martial arts, especially including self-defense and fighting. In the US today, Kuo Shu is also identified with a particular type of full contact fighting contest. Kuo Shu fighting is derived from an old Chinese tradition of constructing a raised platform (a “Lei Tai”) and challenging anyone to step forward and fight. Contests were conducted on a Lei Tai and did not include protective gear, rounds or weight limits. Recently, more emphasis has been placed on the safety of the competitors.

After the civil war in 1955, Taiwan reintroduced the traditional Kuo Shu Lei Tai full-contact fighting contests. In 1975, the Kuo Shu Federation of Taiwan, ROC sponsored the first World Kuo Shu Championship Tournament in Tainan City, Taiwan. In 1978, the World Organization of Chinese Kuo Shu Worldwide Promotion Association, of which Grandmaster Huang, Chien-Liang was one of the founding members, was formed. In 1986, the name was changed to the International Chinese Kuo Shu Federation (ICKF). In 1988, Grandmaster Huang sponsored his first Kuo Shu tournament including full-contact fighting in the United States. In 1991, he re-introduced the Lei Tai and created a standard 24 x 24-foot platform, raised 2-4 feet off the ground, without boxing style ropes.

In 2002, Grandmaster Huang founded The World Kuo Shu Federation (TWKSF) to continue to promote traditional Kuo Shu and its physical, mental, and ethical benefits, globally. The Federation is currently supported by over 80 different organizations, continues to provide International Referee Training, and has also established an International Kuo Shu ranking system to recognize achievements of Chinese martial artists worldwide. The World Kuo Shu Federation sanctioned the 6th World Championship Tournament in Maryland, United States.



# THE UNITED STATES KUO SHU FEDERATION

Kuo Shu, translated literally as “national art,” is part of Chinese cultural heritage promoting both a healthy body and a strong moral character. The United States Chinese Kuoshu Federation (USCKF), a non-profit organization, began sponsoring high quality martial arts tournaments in 1991. In 2006, the name was changed to the United States Kuo Shu Federation (USKSF). Kuo Shu, also known as “Kung Fu,” is the trademark of traditional Chinese Wu Shu (martial arts), and promotes friendship, unity, physical fitness, harmony, martial ethics, and peace around the world. In this age of both mental and physical wellness, the organization continues to grow, because Kuo Shu continues to appeal to individuals of all ages and cultures.

The Board of Directors of the USKSF represents martial arts organizations from around the United States. Through this national network, the international standards for judge, referee, and instructor certifications have been established, and a new ranking system was developed as well. As a member of The World Kuo Shu Federation, the USKSF ensures all standards are comparable in both organizations.

In the western hemisphere, the USKSF participates in the Pan-American Kuo Shu Federation, which holds tournaments throughout the Americas each year. These include the First Americas Cup International Kuo Shu Championship Tournament held in 1991, and the U.S. International Kuo Shu Championship Tournaments for the years 1994, 1996, 1998, and 2000 through 2018. The year 2000 marked a significant step forward for the USKSF when it established the Kuo Shu Hall of Fame (KHOF) as the cornerstone of the annual banquet which culminates each tournament. The KHOF is the USKSF's most prestigious award because it recognizes individuals for a lifetime dedicated to promoting Kuo Shu and martial ethics. The KHOF nominee must obtain two thirds of the votes of the KHOF Committee in order to be inducted. Additionally, the USKSF confers awards for competitors and a judge of the year, and also recognizes Kuo Shu contributors who help provide special support to the federation at the KHOF banquet. The USKSF marked the momentous 30th anniversary of its prestigious US International Kuo Shu Championship Tournament in 2018 with special Tien Shan Pai demonstrations, renowned lion dance teams, and a host of dignitaries who attended the opening ceremonies of this elite competition.

The growth of Kuo Shu in this region and worldwide would not have been possible without the efforts of Grandmaster Huang, Chien-Liang. He has devoted his professional life to Kuo Shu since his arrival in the United States in 1973. He founded, and is currently President of the USKSF, and also founded and is the Chairman of the World Kuo Shu Federation. He promotes and supports the study of Kuo Shu and martial ethics by conducting seminars worldwide, and has worked tirelessly to elevate the standards of Kuo Shu instruction, demonstrations and competitions. This dedication to the organization has been demonstrated by the expansion of the organization from an initial USKSF tournament of 102 competitors, to approximately 500 international participants who now travel to the United States to compete annually. Grandmaster Huang's commitment to humanity extends beyond the martial arts arena. He has organized demonstrations in order to raise funds for St. Jude's Children's Research Hospital, and victims of September 11th, among others, to accumulate over \$7,000 in donations. In April 2008, the USKSF sponsored a charity demonstration to celebrate Grandmaster Huang's 35 years of instruction in the U.S. and raised over \$4,000 for the Baltimore Children's Home. In honor of this event, several government officials sent their congratulations and good wishes, including former Baltimore City Mayor Sheila Dixon, who proclaimed April 26, 2008 “Grandmaster Huang, Chien-Liang's 35th Anniversary of Martial Arts Instruction in the U.S. Day” and former Baltimore County Executive James T. Smith, Jr, who proclaimed April 26, 2008 “Grandmaster Huang, Chien-Liang Day.” Former Mayor Sheila Dixon stated “...based on his tireless efforts promoting Chinese martial arts within the local community and the world we are proud to honor Grandmaster Huang on this special day....” Grandmaster Huang continued this tradition on his 40th anniversary of teaching Kuo Shu in the United States by hosting another charity demonstration. This special event raised over \$6,000 for the local “Sparks of Change” charity established in memory of Huang's late student, Daniel Siegel.

Recognition for Kuo Shu and this annual tournament is unprecedented in the history of Chinese martial arts in the United States. In addition to proclamations from such well-known local leaders such as former Governor Martin O'Malley, and former Governor Robert Ehrlich, Maryland State Senator Andrew Harris has participated in the tournament's Opening Ceremonies. In addition, since 1994, the White House has consistently sent an official representative to the tournament's opening ceremonies. This clearly demonstrates the impact this form of martial arts has continued to make in this country and throughout the world.



# Grandmaster Huang, Chien-Liang



- Founder and Chairman – The World Kuo Shu Federation (TWKSF)
- President – United States Kuo Shu Federation (USKSF)
- Grandmaster – 64th Generation, Tien Shan Pai
- Baltimore County Executive Ruppertsberger proclaimed April 26, 1998 “Huang, Chien-Liang Day”
- Maryland Governor Glendening proclaimed April 26, 1998 “GM. Huang, Chien-Liang Day”
- Inducted into the US Kuo Shu Hall of Fame (2000)
- Inducted into the Dong Han Taoist Sect Lifetime Achievement for Excellence (2006)
- Doctor of Philosophy –College of Advanced Education and Martial Arts
- Honorary President – International Song’s Xing Yi Quan association
- Honorary President – Hua Yue Xin Yi Liu He Ba Fa Yan Jiu Zong Hui
- Certified 10th Tuan by TWKSF

- Certified 10th Tuan by the World Traditional Martial Arts Union (WTMAU)
- Director & Chief Arbitrator – 7th World Kuo Shu Championship Tournament (Taiwan, ROC 1992)
- Head Coach of the United States National Kuo Shu Team (1986 – 2000)
- Sponsor – 6th TWKSF World Kuo Shu Championship Tournament (Hunt Valley, MD)
- Baltimore County Executive Kamenetz proclaimed April 26, 2013 “Huang, Chien-Liang Day”
- Adjunct College Professor in Tai Ji Quan (for over 25 Years)
- “One of the Most Influential Chinese Martial Arts Masters of the Past 30 Years” (Inside Kung Fu Magazine, 2003)
- “One of the Most Impactful Martial Artists in the 20th Century” (Inside Kung Fu Magazine, 1999)

Grandmaster Huang, Chien-Liang is a man of many talents, interests, and commitments. All of these focus on his devotion to the martial arts principles, philosophy and technique. He is a humanitarian dedicated to sharing his gifts with his students, colleagues and spectators.

Grandmaster Huang completed his academics by completing his college education, earning a B.S. degree from the National Chung Shing University, Taiwan, ROC. Since then, he developed his dedication for Kuo Shu and has trained in it for over 55 years and taught for more than 45 years. In his devotion to this doctrine, he founded and served as Chairman and first term President of the World Kuo Shu Federation, and, in 2006, was re-elected for a second term. He finished his second term in 2010 and currently serves as Chairman of the Board. He is also President of the United States Kuo Shu Federation, and in 2000, he was the first inductee into the Kuo Shu Hall of Fame.

Since 1988, Grandmaster Huang has promoted and sponsored numerous national and international Kuo Shu championship tournaments; from 1986 to 2000, he served as Head Coach of the United States Kuo Shu Team, which competed in the World Cup and other international tournaments. Grandmaster Huang has been called the “Maker of Champions” because of the many competitions his students have won in forms, weapons and full-contact Lei Tai fighting. In addition to his students winning World Lei Tai Championships, at the 2nd World Kuo Shu Federation Tournament (Singapore, 2006) and the 3rd World Kuo Shu Federation Tournament (Germany, 2009), his students also won Gold medals in Tai Ji Quan form, weapons, and Push Hands. Grandmaster Huang founded the US Kuo Shu Academy in Owings Mills, Maryland, USA, and teaches Tien Shan Pai Kung Fu, along with other Northern styles, as well as Tai Ji Quan, Xing Yi Quan, and Ba Qua Zhang. He was Director and Chief Arbitrator of the 7th World Cup Chinese Kuo Shu Championship in Taiwan. In July 2018, as Chairman of TWKSF, he sponsored the 6th TWKSF World Kuo Shu Championship Tournament at the Delta Marriott Hotel in Hunt Valley, Maryland.





Grandmaster Huang is the only full heir to the 63rd generation Tien Shan Pai Supreme Master Wang Chueh-Jen, “the Double Broadsword King of China”. As the outstanding supporter of Tien Shan Pai in the world, Grandmaster Huang has concentrated his efforts in the arena of the United States, Europe and South America. He is known internationally as “Kuo Shu World Bao Qing Tian”; China’s most famous judge, and is an international Kuo Shu Coach/Instructor and international Kuo Shu Referee “A”, the highest ranks, by the International Chinese Kuo Shu Federation (ICKF). In 2004, Grandmaster Huang received his 10th Tuan degree, the highest rank from TWKSF and was certified at the 10th Tuan level by the World Traditional Martial Arts Union.

Grandmaster Huang travels around the world teaching seminars on a variety of topics, including Dao Meditation, and he has produced videos on Tien Shan Pai, Qin Na, Tai Ji Quan, and Xing Yi Quan. He designs and implements instructor, judge and referee certification programs, and has also introduced a new grading and ranking system for TWKSF.

He has been an adjunct professor in Tai Ji Quan at the Community College of Baltimore County in Essex, Maryland for over 25 years, and formerly taught Tai Ji Quan at the Peabody Institute in Baltimore, Maryland. He has spent much time assisting in the training of Lei Tai full-contact fighters from the United States and other countries; these fighters have gone on to win full-contact competitions at national and international Kuo Shu tournaments, including the World Kuo Shu Tournament.

The list of accolades awarded Grandmaster Huang is quite extensive. His accomplishments have been acknowledged by many notable politicians, martial arts associations, magazines and television. He was named “One of the Most Influential Chinese Martial Arts Masters of the Past 30 Years” by Inside Kung Fu magazine, and was inducted into several different martial arts organization’s Halls of Fame. He has been named “One of the Greatest Impact Martial Artists of the 20th Century,” “Instructor of the Year,” and among “Famous Chinese People in the World” by RenMonRiBao, the Chinese people’s daily newspaper.

Grandmaster Huang has had television interviews in the United States and Spain, and in Paraguay and Brazil. He was on the news show PM Magazine in a feature on “Maker of Champions, Builder of Character.” In addition, he has performed in the United States, Europe, China and Taiwan.

Grandmaster Huang’s commitment and contributions to charity work have continued to serve and benefit people far beyond the martial arts community. He has supported many charitable events for organizations including the Muscular Dystrophy Walkathon, Pride of Baltimore II Rebuild, and The Johns Hopkins Children’s Center. In 1998, he performed Tien Shan Pai Kung Fu with his students to raise more than \$5,000 for the National Multiple Sclerosis Society. In November 2001, through a martial arts demonstration, Grandmaster Huang and his Kuo Shu team raised more than \$2,700 for victims of September 11, and in 2005 they conducted a fundraiser for St. Jude Children’s Research Hospital and raised more than \$4,000. In April 2008, the International Tien Shan Pai Association and the USKSF sponsored a charity demonstration to celebrate Grandmaster Huang’s 35 years of instruction in the US and raised over \$4,000 for the Baltimore Children’s Home. Most recently, over \$6,000 was raised for the local charity, “Sparks of Change,” during a demonstration to celebrate Grandmaster Huang’s 40 years of teaching in the US. Baltimore County Executive Kevin Kamenetz proclaimed April 26, 2013 as “Huang Chien Liang Day” to celebrate this achievement.

Locally, Grandmaster Huang has been invited to meet with many state and federal officials, including Robert L. Ehrlich (former Congressman and Governor), C.A. Dutch Ruppersberger (former Baltimore County Executive and current US Congressman), Andrew Harris (former State Senator and current US Congressman), and Parris Glendening (former Governor). He has received Certificates of Special Congressional Recognition from former US Senator Barbara Mikulski, US Congressman Ruppersberger, and then-Congressman Ehrlich; a Citizen Citation from former Baltimore Mayor Kurt Schmoke; County Executive Citations from Hayden, C.A. Dutch Ruppersberger, James T. Smith and Kevin Kamenetz; and Governor’s Citations from former Governors Glendening, Ehrlich, and O’Malley.

Grandmaster Huang was honored with a proclamation from the then-County Executive Ruppersberger, proclaiming “Huang Chien Liang Day” and a proclamation from then-Governor Glendening proclaiming April 26, 1998, as “Grandmaster Huang, Chien-Liang’s 25th Anniversary of Martial Arts Instruction in the US Day” for his unstinting promotion of Kuo Shu.

Former Baltimore City Mayor Sheila Dixon said “...based on his tireless efforts promoting Chinese martial arts within the local community and the world we are proud to honor Grandmaster Huang on this special day...”

Unquestionably, Grandmaster Huang’s commitment to excellence in the Chinese martial arts has earned him a place in the history of Martial Arts, not only for his innovations, but his caring and devotion to all people.





## Grandmaster Richard Lee

### Senior Vice President, United States Kuo Shu Federation

Grandmaster Richard Lee has been studying Oriental martial arts since 1953. 2018 marked his sixty-fifth year anniversary in the martial arts. He is the Founder of East West Kung Fu Schools and Chairman of the International Bok Fu Do Association. He was the first American born martial arts Master to travel to mainland China when it became legal to do so in the late 1970's. He has served as Senior Vice President of the USKSF since 1996 and was President of the TWKSF from 2010-2018. He was inducted into the prestigious USKSF Hall of Fame in 2001 and was an inaugural member of the TWKSF Hall of Fame in 2018. He has been a three-time United States Team Coach at the World Kuoshu Tournaments in 1975, 1992 and 1996. Grandmaster Lee is a 10th degree black belt in Chinese Kenpo, a 10th degree black sash through the World Kuo Shu Federation and now Senior Grandmaster of the Bok Fu Do system. In 2018 at the 6th TWKSF World Kuo Shu Tournament in Baltimore, Grandmaster Lee publicly promoted Master Buckley to Grandmaster status with his 8th degree promotion in the Bok Fu Do System. This marked a first in the history

of Bok Fu Do, as Buckley is the only student Grandmaster Lee has ever promoted to the rank of Grandmaster. For more information on Senior Grandmaster Lee and the Bok Fu Do system, please visit the website at [www.BokFuDo.com](http://www.BokFuDo.com).



## Grandmaster Calvin Chin

### Vice President, United States Kuo Shu Federation

Grandmaster Chin was a black belt in Uechi Ryu before he started training in 1971 with the late Kwong Tit-Fu, founder of Fu Hok Tai Hei Morn. This is a unique teaching approach incorporating the higher level theories of Hung Gar Tiger Crane, Wu style Tai Chi, and Mu Dong Yat Hei Ngm Hahng Morn. Each system is practiced individually, retaining its characteristics and integrity. In 1996, Grandmaster Chin established Calvin Chin's Martial Arts Academy in Newton, Massachusetts to continue his teacher's legacy. Grandmaster Chin was inducted into the US Kuo Shu Hall of Fame in 2009.



## Master Ian Chisholm

### Vice President, United States Kuo Shu Federation

Master Chisholm is a 65th Generation student of Tien Shan Pai and a direct disciple of Grandmaster Huang, Chien-Liang. He started his training with Grandmaster Huang in 1989 and, under Grandmaster Huang's supervision, has studied traditional Tien Shan Pai, including lei tai fighting, Qi Gong, Nei Gong, tie sha zhang (iron palm), cao long zhuang (grass dragon pole), and Qin Na, as well as Yang Style Tai Ji Quan. Master Chisholm is a 5th degree Black Sash in Tien Shan Pai under Grandmaster Huang and a 6th degree Black Sash under the certification standards of The World Kuo Shu Federation (TWKSF). He is also an internationally certified level A referee in accordance with TWKSF standards. Master Chisholm served as Director for the 2005 United States Chinese Kuo Shu Federation (USCKF) International Tournament and as Assistant Director for the USCKF tournaments in 1999 and 2001 through 2004. He also served as Director of the United States Kuo Shu Federation (USKSF) International Championship

Tournaments from 2012-2014. He was also the United States Kuo Shu Federation Secretary General from 2007-2015, and is now a USKSF Vice-President. Master Chisholm competed in USKSF events for many years and was a member of the United States national team at the 7th and 8th World Kuo Shu Championship tournaments, held in Taipei, Taiwan ROC in 1992 and 1996. In 1992, at the 7th World Kuo Shu Championships, he won 1st place in empty hand two person sets and 3rd place in weapon two person sets. In 1996, at the 8th World Kuo Shu Championships, he won 1st place in empty hand two person sets and 2nd place in weapon two person sets. Master Chisholm received the World Martial Arts Hall of Fame's "Outstanding Achievement of the Year" award with his induction into the hall in 1992 following his first world championship title in Taiwan. He has also been awarded Kuo Shu Medals A and B by the International Chinese Kuo Shu Federation. His first book, **Introduction to Tien Shan Pai**, which he co-authored with Grandmaster Huang, was released by Turtle Press in 2012. Having taught in Baltimore County Public Schools for twenty years, Master Chisholm was also named Baltimore County's Elementary Educator of the Year in 2003. He now works as a consulting teacher for Baltimore County, helping to train first year teachers in the system. He feels privileged and honored to be a student of Grandmaster Huang and strives to propagate Tien Shan Pai and help pass the torch to the next generation at the US Kuo Shu Academy in Owings Mills, Maryland.





## Grandmaster John Buckley

### Vice President, United States Kuo Shu Federation

Grandmaster John Buckley is the first disciple of Grandmaster Richard Lee and holds the rank of 7th degree black belt in Bok-Fu-Do. He is the President of East West Kung Fu Schools and the International Bok Fu Do Association, as well as the Vice President of the United States Chinese Kuo Shu Federation. He is a 7th Tuan and an International 'A' referee through The World Kuoshu Federation. Grandmaster Buckley also studies Tien Shan Pai under Grandmaster Huang and holds the rank of 2nd Tuan. He has represented the United States in International and World competitions including: The 7th and 8th World Kuoshu Championships held in the Republic of China (1992 and 1996), London (1996), Brazil (1995), and the 4th Asia Cup in Hong Kong (1991). Grandmaster Buckley

is a five-time United States team coach for the 1st, 2nd, 3rd, 4th and 5th TWKSF World Championships in Brazil (2003), Singapore (2006), Germany (2009), Malaysia (2012) and Argentina (2015). Grandmaster Buckley was voted as the USCKF Judge of the Year in 2006. For more information on Grandmaster Buckley and the Bok-Fu-Do System visit our website at [www.bokfudo.com](http://www.bokfudo.com).



## Master Michael Huang

### Assistant to the USKSF President / USKSF Director of Northern Style / USKSF Tournament General Manager

Master Michael Huang is a 65th generation disciple of Grandmaster Huang, Chien-Liang and has spent his entire life involved with the martial arts. He began his martial arts studies over thirty years ago, at the age of three-and-a-half, under the guidance of his father, Grandmaster Huang. He has studied Tien Shan Pai, including fighting techniques, traditional weapons, qi gong, nei gong, iron palm, grass dragon pole and qin na. He is one of only three people in the world to be recognized – by Grandmaster Huang – as a Master

in Tien Shan Pai kung fu. Although Master Huang started his martial arts journey in kung fu, he has also extensively studied Tai Ji Quan, Xing Yi Quan, Ba Gua Zhang and Daoist meditation. Through his studies of these internal arts, he has gained a deeper understanding and appreciation for the breadth and depth of Chinese Martial Arts. Master Huang is a 7th degree Black Sash in Tien Shan Pai kung fu under Grandmaster Huang and a 6th degree Black Sash under the ranking system of The World Kuo Shu Federation (TWKSF). He is also an internationally certified TWKSF level A Referee. Master Huang is a member of the USKSF Executive Committee.

At national and international tournaments, Master Huang has won numerous 1st place awards in events such as empty hand forms, weapon forms, two person forms, light contact and full contact Lei Tai (full contact) fighting. In 2001, Master Huang was awarded the USKSF Adult Male Competitor of the Year and, in 2010, was recognized as the USKSF Male Lei Tai Competitor of the Year. Master Huang was a member of the US national team for the 2009 World Kuo Shu Championship tournament (in Germany) and 2012 World Kuo Shu Championship Tournament (in Malaysia) where he placed 4th and 2nd, respectively, in full contact Lei Tai fighting. Master Huang has participated in martial arts demonstrations, which raised funds for St Jude's Children's Research Center, the Maryland Chapter of Multiple Sclerosis Society, September 11th Relief Efforts and many others. He has received several citations from government officials for his promotion of the Chinese Martial Arts. Master Huang is the head instructor for both locations of the US Kuo Shu Academy (Marriottsville, MD and Owings Mills, MD). With over twenty years of teaching experience, Master Huang is now focused on training and coaching the next generation of Chinese martial arts practitioners. Already, he has seen substantial results of efforts, in terms of quality of his students and the success of his students in competition and in life.



## Grandmaster Martin Sewer

### President, European Kuo Shu Federation

Martin Sewer began his martial arts career at the age of seven with Judo which he practised for over thirteen years. During that time he attended various courses ranging from educational issues to Kuatsu (Japanese first aid). He became a Judo instructor and soon discovered that he had pleasure working with people and conveying the various aspects in martial arts. He learnt from different Chinese Masters different styles like modern Wushu, Choy Lay Fat, Kong Style Tai Chi Chuan and Wu Family Hung Gar. Through a ten animal system he found his way to the original South-Shaolin Hung Gar Kung Fu by meeting his future master Grandmaster Dr. Chiu Chi Ling. Sifu Martin Sewer became a back-door (Yup Sut Dai Gee) disciple of Chiu Chi Ling. Sifu Martin Sewer practised with great enthusiasm and during a visit in Hong Kong in 1992 he was able to take the examination for master in presence

of his Sifu which he passed successfully. In the Year 1993 he opened the "Kung Fu School Martin Sewer" in Zürich where he personally ensures that his students learn traditional Hung Gar Kung Fu of very high quality. Today, Grandmaster Sewer is the official successor of Grandmaster Dr. Chiu Chi Ling.







## Master John R. Green

### Secretary General, United States Kuo Shu Federation

John Green is a 65th generation disciple of Tien Shan Pai Grandmaster Huang, Chien-Liang. He has studied the internal arts of Tai Ji Quan, Xing Yi Quan, and Ba Qua Zhang for over 20 years under the supervision of Grandmaster Huang. Master Green has placed 1st, 2nd, and 3rd in empty hand forms, weapons forms, and pushing hands at national and international Chinese martial arts tournaments. In 2006, he was awarded seven medals (4 gold, 2 silver, 1 bronze) and the title of World Champion at the 2nd World Kuo Shu Championship Tournament, held in Singapore. He has received numerous awards and citations for martial arts excellence, including twice recognized as the US Kuo Shu Federation (USKSF) Internal Arts Competitor of the Year (2002 and 2007) and Action Martial Arts Competitor of the Year in 2006. Master Green is a 6th degree Black Sash, a Certified Instructor 'A', and an Internationally Certified Level 'A' Referee under the standards of The World Kuo Shu Federation

(TWKSF). He has assisted in the organization of USKSF Tournaments since 1996, and has held various positions including Master of Ceremonies, Security Coordinator, Transportation Coordinator, Internal Floor Coordinator, and Assistant Tournament Director in 2007, 2009, 2010, 2012-2014 and 2018. He was the Tournament Director for the 2011, 2015 and 2016 USKSF International Kuo Shu Championship Tournaments. In 2009, he also served as the Chief Judge for Tai Ji Quan Form and Push Hands at the 3rd TWKSF World Tournament in Ulm, Germany. Master Green was also Assistant Tournament Director for the 6th TWKSF World Championship Tournament in Maryland, USA in 2018. He is currently the Secretary General for the USKSF and also published the 40th Anniversary Book, **Treasure of Kuo Shu**, for his Shi Ye, Grandmaster Huang, in 2013. Currently, Master Green is a Senior Instructor at Grandmaster Huang's US Kuo Shu Academy, Maryland. ([www.uskuoshuacademy.com](http://www.uskuoshuacademy.com)).



## Alyssa Bryan

### Deputy Secretary General, United States Kuo Shu Federation

Mrs. Bryan holds the Executive Committee position of Deputy Secretary General for both The United States Kuo Shu Federation, and The World Kuo Shu Federation and has been a key staff member and organizer of the USKSF International Kuo Shu Championship Tournaments since 1997. She has studied both internal and external martial arts directly with Grandmaster Huang, and was a Teaching Assistant at the US Kuo Shu Academy, in Owings Mills, MD. She was Program Director at US Martial Arts Academy, in Timonium, MD

for 2 years and co-owned Freedom Martial Arts & Wellness Center for 5 years. In recognition of her contributions to the Kuo Shu Federation, Alyssa has received a citation from the Mayor of Baltimore, several citations from Baltimore County Executives, and is a recipient of the "Kuo Shu B" medal for service and promotion of Kuo Shu. She assisted the organizers for the 2nd World Kuo Shu World Tournament in Singapore in 2006 and the 3rd World Kuo Shu World Tournament in Germany in 2009. Alyssa is a Reiki Master Teacher in both Usui and Karuna® styles, and a Photography Supervisor with Lifetouch Preschool Portraits.



## Grandmaster Steve L. Martin

### Chief Arbitrator, United States Kuo Shu Federation

Grandmaster Martin has studied the Martial Arts for 64 years. At 81 years of age, he holds Black Belt level rank in Judo, Master level rank in Okinawan Karate and Jiu-Jitsu, and has been the Disciple of White Crane Grandmaster W.S. Hung of Taiwan for more than 40 years. He is a retired serviceman, with more than 23 years of active service, two of which were spent in combat in Vietnam. He is also a certified New Jersey Educator, Chairman of the United Martial Arts Referees Association, President of the International Federation of Chinese Martial Arts, Member of the Executive Board of the US Chinese Kuo Shu Federation and Vice President of The World Kuo Shu Federation. He lived in Taiwan with his teacher for nine years, and in 1995 was awarded the official license and banner of the Taichung White Crane organization. Master Martin was inducted as the "Instructor of the Year" and Hall of Fame recipient by Inside Kung Fu Magazine for the year 2000. He was also awarded the "A" Kuo Shu Medal. Grandmaster Martin was inducted into the International Kuo Shu Chinese Martial Arts Federation "Hall of Fame" for the year 2002. He has frequently been featured on CTV television in Taiwan, and has had numerous articles published about him in "Wu-Lin" Martial Arts magazine in

Taiwan. Additionally, Grandmaster Martin was appointed "Chi-Kung Councilor" by the Taichung County Chi-Kung Association of Taichung, Taiwan in 2005, and in 2008 he was officially proclaimed an "Honorary Citizen" of Taichung, Taiwan for his more than 40 years of dedication to his teacher and promotion of the culture and martial arts of Taiwan. Grandmaster Martin was inducted into The World Kuo Shu Federation Hall of Fame in 2018.



# 2019 USKSF OFFICIALS

<b>President:</b>	Huang, Chien-Liang (MD)
<b>Senior Vice-President:</b>	Richard Lee (CA)
<b>Vice Presidents:</b>	John Buckley (CA), Calvin Chin (MA), Ian Chisholm (MD)
<b>Special Assistants to the President:</b>	Michael Huang (MD), Jonathan Miller (CA), Ken Saunders (MD)
<b>Senior Advisors:</b>	May Law (PA), Jiang Jing Sung Baek (WA)
<b>Advisors:</b>	Wai Hong Eng (NY), Pui Chan (FL), Dr. Wayne Hunt (MD), Ernest G. Lee (CA), John Leong (WA), Dr. Arthur Panella (CA), Mike Patterson (NV), Tai Yim (MD)
<b>Medical Advisors:</b>	Dr. Chandrasekharan Nair (MD), Dr. Steven Friedman (MD)
<b>General Counsel:</b>	Tsiwen Law (PA)
<b>Secretary General:</b>	John Green (MD)
<b>Deputy Secretary General:</b>	Alyssa Bryan (MD)
<b>Secretary:</b>	Peck Mun Lee (MD)
<b>Chief Arbitrator:</b>	Steve L. Martin (NJ)
<b>Referee General:</b>	Kevin Preston (PA)
<b>Deputy Referee General:</b>	Brandi Piacente (CA), Kimba Tieu (WI), Doug Moffett (VA)
<b>Director of Competition:</b>	Mike Pilachowski (MD)
<b>Deputy Director of Competition:</b>	Terri Dickson (MD)
<b>Director of Lei Tai:</b>	Ian Chisholm (MD)
<b>Deputy Director of Lei Tai:</b>	Jason Harris (MD)
<b>Director of Northern Style:</b>	Michael Huang (MD)
<b>Director of Southern Style:</b>	Judie Martin (PA)
<b>Director of Light Contact:</b>	Judie Martin (PA)
<b>Director of Internal:</b>	John Green (MD)
<b>Director of Ba Qua Zhang:</b>	Dug Corpolongo (NM)
<b>Director of Wing Chun:</b>	Shannon Moore (MD)
<b>Director of Merchandising:</b>	Boon See Nair (MD)
<b>Director of Hall of Fame:</b>	May Law (PA)
<b>Director of Equipment:</b>	Paul Jakubowski (MD)
<b>Director of Transportation:</b>	Nam Phamdo (MD)
<b>Director of Video:</b>	Maria Fiore (MD)
<b>Deputy Director of Video:</b>	Maricar Jakubowski (MD)
<b>Director of Photography:</b>	Dr. Wayne Hunt (MD)
<b>Director and Editor, Program Book</b>	Shelly Henriquez-Neill (MD)
<b>East Region Director:</b>	Bill Fong (NY)
<b>West Region Director:</b>	John Ozuna (CA)
<b>South Region Director:</b>	Dug Corpolongo (NM)
<b>North Region Director:</b>	Nelson Ferreira (WI)

## Members of the Executive Committee:

John Buckley (CA), Calvin Chin (MA), Ian Chisholm (MD), Dug Corpolongo (NM), Joe Dunphy (MD), Chris Facente (NC), Nelson Ferreira (WI), Bill Fong (NY), John Green (MD), Michael Huang (MD), Dr. Wayne Hunt (MD), Paul Jakubowski (MD), May Law (PA), Richard Lee (CA), Judie Martin (PA), Steve Martin (PA), Jonathan Miller (CA), John Ozuna (CA), Jonathan Pai (MD), Kevin Preston (PA), Ken Saunders (MD).





## Shi-Fu John Gafos Tournament Director

Shi-Fu John A. Gafos is a 65th Generation student of Tien Shan Pai and a direct disciple of Grandmaster Huang, Chien-Liang, with whom he has studied Tien Shan Pai Kung Fu and Tai Ji Quan for over 20 years. He started his direct training under Grandmaster Huang in 2002, after previously studying under Shi-Fu Robert Anderson, a direct disciple of Grandmaster Huang. He is a 4th degree Black Sash in Tien Shan Pai and a 4th degree Black Sash under the certification standards of The World Kuo Shu Federation. As a TWKSF International Referee 'A', Shi-Fu Gafos has performed the duties of Scoring Judge and Executive Referee at USKSF International Tournaments and the TWKSF 5th World Tournament held in Mendoza, Argentina in 2015. Shi-Fu Gafos has assisted in organizing USKSF tournaments and served as Assistant Director in 2015, Lei Tai Coordinator, Chief Coordinator, and has served as a Judge in multiple USKSF International Tournaments and TWKSF World Tournaments. As a member of the 2009 US National Team, Shi-Fu Gafos competed at the TWKSF 3rd World Tournament in Ulm, Germany. He was awarded 1st and 3rd in empty-hand and weapon forms, respectively, as well as being awarded Best Male Competitor for Internal Styles. In addition, Shi-Fu Gafos has assisted and trained with the Lei Tai Team for national, international and world tournaments. He has earned a bachelor's degree from Towson University, Maryland. He currently works as a Data Consultant and Group Lead for a global provider in Hunt Valley, Maryland.

Shi-Fu Gafos is currently a Senior Instructor at Grandmaster Huang's US Kuo Shu Academy in Owings Mills, Maryland, where he teaches the next generation of Tien Shan Pai students.



## Shi-Fu James Hesser Assistant Tournament Director

Shi Fu James Hesser is a 65th generation disciple of Grandmaster Huang, Chien-Liang and has been studying Tai Ji Quan, Ba Qua Zhang and Xing Yi Quan since 1995. He is a 3rd degree (Tuan) Black Sash under the certification standards of The World Kuo Shu Federation (TWKSF) and a USKSF certified judge. In recent years, Shi Fu Hesser has served as Volunteer Coordinator for the USKSF and TWKSF tournaments. A successful competitor for years on national and international levels, Shi Fu Hesser is a national form and push hands champion. He was the 2009 Internal Competitor of the Year at the US International Kuo Shu Championship, and was a nominee for the award again in 2010. In 2012, Shi Fu Hesser competed in the 4th TWKSF World Tournament in Malaysia, and medaled in several events including Tai Ji Quan Two-Person set, Tai Ji Jian (straight sword), and Xing Yi Quan. An artist and art

educator, Shi Fu Hesser is the Visual Arts Department Chair at Parkville High School in Baltimore County, MD. He holds a Bachelor of Science in Art Education from Towson University, and a Master of Arts in Art Education from the Maryland Institute College of Art.

Shi Fu Hesser is inspired by the study, application, and promotion of the internal arts as taught by Grandmaster Huang as a system of self-development - especially Tai Ji Quan and Daoist meditation.



## Shi-Fu Nam Phamdo Assistant Tournament Director

Nam Phamdo is a 65th generation disciple of Tien Shan Pai Grandmaster Huang, Chien-Liang. He has been studying directly under Grandmaster Huang on a consistent weekly basis since May 2010. His study includes the internal arts of Tai Ji Quan, Xing Yi Quan, Ba Gua Zhang and Tao Meditation. Throughout the years, Shi Fu Phamdo has supported his teacher in various capacities. He has been involved with the USKSF International Kuo Shu Championship Tournament as Director of Transportation, webmaster, volunteer, competitor, judge, and international referee. He has represented the United States of America as a competitor at the 4th, 5th, and 6th TWKSF World Tournaments

-- earning a total of 9 gold medals and 3 silver medals in form, weapon, and two-person set. He has participated in numerous martial arts demonstrations to promote Tien Shan Pai and to support charitable causes. In 2013, he served as the facility coordinator for Grandmaster Huang's 40th Anniversary Demonstration. In 2015, he served as the registration coordinator for the US National Team at the 5th TWKSF World Tournament in Mendoza, Argentina. For his contributions to Kuo Shu, Shi Fu Phamdo has received citations from Baltimore County Executive Kevin Kamenetz, US Congressman C.A. Dutch Ruppersberger, US Senator Benjamin L. Cardin, and TWKSF Chairman Huang, Chien-Liang. He is currently the head instructor of the APL Tai Chi Club at the Johns Hopkins University Applied Physics Laboratory and is a senior instructor at the US Kuo Shu Academy.



# THE TOURNAMENT STAFF

## **President**

Huang, Chien-Liang

## **USKSF Tournament General Manager**

Michael Huang

## **Tournament Director**

John Gafos

## **Assistant Directors**

James Hesser, Nam Phamdo

## **Referee General**

Ian Chisholm

## **Assistant Referee General**

Aimee Buckley

## **Chief Coordinator**

Ken Saunders

## **Director of Internal Events**

John Green

## **Director of External Events**

Paul Jakubowski

## **General Counsel**

Tsiwen M. Law

## **Advisors**

Jiang Jing Sung Baek, May Law

## **Medical Advisors**

Dr. Chandrasekharan Nair,  
Dr. Gary Vita

## **Arbitrators**

Richard Lee, Steve L. Martin, Augustin Ngu,  
Alex Czech

## **Director of Tournament Operations**

Alyssa Bryan

## **Floor Coordinators**

Jeff Zukor, Paul Jakubowski,  
J.D. Carr, Katie Rasinski

## **Referee in Chief, Lei Tai**

Brandi Piacente

## **Assistant Referee in Chief, Lei Tai**

Alex Czech

## **Tai Ji Quan Chief Judge**

Paul Ramos

## **External Chief Judge**

Steve L. Martin

## **Weapon Fighting Chief Judge**

Jiang Jing Sung Baek

## **Xing Yi Quan & Ba Qua Zhang Chief Judge**

Dug Corpolongo

## **Light Contact Chief Referee**

Judie Martin

## **Registration Coordinator**

Mike Pilachowski

## **Lei Tai Coordinator**

Ian Chisholm, Jason Harris

## **Lei Tai Prep Coordinators**

Rick Wheatley, Glen Parton

## **Volunteer Coordinators**

Jim Hesser, Tara Useller

## **Technical Coordinator**

Terri Dickson

## **Audio/Visual Coordinator**

Maricar Jakubowski

## **Ring Set-Up Coordinator**

Paul Jakubowski

## **Prep Area Coordinator**

Steve Hoffman, Katie Rasinski

## **Merchandise Coordinator**

Boon See Nair

## **Transportation Coordinators**

Nam Phamdo, Peck Mun Lee

## **Security Coordinators**

Robert Matteson, Robert Useller, Sr.

## **Program Book Staff**

Shelly Henriquez-Neill, Justin Weeber, Andria Yu

## **Seminar Coordinator**

Jeff Zukor

## **Vendor/Sponsorship Liaison**

John Green

## **Hospitality Coordinator**

Dierdre Gansley-Ortiz

## **Photography Director**

Dr. Wayne Hunt

## **Videography Directors**

Maricar Jakubowski

## **Master of Ceremonies**

John Green





# **THE 31ST U.S INTERNATIONAL KUO SHU CHAMPIONSHIP TOURNAMENT OPENING CEREMONY PROGRAM OF EVENTS**

**Opening Ceremony Start  
9:30A.M.**

**Procession of Tournament VIPs & Officials**

**United States National Anthem (all rise)**

**Opening Address by Grandmaster Huang, Chien-Liang  
Chairman of TWKSF and President of USKSF**

**Remarks by Government Representatives**

**Lion Dance Performance by  
Master Raymond Wong's Wong People Kung Fu Association**



**The USKSF has all the ways to connect you through social media.**

While you're at the tournament, make sure you



**Facebook: [facebook.com/usksf](https://facebook.com/usksf)**

**Twitter: [twitter.com/uskuoshu](https://twitter.com/uskuoshu)**

**Instagram: [@usksf](https://www.instagram.com/usksf)**

**Use any of these hashtags when you post:  
#kuoshu #usksf #uskuoshu #leitai**



# THE JUDGES



**Gabriel Amorim** - has been training Praying Mantis Seven Star since 1980 and teaches this style for more than 30 years. He is the owner of the TSKF Academia de Artes Marciais, which consists of 14 schools with more than 1000 students in Brazil. He has organized the Brazil International Kung Fu Championship Tournament for more than ten years. Has been participating as referee and team leader of the US International Kuo Shu Championship Tournament since 2004. Has been participating as referee and team leader in The World Kuo Shu Championship in 2003 Brazil, 2006 Singapore, 2009 Germany and Argentina 2015. In addition to Kung Fu Master is also an entrepreneur, writer and speaker. He was honored by São Paulo City Hall in 2003 and 2004.

**Sharif A. Bey** - began his martial arts training at age 5. He absorbed the Kuntao teachings of GGM Willem Reeders as taught by Ed Sealy, through his representative, Randy Elliott. Sifu Bey was introduced to and began informal training in Hung Ga in 1983, and finally meeting and following Grandmaster Frank Yee Chi Wai in 1989. Sifu Bey, through Syracuse Kung Fu, is the Upstate NY representative of Grandmaster Yee. His school also offers Gang Intervention, Court Advocacy and Conflict Resolution services to youth, Gang Intelligence training for youth professionals, and hand-to-hand combatives training for Law Enforcement. Accepted as an Inner Room disciple and inducted into the Governing Board of Yee's Hung Ga International Kung Fu Association in 2008, Sifu Bey continues to train, develop, teach, and lead the next generation of Hung Ga Kung Fu practitioners.



**David Block** - began his Martial Arts training in 1999 under Master Eric Sbarge at The Peaceful Dragon in Charlotte NC. Included in his training is Tai Chi, Ba Gua, Hsing I, Kenpo, Shuai Jiao and Shaolin Kung Fu. He has competed in many tournaments, including the Kuo Shu tournament in Baltimore, where he has gained much knowledge and many friends. As a certified instructor in the disciplines noted above, he has been teaching students at his school, The Phoenix and Dragon in Weddington NC since 2010.



**Aimee Buckley** - began studying Bok Fu Do in 1996 under Grandmaster Richard Lee. She is a third degree black belt in Bok Fu Do and holds her 3rd Tuan with the World Kuo Shu Federation. She is the current Deputy Referee General of the TWKSF, a certified International Referee A & is a four time World Tournament Executive Referee (2006, 2009, 2012 & 2015). She was a United States National team member for the full contact lei tai competition and represented the US at the World Tournament in 2003 in Brazil. Mrs. Buckley credits her success when working with special education students, as a credentialed special education teacher, with lessons she has learned through kung fu. "Kung Fu has enriched my life and made me a part of a very caring and respectful international community. For this, I will always be indebted and grateful."



**Gabe Chang** - is the first disciple of Master Joe Dunphy and 66th generation of Tien Shan Pai. Shi-Fu Chang has been with his teacher at US Martial Arts - Gaithersburg since 1997, and currently holds a 3rd degree black sash under Master Dunphy, and a 4th Tuan with The World Kuo Shu Federation. He is a multiple medalist in Xing Yi Quan in international competition, studied and has reached skillful proficiency in external kung fu styles - Tien Shan Pai, Northern Shaolin, Ba Chi, Praying Mantis, Sun Pin and internal styles - Xing Yi, Ba Qua, Tai Chi, meditation. Shi Fu Chang has received the Tien Shan Pai Spirit Award, Tien Shan Pai Instructor of the Year Award (2018), as well as certificate of Official Citation from the Senate of the State of Maryland for Kuo Shu. Shi-Fu Chang is a Certified Judge - Level A and certified International Referee with High Distinction - Level B at the United States Kuo Shu Federation.



**Matthew Creech** - is the head instructor at the Kings Mountain branch of the Kong Hoi Kung Fu Association. Sifu Creech became a black sash in the art of Lai Tung Pai under Sifu Anthony Stephenson and Sifu Chris Facente in 2013 and has had the privilege to study with Master Li Chi Keung and Grandmaster Kong Hoi. Sifu Creech has also studied various martial arts in the US and while living in Japan such as Capoeira, Judo, and Karate. Sifu Creech is a National A-level Judge and honored to judge at the tournament.

**Mai Du** - is 8th generation of the Wah Lum Tam Tui Northern Praying Mantis Kung Fu Style, and has been practicing kung fu for more than 22 years and teaching for more than 15 years under the instruction and guidance of Sifu Bob Rosen, Chief Instructor of the Wah Lum New England Headquarters in Boston and Grandmaster Chan Pui, founder of the Wah Lum System in the US. Sifu Du is one of the few female certified Wah Lum instructors and kung fu instructors in the Greater Boston Area. She has competed locally, nationally, and internationally, winning a gold medal in 1994 and silver and bronze medals in 1994 and 2001 in China. She has also judged at various international kung fu tournaments, including the International Kuo Shu Tournaments since 2003.



**Randy Elia** – Grandmaster Randy Elia has been studying Chinese martial arts for more than 45 years. He is the senior disciple of Grandmaster Peter Kwok, who began learning the secrets of the Shaolin monks at age 7 when he was living in China and subsequently spent 32 years learning their secret health methods. Master Elia also studied with Y.C. Chiang, Y.C. Wong, Adam Hsu, Lu De Xiu, Gao Xian, and Yang Fu Kui. He specializes in Northern Shaolin Chuan, Chin Na, Taijiquan, Baguazhang, and Xingyiquan and has studied Traditional Chinese Medicine, in addition to being a licensed massage therapist. He has been on national television, and is the author of a book entitled “Ancient Healing Teachings of the East.” Master Elia was inducted into the Martial Arts Hall of Fame in 2004 and was a past President of the Guang Ping Yang T'ai Chi Association. He owns and operates Peter Kwok's Kung Fu Academy in Westwood, New Jersey where he teaches the original authentic styles of Kung Fu.

**Kevin Else** – Kevin Else began his martial arts instruction in Aikido but was introduced to Yang Style Tai Chi by Coach Christopher Pei. After leaving Washington D.C., Kevin began studying internal martial arts with Master Li Pei Yun of Sewell, N.J. Kevin has been training with Master Li for over twenty years and has attained the rank of second degree blackbelt in Yang, Chen, and Sun Style Tai Chi and Hsing I. Kevin has competed in the United States, Hong Kong, and mainland China and won the Competitor of the Year – Internal Male award at the 2010 US International Kuo Shu Championship. His tournament record may be seen at <http://lipeiyun.com/kevin-else/>. Kevin continues to study the theory and practice

**Chris Facente** – has studied martial arts for over 30 years. Starting at the age of 14 in Kempo, he went on to achieve ranks in Judo and Shorin Ryu also. In 1990 Sifu Facente started with Master Chi Li Keung in the art of Lai Tung Pai. Sifu Facente has also had the honor of training with Master Li's teacher, Grandmaster Kong Hoi in Hong Kong, where he became a closed door student of the Grandmaster.

**Bill Fong** - began his formal training under Master Yee Chee Wai, Frank Yee, the Head of the Tang Fung Hung Ga System. He has been Deputy Secretary General, and 1st and 2nd Vice President of the United Kung Fu Federation, and he is currently the East Region Director for the USKSF. In 1998, the Eastern USA International Martial Arts Federation honored Shi-Fu Fong as National Instructor of the Year, as well as inducting him into their Hall of Fame.



**Ted Giantini Jr.** – is a 1st generation disciple under Master Kevin Preston in Hung Gar Kung Fu. He began his martial arts training in 1989 in Freestyle Karate after years of competing in scholastic wrestling. In 1991, after earning his black belt in Freestyle Karate, he began his training with Master Preston in Hung Gar. Since beginning his training in Hung Gar, Shifu Giantini has competed and medaled in Lei Tai Fighting and Shuai Jiao. Shifu Giantini has earned the rank of 3rd Tuan under Master Preston and his International Referee “B” from The World Kuo Shu Federation. In recent years, Ted has worked as both an amateur MMA referee and professional MMA judge for various organizations and Commissions up and down the East Coast.

**Billy Greer** – and his wife Nancy are the owners of the Jing Ying Institute of Kung Fu and Tai Chi. The school opened near Annapolis, Maryland in 2000. In 1973, Shifu Billy began studying folkstyle wrestling and was a team captain of his high school and college teams, winning several championships. In 1987 he began studying Tien Shan Pai Kung Fu and is an Indoor Disciple and lineage holder under Grandmaster Willy Lin. He is also an Indoor Disciple and lineage holder of Chen Style Tai Chi under Grandmaster Chen ZhengLei. Shifu Greer has won numerous medals in forms, weapons, sparring, tai chi and push hands in local, regional and national competitions including gold medals for advanced sparring and advanced Chen Style Tai Chi at the 2009 USAWKF National Championships. He has also judged at many tournaments in the region and was head judge of the Internal Division for the 30th Anniversary US Capitol Classics and China Open, and head judge for the 2014 USAWKF Traditional Team Trials.

**Eileen Hancock** – is the owner of Body Balance Academy in Northern California. Shih Fu Hancock is a world ranked Kung Fu and Tai Chi practitioner, International Champion, and 66th generation disciple to the Tien Shan Pai system. Shih Fu Hancock has been studying Kung Fu and Tai Chi for over 25 years and teaching for over 15 years. Her mission at Body Balance Academy, a traditional Tai Chi and Kung Fu school, is to preserve the Tien Shan Pai lineage and teach the ancient secrets for lifelong health, happiness and self defense.



**Paul Jakubowski** - has been studying Tien Shan Pai Kung Fu for the past 23 years, first under the direction of Diane Spoor and, since 1998, under Grandmaster Huang, Chien-Liang. Shi-Fu Jakubowski is a 65th generation disciple of Grandmaster Huang, and currently holds a 3rd degree black sash in that discipline. He is the co-owner and Head Instructor of US Martial Arts Academy, Ltd in Timonium MD, which he operates with his wife, Maricar Jakubowski, the school's co-owner and Director. Shi-Fu Jakubowski began teaching as an Assistant Instructor in 1999 and became the Head Instructor in 2004. He has been involved in the running of the USKSF tournaments since 1997 in a variety of capacities including: Ring Coordinator, Floor Coordinator, Adult Prep Area Coordinator, Security Coordinator & Assistant Director. Shi-Fu Jakubowski has been ranked as a 5th Tuan by The World Kuo Shu Federation and is a TWKSF Certified International Referee B.





**Rob Johnson** - a long time student and disciple of Sifu Joe Dunphy specializes in the internal side of the Tien Shan Pai system. He studies Ba Gua, Xing yi Chuan and both Chen and Yang styles of tai chi. On the external side Rob has a special affinity for Ba Ji and especially Sun Pin. Rob has studied under Sifu Dunphy for almost two decades and became a disciple on 6 August 2008. He wishes to thank Sifu Dunphy for his patient and expert instruction. A former competitor, he is now a Level "A" judge with USKSF. He has a B.A. from Wheeling Jesuit University in management and is self-employed as a commercial insurance and mortgage inspector.



**Hank Kadel** – recently celebrated his 35th year in martial arts with the last 20 years under the guidance of Master Level Eric Sbarge of the Peaceful Dragon of Charlotte, NC. Sifu Hank has a small kwoon "The Hall of the Eagle and Dragon" in York, SC and instructs in the arts of Tai Chi, Shao-lin, Kenpo, Baqua and Hsing-I and Shuai Chiao.

**Alexander King** - is a 19th generation disciple of the Wudang Longmen (Dragon Gate) lineage, under his teacher, Grand Master Liu Xiaoling. He lives and teaches in Washington DC at his school, DragonGateD.C., and continues to study with G.M. Liu Xiaoling. He has 20 years of dedicated practice in the internal arts of Xingyi Chuan, Bagua Zhang, Taiji chuan (Yang, Chen, Wudang) and Liuhe Bafa. Additionally, he trains and instructs in Shaolin Liuhe (Six harmony), Xin-yi, Tongbei, Bazi Gong and traditional weapons. Alexander is a three time USCKF grand champion of internal martial arts, a two time ICMAC internal grand champion, a four time Yang style Taiji chuan international gold medalist, a two time Xing-I international gold medalist and has won multiple national Taiji push hands titles. He currently judges at national and international tournaments world wide. He also holds a Master's of Science degree in Herbal Medicine from the Maryland University of Integrative Health and holds a 4th Duan issued by the Chinese Wushu Association and am a member of the Chinese Folk Wushu Exchange Association.



**Peck Mun Lee** - Shifu Peck Mun Lee is a 65th generation disciple of Tien Shan Pai Grandmaster Huang Chien-Liang. She has been studying the internal arts of Tai Chi, Xing Yi and Ba Qua under Grandmaster Huang since 2009 and is currently a Senior Instructor at the US Kuo Shu Academy in Maryland. Over the past decade, Shifu Lee has competed in multiple national and international Chinese martial arts tournaments and won 1st, 2nd and 3rd placings in Tai Chi, Xing Yi, Ba Qua and Pushing Hands events. She was awarded the USKSF Internal Competitor of the Year award 4 times. Shifu Lee also competed in 3 TWKSF World Kuo Shu Championship Tournaments and is a ?? time (how many gold medals have you won in total)? World Champion in the internal arts. She is a USKSF National Judge Level A and International Referee 'B'. Shifu Lee is currently a 2nd degree Black Sash under the certification standards of The World Kuo Shu Federation (TWKSF) and has assisted in the organization of USKSF Tournaments since 2015 as Transportation Coordinator.



**Sam Luna** - has studied Martial Arts from high school. Sam did his senior thesis on Lai Tung Pai Kung Fu and has studied the art extensively under Sifu Chris Facente and Master Li Keung. Sam traveled to Hong Kong in 2008 to study with Grandmaster Kong Hoi and teaches in the Raleigh area.



**Master Judie Martin** - A student of Fukien White Crane Chinese martial arts she has studied directly under the tutelage of Grandmaster S. L. Martin since 1988. She was the outstanding female competitor for the International Federation of Chinese Martial Arts organization for 21 consecutive years, and was the reigning top rated forms and weapons competitor in the United Martial Arts Referees Association sanctioned events from 1992 to 2008. Additional studies include Yang style Tai Chi Chuan, Southern Shaolin, Seven Star Praying Mantis and White Crane Chi Kung. Master Martin has also accompanied her teacher on nine trips to Taiwan, R.O.C. for personal study with White Crane grandmasters. She is also one of the leading talents on the prestigious Green Dragon Chinese martial arts school's international exhibition team. She is the director of the Green Dragon Exhibition Team, and a member and performer of the Taiwan Lion Dance team. Master Martin was appointed "martial arts coach" for the Taichung Tang Shou - Dao Shyue Dao Kwang Association, by Grandmaster Hung Wen Hsueh in July 2006. Master Martin is the Senior White Crane Disciple to Grandmaster S L Martin. In 2009, she received the United States Kuo Shu Federation Judge of the Year award and in 2011 was appointed Director of Light Contact and Southern

Shaolin. In July 2017 Master Martin was inducted into the United States Kuo Shu Hall of Fame. A graduate of the College of New Jersey, formally Trenton State College, she is certified in elementary education, special education and preschool handicapped. She is currently employed by the Bordentown Regional School District where she has served as a special education teacher since 1985. She is the recipient of the NJ Governor's Teacher of the Year award for Bordentown 2013





**Devlin McConagly** - Master Devlin McConagly began his martial arts training at the age of 7 under the instruction Grand Master S.L. Martin in the study of Taiwan Chung Kuo Chuan Kuoshu and this year will celebrate 20 years of active training in the art. He holds the rank of 4rd degree master level instructor at the Green Dragon Martial Arts School in Wrightstown, NJ and has made 5 cultural trips to Taiwan, R.O.C. representing his teacher and country. In 2015, Master McConagly was a member of the United States National Team for the World Kuo Shu Championships in Argentina, earning gold and silver medals in light contact sparring, open weapons and southern long-fist forms; helping the National Team take top overall honors. Master McConagly was a United States Kuo Shu Federation (USKFS) male competitor of the year nominee in 2016. Master McConagly is a National 'A' USKSF and International 'B' TWSKF referee. He is the Assistant NJ Director for the United Martial Arts Referee's Association, a multi-disciplinary organization dedicated to advancement of traditional martial arts through open competition and the exchange of information and was honored as the UMARA 'A' rated referee of the year in 2014 and 2018. As a TWKSF Executive Committee member, Master McConagly works to promote the virtues of the martial arts on a global stage and helps to lead TWKSF as the preeminent organization for Chinese Martial Arts worldwide and as the premier competitive platform for those who dedicate their lives to kuoshu.



**Mitch McKay** - is a 1st generation disciple of Grandmaster Richard Lee and holds the rank of 3rd degree black belt in Bok-Fu-Do. He is a 3rd Tuan and an International 'A' referee through The World Kuo Shu Federation. He has competed in full contact fighting and advanced forms divisions beginning in 1999. He is the Referee General of the International Bok Fu Do Association. He has been serving as a TWKSF Referee since 2008 and Executive Referee since 2011 at national and international tournaments including the World Tournament in Argentina (2015). For more information on Mitch McKay and the Bok-Fu-Do System visit our website at [www.bokfudo.com](http://www.bokfudo.com).



**Edward McKeown** - Ed is a Sifu associated with Chris Facente's Mint Hill Kung Fu School (aka Thundering wave in NC. He got into martial arts at an age many get out 35 and made his black sash in a style derived primarily from Li Kai though there were other influences. He taught at a community college until that program ended. Thereafter he studied Taekwondo before joining his old sparring partner Chris and studying Lai Tung Pai. He focuses on traditional weapons and sparring.

**Ralph Mitchell** - a practitioner of the martial arts for over 50 years, is a decorated Viet Nam combat veteran. He is a World rated Full Contact Fighter, having fought nationally and internationally in Thailand and Taiwan. Sifu Mitchell is a direct disciple of Grand Master Mark of the Jooklum Southern Praying Mantis System. His martial arts background includes Vee Jitsu, Judo, Western Boxing, Savate, the Philipino art of Kali, and is a Senior Full Instructor of Progressive Fighting System. Master Mitchell is an experienced judge and referee. His system incorporates the concept of cross training and provides a "trainer" for tournament competitions. This is in keeping with systems used in other disciplines and sports to maximize performance and minimize injury. He focuses on street survival techniques utilizing both eastern and western styles. His students are consistent winners in Kung-Fu, stick and knife, and mixed martial arts competitions. He has trained amateurs and professional fighters including UFC level competitors. Master Mitchell is a rare combination of teacher, healer, trainer, and coach who helps to build students into champions. Discipline, and respect are the foundations of Universal Defense System.



**Master Morgan Newman** - is a first generation disciple of Senior Grandmaster Richard Lee and holds the rank of 5th degree black belt in Bok-Fu-Do. She is a 5th Tuan and an International 'A' referee through The World Kuoshu Federation, as well as serving as the TWKSF Secretary General. She is the Vice President of East West Kung Fu Schools and the International Bok Fu Do Association. Master Newman is a three-time World Champion, placing 1st in the full contact lei tai division at the 1st, 2nd, and 3rd TWKSF World Championships held in Brazil (2003), Singapore (2006), and Germany (2009). She is also a three time USA Team Coach for the World Championships in Malaysia (2012), Argentina (2015) and United States (2018). She was selected as the United States Chinese Kuoshu Federation's Female Competitor of the Year in 2000. For more information on Master Newman and the Bok-Fu-Do System visit our website at [www.bokfudo.com](http://www.bokfudo.com).



**John Ozuna** - is a 1st generation disciple of Grandmaster Richard Lee and is a Master Black Belt in Bok Fu Do with over 30 years of experience. He has owned and operated KO Kung Fu-Karate in San Jose, CA since 1989. He is the West Region Director of the United States Kuo Shu Federation. He holds a 6th Tuan Red Sash and is an International Referee 'A' through the World Kuo Shu Federation. John has represented the United States in international and world competition in Spain at the European Cup in 1992, and at the 7th World Kuo Shu Championships in the R.O.C. in 1992. He is a two time Guinness World Record holder, for the Most Martial Arts Punches in 1 minute (713), and the Fastest Martial Arts Punch (43.3 MPH).

**Daniel Pasek** - has been a student of Chinese martial arts since 1979, and has judged forms and push-hands at tournaments since 1998. He studies primarily Chen and Yang styles of Taijiquan, including solo forms and exercises, application drills, two-person routines and sparring drills, and free play. His focus is currently on interactive work and weapons (including each of the 5 classical weapons of empty-hand, knife/saber, sword, staff, and spear). His teaching at his Entwined Dragons Taijiquan School in Pittsboro, North Carolina focuses on interactive practices, with and without weapons. He has authored numerous Taijiquan articles, primarily concerning principles and skills that are important for interactive work, which are posted online: <http://slantedflying.com/author/dpasek/>





**Frank Pfeiffer** -Master Frank Pfeiffer has been studying Taijiquan for more than 20 years. Master Frank not only received his Teacher Certification by Grandmaster William CC Chen, he also traveled to Taiwan and passed a rigorous examination in order to receive an internationally recognized Black Belt certification from IKFF-Taiwan. In 2015 he was bestowed the "Master" title from Grandmaster William CC Chen in New York City. From 2010 through 2015 he also studied under the late Master Luis Molera learning Taiji Fan, Staff, Broadsword and Qigong. His certifications include WCCCTCC Master Instructor and a Certified Black Belt in Kung Fu (International Kung Fu Federation—Taipei, Taiwan ROC - Taijiquan and Taijijian Forms), Master Frank Pfeiffer has received multiple Gold, Silver and Bronze medals in various national competitions spanning the last ten years. These were achieved in multiple Push Hands styles, Yang Style Forms, Beijing 24-style Taijiquan, and weapons Yang Style Sword, Taiji Fan and Taiji staff. In 2015 he became a USKSF Certified National Judge Level "A", and has been actively judging for USKSF since. He currently teaches Taiji classes both in New York City and on Long Island.

**Brandi Piacente** – is a 1st generation disciple of Grandmaster Richard Lee. She holds the rank of 3rd Degree Black Belt in Bok-Fu-Do System. Brandi became an International Certified Referee "A" for the World Kuo Shu Federation and refereed at the 1st and 2nd TWKSF Championships in Brazil (2003) and Singapore (2006). Brandi is the 1992 World Champion, placing 1st in the Full Contact Lei Tai division for the United States at the 7th World Kuo Shu Championships held in the Republic of China. She also won the 1st America's Cup in Baltimore in 1991, and represented the United States in international competition at the 4th Asia Cup in Hong Kong in 1991.



**Guy C Prentice** – has been practicing and teaching tai' chi ch'uan for 25 years and is the President and Director of the Rochester Tai' Chi Ch'uan Center, a 30 year old NYS education institution. He holds degrees in Business from the University of Rochester and an MBA from Carnegie-Mellon University. Since retiring from Xerox as a Program Manager after 38years of service, he is able to spend more time with tai' chi ch'uan and his new business as an International Product Broker. He was awarded a diploma and certification by Grand Master William C. C. Chen to teach Chen Man-Ching tai' chi ch'uan and by Master Y. W. Chang to teach Chen Pan-Ling tai' chi ch'uan. He is very interested in the health and longevity aspects of tai' chi ch'uan. As a Master Trainer for Dr. Paul Lam's Tai Chi for Arthritis, he travels throughout the US and Canada teaching and certifying tai chi trainers. He also teaches Tai Chi for Diabetes and Back Pain courses and several styles of tai' chi ch'uan among them are Yang, Sun, Chen Pan-Ling, 24 Forms and Sword and is a USCKF class B referee for Chinese martial arts.

**Michael Quach** – started studying martial arts in 1973. He has studied with Manuel Taningco since 1976, and was the Ohio States Amateur PKA Full contact Bantamweight Champion in 1981. In 1985, he was the World Shorin Ryu forms Grand champion and is a TWKSF International Certified Referee "B". In 1996, he became a 66th generation Tien Shan Pai disciple.



**Paul Ramos** - began his martial art training in 1971 studying Shorin Ryu Karate. By 1974 he added Olympic Swordplay and Tomiki Aikido to his training regimen. He was introduced to Tai Chi and Pushing Hands in 1979 and predominately trained in Shaolin Kung Fu, Tai Chi and swordplay for the next 14 years. During this time, he was 3 time Push Hands National Champion through the USMA Nationals as well as Push Hands Champion at the Kuo Shu Championships, NACMAF Championships, the USWKF Championships and other regional and National events. In 1993, Paul traveled to China where he became part of the traditional lineage from the Wudang Long Men Pai system. Under the supervision of GM Pei Xi Rong and ongoing training from Masters Liu Xiao Ling and Gao Tie Niao Paul intensely studied Xing-I Chuan, Bagua Zhang, and Liu He Ba Fa (Water Boxing). He started judging at regional, National and World Championship in 1992 and continues to judge in the US and abroad to this day. In 2010, Paul was honored as the first American to earn Master Status within the Wudang Long Men official lineage. He continues his training in internal Martial arts and Chinese Medicine.

**Eric Reiss** - began formal martial arts training in 1967 with the practice of Judo. In 1973, he began studying T'ai Chi Ch'uan under noted martial arts master, Dr. Marshall Ho'o. Shifu Reiss apprenticed and instructed under Dr. Ho'o's guidance for twelve years. In 1989, he tested and was certified as First Rank Instructor by the National T'ai Chi Ch'uan Association, Los Angeles, CA. In 1996, he was certified Sho-Dan (Black Belt, First Degree) in Neko Ryu Goshin Jitsu by Sensei Ernest Cates. Shifu Reiss has taught T'ai Chi Ch'uan in the Piedmont Region of North Carolina since 1989, and in 1999 founded the Silk Tiger School of T'ai Chi Ch'uan.





**Bob Rosen** - has been instructing in the Martial Arts since 1972. He is the Chief Instructor of the Wah Lum Kung Fu Athletic Association, New England Headquarters, established in 1984, in Boston's Chinatown. Master Rosen is certified as a 7th generation instructor in the Wah Lum System and has helped propagate the style in conjunction with Grandmaster Chan Pui since 1979. He traveled to China many times between 1986 and 2004 to demonstrate, compete and research other martial arts. In 1994 he won a Gold Medal in the Open Weapons division at the Beijing International Tournament and in 2001 he was the Senior Coach for the Wah Lum Team at the Shaolin Wushu competition in Zhengzhou, China, which won numerous awards. In 2013 Master Rosen was inducted into the Kuo Shu Hall of Fame for his contributions in promoting Chinese Martial Arts. He continues to coach many students who have been successful in fighting, forms, and weapons at local, national and international events, and has been a positive influence for individuals to be successful in their careers.



**James Rowan** - James has been training under GM Augustin Ngu at All Masters Martial Arts in Mississauga, Canada since 2001. Here he has learned Wing Chun, Northern Shaolin, and Cha Chuan – the latter of which being his current focus. He founded and/or managed several classes in the city's community recreational program, as well as at the Fo Guang Shan Buddhist Temple; classes which were eventually passed on to his own students. He has been named to Team Canada twice as a competitor and has served as a full contact coach and team captain at other World's events. He is a certified judge by Wushu Canada, The Kung Fu Canada Federation (KCF), and The USKSF, and was awarded his 3rd degree by the TWKSF in 2018. Currently, he serves as one of the lead Instructors at All Masters, as well as the Director of Communications for the KCF. He lives in downtown Toronto, where he hopes to one day help rebuild the fragmented community of Traditional Kung Fu practitioners.



**Michael Shaffer** - is a 1st generation disciple under Master Kevin Preston in Hung gar and Chi Gong, and began his training in martial art in 1985 in Isshinryu Karate. He is a member of the Buck Sam Kong Siu Lum Pai Association. Shifu Shaffer has judged at National and international level with the Kuo Shu Federation, and also competed in Shuai Jiao and forms, and has earned his 4th Tuan under Master Kevin Preston. He has also earned his 4th Tuan and his National A judging certificate with the Kuo Shu Federation.



**Norman Smith** - started his practice in martial arts in 1966 where he started his training in Japanese, Korean and Chinese arts. In Chinese martial arts, Master Smith studied Southern (Five Animals Five Family) & Northern Kung Fu (Tien Shan Pai), Wing Chun and Internal Arts such as Traditional Yang, Wu, Chen & Sun Style Tai Chi as well as Qi Gong for health. Master Smith promoted the "Martial Arts Extravaganza" 1989-1997 held in Philadelphia where he had an all Kung Fu exhibition with top Kung fu schools from all over the east coast area to share in his dream of martial arts schools demonstrating their skills to the public for Racial Harmony & benefit Women Organized Against Rape. In 1996, he helped sponsor "China's Wu-Shu Team Tour" from Beijing China. In 1998 he also Co-promoted and coached the American Kung Fu Team which was broadcasted on Comcast Cable (Best of the Best), an All Black Belt Martial Arts Competition and the Philadelphia 76ers Game, which featured the Shaolin Monks of China and World Top Martial Arts Competitors all over the world. Today Master Smith, who has taught many of the top Martial Artists Competitors in U.S in Both Full Contact Sparring and Forms Competitions, presently teaches at the Northern Shaolin Kung Fu and Tai Chi Academy in Audubon PA (Near Valley Forge) (Audubon Square Shopping Center). Master Smith is also the owner of Total Martial Art Supplies.

**Steve Smith** - started his Martial Arts training at Mint Hill Kung Fu School under Sifu Chris Facente and Master Li Keung. Steve has also studied Judo and Chi Kung for health. Steve has taken full advantage of the opportunity to study with Grandmaster Kong Hoi in Hong Kong on two separate trips. Steve also worked with local charities teaching disabled children in the Charlotte Area.



**Joilson Alvez De Souza** - has been training since 1975; he started training at Associação Shaolin de Kung-Fu the Mantis style. After four exhaustive years of training Shi-Fu Joilson followed his own independent way and knew some new masters that passed to him knowledge of different styles of Kung-Fu. Shi-Fu Joilson became a teacher even before being a master. He had the privilege of knowing Grandmaster Jeng Hor Yan that taught him Chinese Philosophy (TAO) and then he became a master for the Conederação Brasileira de Kung-Fu. After that he participated of several championships in Brazil, China, Spain, Portugal and USA. He was recognized as an International Master contributing to the development of Kung-Fu.





**Anthony Stephenson** - has over 30 years of total experience in the martial arts. In 1987, he started his training in Lai Tong Pai kung fu (Poon Kuen is the Sil Lum name given the style) and there he and his younger kung fu brother, Sifu Chris Facente, founded Mint Hill Kung Fu School under the direction of Master Li Chi Keung. By 1993, he became a closed-door disciple under Master Li Chi Keung and was promoted to the rank of Senior US Instructor (one of the first in the US) and was added to the Lineage of Lai Tong Pai. In June 2004, Sifu Stephenson traveled to Hong Kong to study Lai Tong Pai in depth, with the Grandmaster of the style, Kong Chui Hoi. There he received a certification awarding him the rank of International Instructor and the status of closed-door disciple under Kong Chui Hoi. In 2008, Sifu Stephenson returned to Hong Kong to further train with Grandmaster Kong Chui Hoi, where he was awarded, as one of the only two Sifu, the task of carrying on the lineage of the Lai Tong Pai style. In 2005, Sifu Stephenson was inducted into the US Martial Arts Hall of Fame and later held the Director position in NC for the International Martial Art Counsel. Sifu Stephenson is a Co-Founder and the current President of the Carolinas Association of Chinese Martial Arts Association (CACMA).



**Gwen Dale Taylor** – began her study of T'ai Chi Ch'uan in 2002 with Shi-Fu Eric Reiss at the Silk Tiger School in North Carolina. Currently, she has achieved the rank of Senior Instructor. She also studies interactive Taijiquan with Shi-Fu Daniel Pasek at Entwined Dragons School. After competing and medaling at the USKSF tournament, she completed training as a judge in order to express gratitude for her competition experiences, and to encourage up-coming martial artists. Ms. Taylor holds a masters degree in business administration, and is enrolled to represent taxpayers before the Internal Revenue Service.

**Othal Thomas** – started his Kung Fu training in 1974 at age 15, learning the basics of Jow Ga style along with fighting at his High School Martial Arts Club. After 3 years of training, Othal joined the Ro Jai Pai Style and began training under Shi-Fu Angelo Giboyeaux studying Fu Jow until 1985. He received a NG KUP Level Black Sash. That same year, Othal studied briefly with Tak Wah Eng and David Chin, senior brothers of Giboyeaux. In March of 1986, he began training in Seven Star Praying Mantis and Golden Lion Fist under Master Cheung Wah. Othal followed and later assisted his teacher for over 8 years, specializing in Lohan Kung and Short Hit. He received his authorization to teach in 1991.

**Kimba Tieu** - started his martial arts training at age 7, practicing judo for a short time. Eventually, he turned to Tae Kwon Do in 1986, devoting approximately 13 years to its study - while occasionally wrestling for his high school. In 2001, he joined ZYKFA and became a student of Bei Shaolin quan (northern Shaolin) under Shifu Nelson Ferreira. Kimba has competed in local, national, and international events and is currently the Lei Tai Team Coach. He has become champion in both the Taolu (forms) and Kuo Shu Lei Tai fighting. Kimba represented the US in the World Kuo Shu Championships held in Brazil (2003) and again in Singapore (2006) becoming a World Champion. Kimba is a Certified International A Level Referee through the TWKSF and is the Lei Tai Referee General for the USKSF North Region Tournament. He has been a referee/judge at the World Kuo Shu Championships in Malaysia (2012) and Argentina (2015), as well as the European Kuo Shu Cup in Germany (2017).

**Gary Torres** – As the most senior of Grandmaster Peter Kwok's students, Grandmaster Torres was both Kwok's most advanced and most dedicated, serving as Director of Peter Kwok's Kung Fu Academy for over 7 years, and as Chief Instructor for another seven. In 1982 Torres earned the ranking of 8th degree black belt, the only student to ever be ranked that high by Grandmaster Kwok. Dr. Torres is recognized by the World Head of Family Sokeship Council as the head of the Peter Kwok lineage, and as the highest ranking official of this lineage. Sigong Torres has been recognized for his extensive mastery of Shao Lin Quan, Tai Ji Quan, Xing Yi Quan, Ba Gua Zhang, and Qi Gong, a result of his knowledge and experience in Chinese Martial Arts amassed over the past 46 years. Torres has been teaching for over 44 years and has students recognized at the rank of both Master and Shifu. In addition to his martial development, he is winner of numerous tournament championships, has US Chinese Kuo Shu Federation International Tournament Referee A Certification, International Chinese Martial Arts Championships Judge and coaches World Title Martial Arts Champion Fighters. As the Director of Phoenix-Dragon Kung Fu Academy in Tampa, Florida, he is a frequent guest lecturer at major universities, and travels and teaches workshops and seminars across the country.

**Richard Towell** - has been training in the internal martial arts for 15 years under the tutelage of Master Eric Sbarge of the Peaceful Dragon in Charlotte N.C. Included in his training is Tai chi, Ba Gua, and Hsing-I.. He has completed in many tournaments including the Kuo Shu Tournament in Baltimore where he has gained a tremendous amount of knowledge and has made many friends. He is also a certified instructor in Tai Chi and Ba Gua





**Rengang Wang** - was the Senior student of Hao Wei Zhi, renowned Grandmaster of Hao-style Tai Chi Mei Hua Tonglong Quan (Plum Blossom Mantis fist). He was chosen as the fifth generation lineage holder by Grandmaster Hao when he became terminally ill, and became the first person outside of the Hao family to carry on the line. Later studied with Wang Xuan Jie, the very famous Grandmaster who was the senior student of the founder of Dachengquan, Grandmaster Wang Xiang Zhai. Three days before his death, Wang Xuan Jie chose Rengang Wang to become the third generation lineage holder and requested to bring this style to the United States for the first time. He immigrated to the United States in 2000 and was awarded a Green Card as an Alien of Extraordinary Ability. In 2001, he founded International Dachengdao and he currently spends his time promoting, teaching and researching Wushu.



**Martin Ware** – began his study of Tien Shan Pai Kung Fu in 1979 under Grandmaster Huang, Chien-Liang, 64th generation heir of the Tien Shan Pai System. On July 5, 1981, Mr. Ware became a 65th generation disciple under Grandmaster Huang, and in the presence of Supreme Master Wang, Chueh-Jen. He was one of the 1st Americans to be awarded this honor, and, at the age of 19, was the youngest disciple in his class. In 2002, Martin Ware was awarded a Kuo Shu Medal “B” by the ICKF. He has trained several international champions.



**Christopher Weeks** - is the main instructor at the Winston Salem branch of the Lung Chuan Fa (Dragon's Fist) school in North Carolina. Chris Weeks is trained under Master Doug Moffett and Grandmaster Steve Clark from 2001 on. Chris Weeks inherited the Winston Salem school after Shifu Moffett moved north. Chris was an avid competitor and is honored to judge at the tournament.



**Lucien Zoll** - began his martial arts studies with Grandmaster Kwong Tit-Fu in Boston's Chinatown in 1986, and, in 1996, Lucien assisted Kwong Tit-Fu's senior disciple and his present Shi-Fu, Calvin Chin, in opening Calvin Chin's Martial Arts Academy, in Newton, MA. Under Calvin Chin's guidance and teaching, he has competed and won numerous medals in southern empty hands, southern weapons, tai chi hand and weapon forms, and push hands in international competitions throughout the country. After 20 years of studying Hung-Gar and Wu style Tai Chi, Lucien Zoll enjoys assisting his Shi-Fu in the promotion of their Fu Hok Tai He Morn system through performances at community events, assistant teaching at his Shi-Fu's school, and by judging at various tournaments he once competed in.

## ADDITIONAL JUDGES

Jenny Barone, Phillip Behrns, W.C. Bey, Joseph Brendemuehl, R. David Chilcoat, Jason Field, Donald Harwood, Steven Hoffman, Darius Howard, Eric Kolaczyk, Jason Kooi, Pete Kreitchet, George Lu, Meghan Mannion-Gray, Jennie Mitchell, April Nordman, Ed Quach, Henry J. Schmidt III.

***Our program book ran on an earlier production schedule this year. We sincerely apologize for any biographies that were omitted due to submissions received after the release to production date.***

***The content listed here is provided by the participants. The USKSF can not verify any of the claims presented in the judge biographies.***





Congratulations Shi Ye on the  
2019 U.S. International Kuo Shu  
Championship Tournament.

Thank you for teaching us virtue, wisdom,  
humility and martial arts.

THE DISCIPLES OF GRANDMASTER HUANG, CHIEN LIANG



[www.tienshanpai.org](http://www.tienshanpai.org)



# THE INTERNATIONAL TIEN SHAN PAI ASSOCIATION



**The International Tien Shan Pai Association  
offers worldwide seminars,  
hosted by Grandmaster Huang, Chien-Liang,  
in Tien Shan Pai, Tai Ji Quan, Tai Ji Quan Free Fighting,  
Xing Yi Quan, Ba Qua Zhang, Qin Na, Iron Palm,  
Qi Gong, and Tao Meditation.**

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# THE LEGEND OF TIEN SHAN PAI



Tien Shan Pai Kung Fu originated in Xinjiang Province (新疆省) in Northwestern China. Legend has it that it was practiced by monks who lived in a temple nestled among the snow-capped peaks of the Tien Shan (天山) mountains. As the story goes, a young herdsman who was searching for lost animals wandered too far from home. The grasslands he knew so well suddenly looked unfamiliar and he realized he was lost. Noticing an old monk with a long white beard approaching nearby, the boy stopped him and asked for directions. When he returned to his village, the boy told his mother about the old monk. She replied he had met “Tien Shan Lao Ren” (天山老人), a monk who was noted for his martial arts skills. The mother encouraged her son to find the monk and learn his Kung Fu secret.

The young boy set out to find the old monk. His quest carried him deep into the mountains. He searched for mile after mile, but could not find the old monk. At the point of physical exhaustion, the young boy stopped at a nearby stream to quench his thirst. While kneeling by the stream, he saw the reflection of a beautiful temple nestled in a snow-capped mountain. Sensing he was close, the young boy hastened onward.

After a long trek into the mountains, the boy finally arrived at the temple. However, his hopes were dashed when the monk refused to accept him as a disciple. They were not permitted to teach outsiders, the monk explained. But instead of going home as they suggested, the boy knelt in the snow outside the temple doors, refusing to leave until the old monk would agree to teach him. On the second morning, he was discovered lying unconscious from the cold and was taken into the temple.

Seeing his determination, the old monk reconsidered. Tien Shan Lao Ren decided to teach the boy, whom he nicknamed “Hong Yun” (紅雲), or “Red Cloud,” because of the mist that rose from his bleeding knees when he was discovered outside of the temple. He stayed in the temple until he grew to manhood, and when he left, he eagerly passed on his skill to other dedicated students. Hong Yun Zu Shi (紅雲祖師), as the first to teach the monks martial artistry to the outside world, is regarded as the founder of Tien Shan Pai (天山派).



# 2019 TOURNAMENT

## SATURDAY

OPENING CEREMONY STARTS AT 9:30 A.M.

1 Adult Adv - Form - Kung Fu Northern Men  
2 Adult Adv - Form - Kung Fu Northern Women  
3 Adult Adv - Form - Kung Fu Southern Women  
4 Adult Adv - Form - Kung Fu Southern Short Hand Men  
5 Adult Adv - Form - Kung Fu Southern Long Fist Men  
8 Adult Int - Form - Kung Fu Southern Women  
9 Adult Int - Form - Kung Fu Southern Short Hand Men  
10 Adult Int - Form - Kung Fu Southern Long Fist Men  
13 Adult Beg - Form - Kung Fu Southern - Women  
14 Adult Beg - Form - Kung Fu Southern Short Hand - Men  
15 Adult Beg - Form - Kung Fu Southern Long Fist - Men  
24 Adult Adv - Traditional Northern Wushu Form - Men/Women  
25 Adult Adv - Wushu Chang Quan Form - Men/Women  
26 Adult Adv - Wushu Nan Quan Form - Men/Women  
27  
Adult Beg/Int - Traditional Northern Wushu Form - Men/Women  
28 Adult Beg/Int - Wushu Chang Quan Form - Men/Women  
29 Adult Beg/Int - Wushu Nan Quan Form - Men/Women  
43 Adult Adv - Weapon - Staff Men  
44 Adult Adv - Weapon - Spear Men  
45 Adult Adv - Weapon - Broadsword Men  
46 Adult Adv - Weapon - Straight Sword Men  
47 Adult Adv - Other Weapon - Men  
48 Adult Adv - Southern Long Weapon - Men  
49 Adult Adv - Southern Short Weapon - Men  
50 Adult Adv - Long Weapon - Women  
51 Adult Adv - Short Weapon - Women  
52 Adult Adv - Other Weapon - Women  
62 Adult Adv - Wushu Long Weapon - Men/Women  
63 Adult Adv - Wushu Short Weapon - Men/Women  
64 Adult Adv - Wushu Other Weapon - Men/Women  
76 Adult Adv - Light Contact Sparring - Men > 200 lbs  
77 Adult Adv - Light Contact Sparring - Men 160.1 to 200 lbs  
78 Adult Adv - Light Contact Sparring - Men < 160 lbs  
79 Adult Adv - Light Contact Sparring - Women  
90 Adult - Full Contact Long Weapon Free Fighting - Men  
91 Adult - Full Contact Long Weapon Free Fighting - Women  
Event # Saturday Event Description  
92 Adult - Full Contact Short Weapon Free Fighting - Men  
93 Adult - Full Contact Short Weapon Free Fighting - Women  
118 Adult Adv - Tai Ji - Yang Style Form - Men  
119 Adult Adv - Tai Ji - Yang Style Form - Women  
120 Adult Adv - Tai Ji - Chen Style Form - Men  
121 Adult Adv - Tai Ji - Chen Style Form - Women  
122 Adult Adv - Tai Ji - Cheng Man Ching Form - Men/Women  
123 Adult Adv - Tai Ji - Other Style Form - Men  
124 Adult Adv - Tai Ji - Other Style Form - Women  
125 Adult Int - Tai Ji - Yang Style Form - Men  
126 Adult Int - Tai Ji - Yang Style Form - Women  
127 Adult Int - Tai Ji - Chen Style Form - Men/Women  
128 Adult Int - Tai Ji - Cheng Man Ching Form - Men/Women  
129 Adult Int - Tai Ji - Other Style Form - Men  
130 Adult Int - Tai Ji - Other Style Form - Women  
131 Adult Beg - Tai Ji - Yang Style Form - Men/Women  
132 Adult Beg - Tai Ji - Other Style Form - Men/Women  
133 Adult - Tai Ji Form (All Styles) - Men/Women 50 yrs & over  
134 Youth - Tai Ji Form (All Styles) - Boy 13-17 yrs  
135 Youth - Tai Ji Form (All Styles) - Girl 13-17 yrs  
142 Adult Adv - Tai Ji Straight Sword - Men  
143 Adult Adv - Tai Ji Straight Sword - Women  
144 Adult Adv - Tai Ji Other Weapon - Men  
145 Adult Adv - Tai Ji Other Weapon - Women  
146 Adult Int - Tai Ji Weapon - Men  
147 Adult Int - Tai Ji Weapon - Women  
148 Adult Beg - Tai Ji Weapon - Men/Women  
151 Adult - Tai Ji Two-Man Set  
159 Youth Adv - Wushu Chang Quan Form - B/G 15-17 yrs  
160 Youth Adv - Wushu Nan Quan Form - B/G 15-17 yrs  
161 Youth Beg/Int - Wushu Chang Quan Form - B/G 15-17 yrs  
162 Youth Beg/Int - Wushu Nan Quan Form - B/G 15-17 yrs  
172 Youth - Wushu Long Weapon - B/G 15-17 yrs  
173 Youth - Wushu Short Weapon - B/G 15-17 yrs  
180 Youth Adv - Wushu Chang Quan Form - B/G 13-14 yrs  
181 Youth Adv - Wushu Nan Quan Form - B/G 13-14 yrs  
182 Youth Beg/Int - Wushu Chang Quan Form - B/G 13-14 yrs  
183 Youth Beg/Int - Wushu Nan Quan Form - B/G 13-14 yrs  
184 Youth Adv - Kenpo Form - B/G 13-14 yrs  
Event # Saturday Event Description  
193 Youth - Wushu Long Weapon - B/G 13-14 yrs  
194 Youth - Wushu Short Weapon - B/G 13-14 yrs  
195 Youth Adv - Kenpo Weapon - B/G 13-14 yrs  
196 Youth Adv - Form - Boy 11-12 yrs

197 Youth Adv - Form - Girl 11-12 yrs  
198 Youth Int - Form - Boy 11-12 yrs  
199 Youth Int - Form - Girl 11-12 yrs  
200 Youth Beg - Form - B/G 11-12 yrs  
201 Youth Adv - Wushu Chang Quan Form - B/G 11-12 yrs  
202 Youth Adv - Wushu Nan Quan Form - B/G 11-12 yrs  
203 Youth Beg/Int - Wushu Chang Quan Form - B/G 11-12 yrs  
204 Youth Beg/Int - Wushu Nan Quan Form - B/G 11-12 yrs  
205 Youth Adv - Kenpo Form - B/G 11-12 yrs  
206 Youth Adv - Long/Short Weapon - Boy 11-12 yrs  
207 Youth Adv - Long/Short Weapon - Girl 11-12 yrs  
208 Youth Int - Long/Short Weapon - B/G 11-12 yrs  
209 Youth Beg - Long/Short Weapon - B/G 11-12 yrs  
210 Youth Adv - Kenpo Weapon - B/G 11-12 yrs  
211 Youth Adv - Form - Boy 9-10 yrs  
212 Youth Adv - Form - Girl 9-10 yrs  
213 Youth Int - Form - Boy 9-10 yrs  
214 Youth Int - Form - Girl 9-10 yrs  
215 Youth Beg - Form - B/G 9-10 yrs  
216 Youth Beg/Int - Wushu Chang Quan Form - B/G 9-10 yrs  
217 Youth Beg/Int - Wushu Nan Quan Form - B/G 9-10 yrs  
218 Youth Adv - Wushu Chang Quan Form - B/G 9-10 yrs  
219 Youth Adv - Wushu Nan Quan Form - B/G 9-10 yrs  
220 Youth Adv - Kenpo Form - B/G 9-10 yrs  
221 Youth Adv - Long/Short Weapon - Boy 9-10 yrs  
222 Youth Adv - Long/Short Weapon - Girl 9-10 yrs  
223 Youth Int - Long/Short Weapon - B/G 9-10 yrs  
224 Youth Beg - Long/Short Weapon - B/G 9-10 yrs  
225 Youth Adv - Kenpo Weapon - B/G 9-10 yrs  
226 Youth Adv - Kenpo Form - B/G under 9 yrs  
227 Youth Int - Form - B/G Under 9 yrs  
228 Youth Beg - Form - B/G under 9 yrs  
229 Youth Beg/Int - Wushu Chang Quan Form - B/G under 9 yrs  
230 Youth Beg/Int - Wushu Nan Quan Form - B/G under 9 yrs  
231 Youth Int - Kenpo Form - B/G 13-17 yrs  
Event # Saturday Event Description  
232 Youth Beg - Kenpo Form - B/G 13-17 yrs  
233 Youth Int - Kenpo Form - B/G 12 yrs & under  
234 Youth Beg - Kenpo Form - B/G 12 yrs and under  
237 Youth - Long/Short Weapon - B/G under 9 yrs  
239 Youth Beg/Int - Other Weapon - B/G 12 yrs & under  
240 Youth - Wushu Other Weapon - B/G 13-17 yrs  
241 Youth - Wushu Long Weapon - B/G 12 yrs and under  
242 Youth - Wushu Short Weapon - B/G 12 yrs and under  
243 Youth - Wushu Other Weapon - B/G 12 yrs and under  
244 Youth Adv - Kenpo Weapon - B/G under 9 yrs  
245 Youth Beg/Int - Kenpo Weapon - B/G 13-17 yrs  
246 Youth Beg/Int - Kenpo Weapon - B/G 12 yrs & under  
247 Youth Adv - Kenpo Mass Attack - B/G 13-17 yrs  
248 Youth Adv - Kenpo Mass Attack - B/G 12 yrs & under  
249 Youth Int - Kenpo Mass Attack  
250 Youth Beg - Kenpo Mass Attack  
253 Youth Adv - Other Weapon - Boy 12 yrs and under  
254 Youth Adv - Other Weapon - Girl 12 yrs and under  
259 Youth Adv - Light Contact Sparring - Boy 11-12 yrs  
260 Youth Adv - Light Contact Sparring - Girl 11-12 yrs  
261 Youth Adv - Light Contact Sparring - Boy 9-10 yrs  
262 Youth Adv - Light Contact Sparring - Girl 9-10 yrs  
263 Youth Adv - Light Contact Sparring - B/G under 9 yrs  
273 Youth Beg/Int - Light Contact Sparring - Boy 11-12 yrs  
274 Youth Beg/Int - Light Contact Sparring - Girl 11-12 yrs  
275 Youth Beg/Int - Light Contact Sparring - Boy 9-10 yrs  
276 Youth Beg/Int - Light Contact Sparring - Girl 9-10 yrs  
277 Youth Beg/Int - Light Contact Sparring - B/G under 9 yrs  
282 Youth - Empty Hand Two Man Sets 12 yrs and under  
285 Youth - Weapon Two Man Sets 12 yrs and under  
900 Adult - Lei Tai Male - Light (under 60kg)  
901 Adult - Lei Tai Male - Middle C (60.1 to 65kg)  
902 Adult - Lei Tai Male - Middle B (65.1 to 70kg)  
903 Adult - Lei Tai Male - Middle A (70.1 to 75kg)  
904 Adult - Lei Tai Male - Heavy C (75.1 to 80kg)  
905 Adult - Lei Tai Male - Heavy B (80.1 to 86kg)  
906 Adult - Lei Tai Male - Heavy A (86.1 to 92kg)  
907 Adult - Lei Tai Male - Super Heavy (92.1 to 98kg)  
908 Adult - Lei Tai Male - Infinite (over 98.1kg)  
Event # Saturday Event Description  
909 Adult - Lei Tai Female - Light (under 55kg)  
910 Adult - Lei Tai Female - Middle B (55.1 to 60kg)  
911 Adult - Lei Tai Female - Middle A (60.1 to 65kg)  
912 Adult - Lei Tai Female - Heavy B (65.1 to 71kg)  
913 Adult - Lei Tai Female - Heavy A (71.1 to 77kg)  
914 Adult - Lei Tai Female - Infinite (over 77.1kg)

\*\* Note - The Tournament Committee reserves the right to modify the event list including combining events, separating events and changing the day the event is run. We make every effort not to change the day an event is run, but NO refunds will be issued due to changes (for any reason) to the event list.



# SCHEDULE OF EVENTS

## SUNDAY

COMPETITION STARTS AT 9:00 A.M.

6 Adult Int - Form - Kung Fu Northern Men  
7 Adult Int - Form - Kung Fu Northern Women  
11 Adult Beg - Form Kung Fu Northern - Men  
12 Adult Beg - Form - Kung Fu Northern - Women  
16 Adult - Senior Form - Men 36 to 45  
17 Adult - Senior Form - Men over 45  
18 Adult - Senior Form - Women 36 to 45  
19 Adult - Senior Form - Women over 45  
20 Adult Adv - Praying Mantis Form - Men  
21 Adult Adv - Praying Mantis Form - Women  
22 Adult Beg/Int - Praying Mantis Form - Men  
23 Adult Beg/Int - Praying Mantis Form - Women  
30 Adult Adv - Wing Chun Form - Men/Women  
31 Adult Beg/Int - Wing Chun Form - Men/Women  
32 Adult Adv - Wing Chun Wooden Dummy  
33 Adult Beg/Int - Wing Chun Wooden Dummy  
34 Adult Adv - Kenpo Form - Men  
35 Adult Adv - Kenpo Form - Women  
36 Adult Int - Kenpo Form - Men  
37 Adult Int - Kenpo Form - Women  
38 Adult Beg - Kenpo Form - Men/Women  
39 Adult Adv - Kenpo Mass Attack - Men  
40 Adult Adv - Kenpo Mass Attack - Women  
41 Adult Int - Kenpo Mass Attack  
42 Adult Beg - Kenpo Mass Attack  
53 Adult Int - Long/Short Weapon - Men  
54 Adult Int - Long/Short Weapon - Women  
55 Adult Beg - Long/Short Weapon - Men  
56 Adult Beg - Long/Short Weapon - Women  
57 Adult Beg/Int - Other Weapon - Men/Women  
58 Adult - Senior Weapon - Men 36 to 45  
59 Adult - Senior Weapon - Men over 45  
60 Adult - Senior Weapon - Women 36 to 45  
61 Adult - Senior Weapon - Women over 45  
65 Adult Adv - Wing Chun Weapon  
66 Adult Beg/Int - Wing Chun Weapon  
67 Adult Adv - Kenpo Weapon - Men  
Event # Sunday Event Description  
68 Adult Adv - Kenpo Weapon - Women  
69 Adult Int - Kenpo Weapon - Men/Women  
70 Adult Beg - Kenpo Weapon - Men/Women  
71 Adult Adv - Two Man Set Empty Hand  
72 Adult Int - Two Man Set Empty Hand  
73 Adult Beg - Two Man Set Empty Hand  
74 Adult Adv - Two Man Set Weapon  
75 Adult Int - Two Man Set Weapon  
80 Adult Int - Light Contact Sparring - Men > 200 lbs  
81 Adult Int - Light Contact Sparring - Men 160.1 to 200 lbs  
82 Adult Int - Light Contact Sparring - Men < 160 lbs  
83 Adult Int - Light Contact Sparring - Women  
84 Adult Beg - Light Contact Sparring - Men  
85 Adult Beg - Light Contact Sparring - Women  
86 Adult - Light Contact Long Weapon Free Fighting - Men  
87 Adult - Light Contact Long Weapon Free Fighting - Women  
88 Adult - Light Contact Short Weapon Free Fighting - Men  
89 Adult - Light Contact Short Weapon Free Fighting - Women  
94 Adult - Limited Step Push Hands - Men > 200 lbs  
95 Adult - Limited Step Push Hands - Men 180.1 to 200 lbs  
96 Adult - Limited Step Push Hands - Men 160.1 to 180 lbs  
97 Adult - Limited Step Push Hands - Men < 160 lbs  
98 Adult - Limited Step Push Hands - Women > 160 lbs  
99 Adult - Limited Step Push Hands - Women 140.1 to 160 lbs  
100 Adult - Limited Step Push Hands - Women 120 to 140 lbs  
101 Adult - Limited Step Push Hands - Women < 120 lbs  
102 Adult - Freestyle Push Hands - Men > 200 lbs  
103 Adult - Freestyle Push Hands - Men 180.1 to 200 lbs  
104 Adult - Freestyle Push Hands - Men 160.1 to 180 lbs  
105 Adult - Freestyle Push Hands - Men < 160 lbs  
106 Adult - Freestyle Push Hands - Women > 160 lbs  
107 Adult - Freestyle Push Hands - Women 140.1 to 160 lbs  
108 Adult - Freestyle Push Hands - Women 120 to 140 lbs  
109 Adult - Freestyle Push Hands - Women < 120 lbs

110 Adult Adv - Chi Sao - Light  
111 Adult Adv - Chi Sao - Welter  
112 Adult Adv - Chi Sao - Middle  
113 Adult Adv - Chi Sao - Heavy  
114 Adult Beg/Int - Chi Sao - Light  
Event # Sunday Event Description  
115 Adult Beg/Int - Chi Sao - Welter  
116 Adult Beg/Int - Chi Sao - Middle  
117 Adult Beg/Int - Chi Sao - Heavy  
136 Adult Adv - Xing Yi Quan Form - Men  
137 Adult Adv - Xing Yi Quan Form - Women  
138 Adult Beg/Int - Xing Yi Quan Form - Men/Women  
139 Adult Adv - Ba Qua Zhang Form - Men  
140 Adult Adv - Ba Qua Zhang Form - Women  
141 Adult Beg/Int - Ba Qua Zhang Form - Men/Women  
149 Adult - Xing Yi Quan Weapon - Men/Women  
150 Adult - Ba Qua Zhang Weapon - Men/Women  
152 Adult - Group Tai Ji Form (5-10 members)  
153 Adult - Group Tai Ji Weapon (5-10 members)  
154 Youth Adv - Form - Boy 15-17 yrs  
155 Youth Adv - Form - Girl 15-17 yrs  
156 Youth Int - Form - Boy 15-17 yrs  
157 Youth Int - Form - Girl 15-17 yrs  
158 Youth Beg - Form - B/G 15-17 yrs  
163 Youth Adv - Kenpo Form - B/G 15-17 yrs  
164 Youth Adv - Short Weapon - Boy 15-17 yrs  
165 Youth Adv - Short Weapon - Girl 15-17 yrs  
166 Youth Adv - Long Weapon - Boy 15-17 yrs  
167 Youth Adv - Long Weapon - Girl 15-17 yrs  
168 Youth Adv - Other Weapon - Boy 15-17 yrs  
169 Youth Adv - Other Weapon - Girl 15-17 yrs  
170 Youth Int - Long/Short Weapon - B/G 15-17 yrs  
171 Youth Beg - Long/Short Weapon - B/G 15-17 yrs  
174 Youth Adv - Kenpo Weapon - B/G 15-17 yrs  
175 Youth Adv - Form - Boy 13-14 yrs  
176 Youth Adv - Form - Girl 13-14 yrs  
177 Youth Int - Form - Boy 13-14 yrs  
178 Youth Int - Form - Girl 13-14 yrs  
179 Youth Beg - Form - B/G 13-14 yrs  
185 Youth Adv - Short Weapon - Boy 13-14 yrs  
186 Youth Adv - Short Weapon - Girl 13-14 yrs  
187 Youth Adv - Long Weapon - Boy 13-14 yrs  
188 Youth Adv - Long Weapon - Girl 13-14 yrs  
189 Youth Adv - Other Weapon - Boy 13-14 yrs  
190 Youth Adv - Other Weapon - Girl 13-14 yrs  
Event # Sunday Event Description  
191 Youth Int - Long/Short Weapon - B/G 13-14 yrs  
192 Youth Beg - Long/Short Weapon - B/G 13-14 yrs  
235 Youth - Wing Chun Form - B/G 13-17 yrs  
236 Youth - Wing Chun Form - B/G 12 yrs & under  
238 Youth Beg/Int - Other Weapon - B/G 13-17 yrs  
251 Youth - Wing Chun Weapon - B/G 13-17 yrs  
252 Youth - Wing Chun Weapon - B/G 12 yrs & under  
255 Youth Adv - Light Contact Sparring - Boy 15-17 yrs  
256 Youth Adv - Light Contact Sparring - Girl 15-17 yrs  
257 Youth Adv - Light Contact Sparring - Boy 13-14 yrs  
258 Youth Adv - Light Contact Sparring - Girl 13-14 yrs  
264 Youth - Short Weapon Free Fighting - Boy 15-17 yrs  
265 Youth - Short Weapon Free Fighting - Girl 15-17 yrs  
266 Youth - Short Weapon Free Fighting - Boy 13-14 yrs  
267 Youth - Short Weapon Free Fighting - Girl 13-14 yrs  
268 Youth - Short Weapon Free Fighting - 12 yrs & under  
269 Youth Beg/Int - Light Contact Sparring - Boy 15-17 yrs  
270 Youth Beg/Int - Light Contact Sparring - Girl 15-17 yrs  
271 Youth Beg/Int - Light Contact Sparring - Boy 13-14 yrs  
272 Youth Beg/Int - Light Contact Sparring - Girl 13-14 yrs  
278 Youth - Chi Sao - B/G 12 yrs & under  
279 Youth - Chi Sao - B/G 13-17 yrs  
280 Youth - Empty Hand Two Man Sets 15-17 yrs  
281 Youth - Empty Hand Two Man Sets 13-14 yrs  
283 Youth - Weapon Two Man Sets 15-17 yrs  
284 Youth - Weapon Two Man Sets 13-14 yrs

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CLOSING CEREMONIES - 4:00PM

MASTERS DEMONSTRATIONS

TEAM AND LEI TAI AWARDS

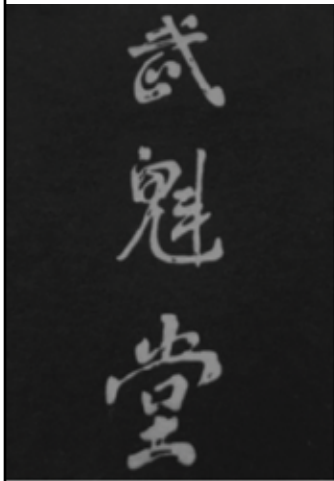
KUO SHU HALL OF FAME BANQUET - 8:00PM

2019

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*Thank you Shi-Ye for your teachings.  
Congratulations to you on your  
31st Annual U.S. International Kuo Shu Championship Tournament.  
You make a difference in the lives you touch.*

*Respectfully,  
Suzan Lumpkin and Alex Graham*



**Good Luck to all Competitors!**  
**-2018 Team USKA Tai Chi Group Form Participants**





# LEI TAI COMPETITION WEIGHT CLASSES

## 擂台比賽量級

### Male

Light:	under 60kg (132.3 lbs)
Middle C:	60.1 – 65kg (upper limit: 143.3 lbs)
Middle B:	65.1 – 70kg (upper limit: 154.3 lbs)
Middle A:	70.1 – 75kg (upper limit: 165.3 lbs)
Heavy C:	75.1 – 80kg (upper limit: 176.4 lbs)
Heavy B:	80.1 – 86kg (upper limit: 189.6 lbs)
Heavy A:	86.1 – 92kg (upper limit: 202.8 lbs)
Super Heavy:	92.1 – 98kg (upper limit: 216 lbs)
Infinite:	over 98.1kg (216.2 lbs)

### Female

Light:	under 55kg (121.2 lbs)
Middle B:	55.1 – 60kg (upper limit: 132.3 lbs)
Middle A:	60.1 – 65kg (upper limit: 143.3 lbs)
Heavy B:	65.1 – 71kg (upper limit: 156.5 lbs)
Heavy A:	71.1 – 77kg (upper limit: 169.7 lbs)
Infinite:	over 77.1kg (169.9 lbs)

**\*Tournament organizers reserve the right to combine weight classes.**



# KUO SHU LEI TAI RULES (FULL CONTACT FIGHTING)

## 擂台規則

1. Competitors will fight on a 24 square foot, two and one half foot high Lei Tai.
2. Competitors must use headgear, gloves, and mouthpiece. Male competitors must also use a groin cup. Female competitors may wear a chest protector and/or a groin cup. Shoes are optional. Soft compression braces for the ankle and/or knee are permitted, as long as such braces do not have any hard plastic or metal parts. Use of optional equipment by one competitor does not oblige their opponent to use the same optional equipment. No jewelry (earrings, rings, necklaces) is permitted during competition. All equipment must be reviewed and cleared with Lei Tai officials. Equipment standards are listed in greater detail on TWKSF website ([www.twksf.org](http://www.twksf.org)).
3. Elimination matches will be rounds of 1 1/2 minutes each, with a 30 second break between rounds. The final matches (1st, 2nd, 3rd and 4th places) in each division will have 2 minute rounds, with a 45 second break between rounds. Matches where the loser takes 3rd place and the winner advances to fight for 1st or 2nd place are deemed elimination matches, and will have the appropriate length for round and break.
4. The victor of each match must win two out of three rounds on point basis, or win by Knockout (KO), Technical Knockout (TKO) or opponent's forfeit.

### 5. SCORING

#### **One point techniques**

- Competitor executes clear punch, palm strike or kick to a legal target area
- Competitor executes clear elbow/knee technique without holding
- Competitor executes a throw causing the opponent to fall and landing on top of the opponent covering the opponent's torso
- Through own error, contestant loses balance and touches ground: 1 point for opponent

#### **Two point techniques**

- Contestant executes clear punch or kick that knocks opponent down
- Without falling, contestant successfully throws opponent to the ground

#### **Three point techniques**

- Contestant forces or throws opponent off Lei Tai

#### **Legal techniques, but not scoring**

- Strikes to the leg below the knee and to the arms are legal, but not scoring.
- Elbow and knee techniques executed while holding are legal, but not scoring.

6. Only techniques which are delivered with full power, resulting in trembling shock to the opponent, will be scored.

7. Scoring areas include side, top and front of head; front and side of the torso; back (but not the spine or kidney); outer thigh (when the foot is 'grounded' – in contact with the area' and not used in a blocking motion).

### 8. ILLEGAL TARGET AREAS AND TECHNIQUES

- Contact to the eyes, throat, back of the head, spine, kidneys, joints, inner thigh and groin are illegal.
- Techniques using the head are illegal.
- Techniques intended to control the joints (qin na) are not permitted.
- Techniques where the competitor puts one or more hands or knees on the platform are not permitted (i.e. "iron broom" sweep).

### 9. FOULS AND PENALTIES FOR FOULS

- Fouls (for example -- strikes to illegal target areas):

First violation: 1 point deduction  
Second violation: 3 point deduction  
Third violation: disqualification

- Technical Fouls (for example – continuing to engage after Executive Referee calls stop):

First violation: warning  
Second violation: 1 point deduction  
Third violation: disqualification

- Technical fouls include, but are not limited to, violations of the rules such as grabbing and holding the opponent's headgear, grabbing and holding the opponent's shirt, not disengaging after the Executive Referee has called halt to action, disrespectful conduct toward Executive Referee or opponent, etc.

- Any serious foul will be grounds for immediate disqualification.

- Fouls are cumulative during the match.



# KUO SHU LEI TAI RULES (FULL CONTACT FIGHTING)

## 擂台規則

- 10.** If a competitor is forced or thrown off the Lei Tai three times in one round – while their opponent remains on the Lei Tai -- then the competitor loses the match.
- 11.** If a competitor is struck three times in one round with sufficient force that they fall to the ground, then the competitor loses the match.
- 12.** If both competitors are holding and striking -- without attempting a throw -- the Executive Referee will separate them after three seconds. If the competitors are attempting a throw while holding the Executive Referee will separate them after five seconds.
- 13.** If there is no engagement within a 10 second period of time, the referee will warn both fighters and re-start them at their respective lines. If there is another period of no engagement within a 10 second period of time, both fighters will be disqualified.
- 14.** If competitors are called by the Executive Referee to their starting lines, they have ten seconds to respond. A competitor who does not return to their starting line within ten seconds will forfeit the match. Examples: competitors are required to return to the starting line at the beginning of each round, at the end of each round, when struck or thrown to the ground, and when forced or thrown off the Lei Tai.
- 15.** Competitors who maliciously hurt their opponents will be held liable for any damages or injuries. The Executive Referee has full authority to stop the fight at any time for safety or any other reason.
- 16.** If a competitor appears to be injured, or requiring medical assistance, the Executive Referee may call a break (time out) in the match and summon the tournament's medical staff to the Lei Tai platform. During the break, the clock for the match will be paused. If the injury was sustained during legal contact, then the medical staff will have two minutes to resolve the issue. If the injury cannot be adequately addressed within two minutes, then the injured competitor will forfeit the match. If the competitor suffers the same injury during the match due to legal contact, the competitor will be disqualified. For example, if one competitor suffers a bloody nose, the medical staff may attempt to stop the bleeding within the allocated medical time out; if the same competitor again suffers a bloody nose during the same match, then that competitor will be disqualified.
- If the injury was the result of illegal contact (foul), then the medical staff will be permitted five minutes to resolve the injury. If the injured competitor cannot continue after a five minute period, then their opponent will be disqualified.
- At no time during a medical time out should either competitor's corners approach or interact with the competitors.
- 17.** If there is an equipment issue (for example: broken headgear, lost shoe, torn pants or shirt), the Executive Referee may call a break (time out) in the match and attempt to resolve the issue. During the break, the clock for the match will be paused. Competitors – working with the Executive Referee – will have two minutes to resolve the equipment issue. If the equipment issue cannot be adequately addressed within two minutes, then the competitor with deficient equipment will forfeit the match. Competitors should bring spare equipment (headgear, pants, etc.) to their corner in the event of equipment damage. Lei Tai administrative staff will have extra blue and yellow shirts available for the competitors.
- At no time during an equipment time out should either competitor's corners approach or interact with the competitor.
- 18.** Each competitor must have one coach, but no more than two coaches, in their corner during the match. Coaches are only permitted to interact with a competitor when the competitor is in their corner. If there is a medical issue, the Executive Referee and medical staff will address the issue with the competitor and advise the coach. If there is an equipment issue, the Executive Referee will assist with the resolution of the issue.
- 19.** Any coach disputing the results of a match and wishing to have arbitration of a match for any reason must notify the chief referee verbally within 15 minutes of the match. The team coach must then file a written request for arbitration along with a \$300 arbitration fee to the Tournament Director within 30 minutes of the match. If the arbitration is settled in favor of the arbitrating team, the coach shall receive a refund of the arbitration fee; otherwise, no refund will be given.



# GENERAL COMPETITION RULES

## 一般規則

In competition, the experience level of the competitor determines in which division the competitor should compete. There are three experience divisions and the more advanced divisions have higher point values.

### Competition Levels are defined as follows:

**BEGINNER** - A competitor with less than 2 years of training in any and all styles combined.

**INTERMEDIATE** - A competitor with between 2 and 4 years of training in any and all styles.

**ADVANCED** - A competitor with more than 4 years of training in any and all styles.

**Years of training are based on the total years of external and internal training combined.**

### COMPETITOR AGE:

Competitor Age is based on the age at the time of competition. To compete in Lei Tai events the competitor must be a minimum of 18 years of age. To compete in Lei Tai, the competitor must be less than 41 years of age at the time of competition.

- Competitors **MUST** be entered in the same age/experience level for ALL events entered.
- Competitors **MUST** compete with a different form in each event entered.
- All short weapon events are limited to single hand straight sword or broadsword. NO EXCEPTIONS
- All long weapon events are limited to long staff and spear. NO EXCEPTIONS
- All other weapons MUST be placed and competed in events noted as "other" or "open" weapons events.
- All weapon events, including 2 person sets, are intended for traditional spring steel weapons unless the event name specifically indicates that it is a Wushu event. If in the Chief Judge's opinion the weapon being used does not meet the criteria of a traditional weapon, the Chief Judge will make a deduction of 0.05 point from the final score.
- Examples of Southern Short Hand Systems include: Southern Praying Mantis, Bak Mei, Wu Mei, and Dragon Style. Competition is NOT limited to the styles mentioned. If in the individual judge's opinion the competitor is not exhibiting a Southern Short Hand form the judge will make a 0.05 point deduction to the score.
- Examples of Southern Long Hand Systems include: Choy Li Fut, Hung Ga, Hung Mei, Lee Ga, Southern Shaolin, Fu Jow Pai, Hung Fut, Tiger Crane Style, & White Crane. Competition is NOT limited to the styles mentioned. If in the individual judge's opinion the competitor is not exhibiting a Southern Long Hand form the judge will make a 0.05 point deduction to the score.
- For mass attack events, only adult competitors may be used as "dummies" on adult competition and ALL "dummies" in any mass attack event must be a registered competitor in the tournament. Dummies may not participate in the tournament as only a "dummy" for another competitor's competition. All "dummies" used in competition do so at their own choosing and risk and cannot be forced to participate by anyone.
- Group Tai Ji Quan divisions must contain a minimum of five (5) and a maximum of ten (10) members per team.
- Forms learned in China containing characteristics not consistent with traditional kung fu forms should enter the Traditional Wushu Divisions available.
- There are NO refunds for ANY reasons.
- The Tournament Committee Reserves the right to combine categories within the same division.



# JUDGE'S SCORING RANGE

裁判判分範圍

**ADULT**  
成人比賽

**Advanced**  
高級組  
8.00 to 9.50

**Intermediate**  
中級組  
7.00 to 8.50

**Beginner**  
初級組  
6.00 to 7.50

**YOUTH**  
小孩比賽

**Advanced**  
高級組  
7.00 to 8.50

**Intermediate**  
中級組  
6.00 to 7.50

**Beginner**  
初級組  
5.50 to 7.00





# FORM RATING TABLE

## 拳術評分標準

### Quality of Techniques (3 points) 動作招式

1. Quality of hands, legs, stance, and movement 手.眼.身.法.步.
2. Degree of difficulty 難易度
3. Skill 熟練程度

### Strength (3 points) 勁力協調

1. Smoothness of force 發勁順暢
2. Balance 平衡穩定度
3. Coordination among hands, eyes, body, and step 手眼身法步協調

### Spirit (3 points) 精神內涵

1. Spirit 精神
2. Rhythm 韻律節奏
3. Features of the form 套路特色

### Martial Ethics (1 point) 武德

1. Dress 服裝
2. Personal appearance 儀容
3. Courtesy 禮節



# FORM SCORING CRITERIA

## 拳術評分標準

### Quality of Techniques (3 points)

#### 1. Quality of hands, legs, stance, and movement

Deduct a minimum of 0.05 points for each mistake. If the competitor makes the same mistake more than once, deduct no more than a total of 0.2 points for that error.

#### 2. Degree of difficulty

Form difficulty should be appropriate for the skill level of the competitor (for example, a sufficiently complicated and demanding form for advanced level competitors). Though this is a subjective area, deductions should begin at 0.05 and should not exceed 0.3 for an inappropriately simple form.

#### 3. Skill

To evaluate this area, place the competitor in one of three categories: above average, average, or below average. If their performance is above average, then deduct 0.05 to 0.2 points from their total score. If they show average skill ability, then deduct from 0.2 to 0.4 points. Finally, if their performance is below average skill level, deduct from 0.4 to 0.6 points.

### Strength (3 points)

#### 1. Smoothness of force

Again, place the competitor's strength level into one of three categories: above average, average, or below average. Deduct points accordingly. Above Average 0.05 to 0.2: Average 0.2 to 0.4: Below Average 0.4 to 0.6.

#### 2. Balance

Use the same categorization as in "Smoothness of force".

#### 3. Coordination among hands, eyes, body, and step.

Use the same method as in "Smoothness of force" and "Balance".

### Spirit (3 points)

#### 1. Spirit

The judge can make their own decision here, and deduct from 0.05 points or greater.

#### 2. Rhythm

Use the same method as in "Spirit".

#### 3. Features of the Form

Use the same method as in "Spirit" and "Rhythm" of the form.

### Martial Ethics (1 point)

Ideally the competitor should receive a full point in this category. The judge may, however, deduct points according to mistakes or violations of the following categories:

#### 1. Dress

Worth 0.33 points

#### 2. Personal appearance

Worth 0.33 points

#### 3. Courtesy

Worth 0.34 points



# WEAPON RATING TABLE

## 兵器評分標準

### Quality of Techniques (3 points) 動作招式

1. Quality of hands, legs, stance, and movement 手.眼.身.法.步.
2. Proper characteristics of weapon 兵器使
3. Skill 熟練程度

### Strength (3 points) 勁力協調

1. Smoothness of force 發勁順暢
2. Balance 平衡穩定度
3. Coordination among hands, eyes, body, and step 手眼身法步協調

### Spirit (3 points) 精神內涵

1. Spirit 精神
2. Rhythm 韻律節奏
3. Development of weapon's characteristics 器械特色之發揮

### Martial Ethics (1 point) 武德

1. Dress 服裝
2. Personal appearance 儀容
3. Courtesy 禮節



# WEAPON SCORING CRITERIA

## 兵器評分標準

### Quality of Techniques (3 points)

#### 1. Quality of hands, eyes, body, and steps

Deduct a minimum of 0.05 points for each mistake. If the competitor makes the same mistake more than once, deduct no more than a total of 0.2 points for that error.

#### 2. Proper Characteristics of Weapon

A. Proper characteristic: Deduct a minimum of 0.1 points for each characteristic error; if the competitor makes the same mistake more than one time, deduct no more than 0.3 points.

B. Degree of Difficulty: This requires the judge's discretion. Deductions begin at 0.05 points and are no more than 0.5 for an inappropriately simple form.

#### 3. Skill

To evaluate this area, place the competitor in one of three categories: above average, average, or below average. If their performance is above average, then deduct 0.05 to 0.2 points from their total score. If they show average skill ability, then deduct from 0.2 to 0.4 points. Finally, if their performance is below average skill level, deduct from 0.4 to 0.6 points.

### Strength (3 points)

#### 1. Smoothness of force

Again, place the competitor into one of three categories: above average, average, or below average. Deduct points accordingly. Above Average 0.05 to 0.2: Average 0.2 to 0.4: Below Average 0.4 to 0.6.

#### 2. Balance

Use the same categorization as in "Smoothness of force".

#### 3. Coordination among hands, eyes, body, and step

Use the same method as in "Smoothness of force" and "Balance".

### Spirit (3 points)

#### 1. Spirit

The judge can make their own decision here, and deduct from 0.05 points or greater.

#### 2. Rhythm

Use the same method as in "Spirit".

#### 3. Development of weapon's characteristics

Use the same method as in "Spirit" and "Rhythm" of the form.

### Martial Ethics (1 point)

Ideally the competitor should receive a full point in this category. The judge may, however, deduct points according to mistakes or violations of the following categories:

#### 1. Dress

Worth 0.33 points

#### 2. Personal appearance

Worth 0.33 points

#### 3. Courtesy

Worth 0.34 points



# SAN SHOU RULES (LIGHT CONTACT FIGHTING)

## 輕打規則

### Required Equipment

Headgear with full face cage, mouthpiece, groin cup, footgear which offers full coverage from heel to toe, and safety gloves

### Optional Safety Equipment

Chest protector, Shin Pads

**Acceptance of required equipment is at the sole discretion of the Center Referee and tournament staff.**

**Time** Running two (2) minutes. Time stopped only at the request of Center Referee.

### Scoring

- ◆ All Divisions: first competitor to score 3 points wins.
- ◆ Score areas: Side of head, forehead, chest, stomach, back, outside of thigh (unless leg is fully raised with intention to check the kick), and side areas.
- ◆ One point awarded for effective hand, foot, or sweep technique. The parts of the hand eligible for scoring are the palm, knife hand, back hand, and fist. The kicks eligible for scoring are front kick, heel kick, round house kick, side kick, back kick, crescent kick, controlled kick to upper thigh, spinning kick, and hook kick.
- ◆ Clear sweeps below the knees allowed. If the sweep fails, the competitor is allowed two seconds to follow up with a technique.
- ◆ Technique must have power, speed, focus and control to be scored
- ◆ If both feet are out of bounds, the point is given to the competitor remaining in-bounds.

### Penalties

- ◆ First personal foul: One (1) point awarded to opponent.
- ◆ Second personal foul: disqualification.
- ◆ No contact allowed to head or back (technique must score without contact).
- ◆ No head butts.
- ◆ No kicks to the inside of thigh or knee areas.
- ◆ No techniques allowed to the eyes or groin.
- ◆ No excessive contact or repeated blows once point has been called.
- ◆ No use of elbows or knees.
- ◆ No joint locks.
- ◆ No delayed counter strikes or kicks.
- ◆ No throws over the hip or shoulder (only sweeps).
- ◆ No trapping of the foot and sweeping.
- ◆ No thigh reaping takedowns.
- ◆ No choking.
- ◆ No abusive language.
- ◆ No coaching from sidelines.

### Judging Commands

- ◆ Face me: Bow
- ◆ Face each other: Bow (Shake Hands)
- ◆ Ready position
- ◆ Kai-Si (Begin)
- ◆ Ready judge
- ◆ Score

### Judging Signals

- ◆ Open extended hand towards competitor — Point called.
- ◆ Cross extended arms — Did not see or no point called.
- ◆ Pointing to boundary — Out of bounds.
- ◆ Fist hitting open hand — Excessive contact observed.
- ◆ Fist to ear and point to competitor — Foul called (deduct point).

**ANY SERIOUS VIOLATION WILL RESULT IN IMMEDIATE DISQUALIFICATION.**





# WU SHU COMPETITION RULES

## 武術規則

### Choice of Form

The competitor may choose to demonstrate either the standardized compulsory form (dictated by the International Wu Shu Federation), or the competitor's own compulsory form.

### Classification of Weapons

- ◆ The Long Weapon division will feature only the spear or long staff.
- ◆ The Short Weapon division will feature only the single hand straight sword or broadsword.
- ◆ The Other Weapon division will include any other weapon, including double weapons, but not the Weapons featured in either the Long Weapon or Short Weapon divisions. Therefore, the competitor may not perform a single broadsword routine in the Other Weapon division, but may demonstrate a double broadsword routine.

### Requirements on Length of Performance

- ◆ 7 to 12 years old – 45 seconds to 1 minute
  - ◆ 13 to 15 years old – minimum 1 minute
  - ◆ Over 16 years old – minimum 1 minute
  - ◆ These times represent the minimum length of the demonstration. Competitors who finish under these minimums will be assessed the following penalty: for each second short of the minimum, the head judge will deduct 0.05 points from the competitor's final score.
- 



# LIGHT CONTACT WEAPONS FIGHTING RULES

## 兵器輕打規則

### Required Equipment

Headgear with full face cage, mouthpiece, groin cup, and safety gloves

### Optional Equipment

Chest protector, shin pads, footgear which offers full coverage from heel to toe

### Weapon Specifications

- ◆ Core: The core part of the weapon should be soft and light wood or synthetic plastic material.
- ◆ Cushion: The cushion must be of sponge or foam that is light and soft. There should be at least 1/3" of free moving space between the core and the cushion all around in order to buffer the shock.
- ◆ Cover: The cloth cover material made of slippery texture is required to secure the core and the cushion. And, it should not be sandy or rough in texture, so it does not cause any abrasion when it contacts and brushes the bare skin.
- ◆ Tip: The Tips of the weapons should be cushioned at least 2 inches thick with very soft sponge, not hard foam.
- ◆ Handle: The Handle does not require any cushion.
- ◆ Tip of the handle: The Tip of the handle must be cushioned at least 1 inch thick.
- ◆ Guards: The guards for swords or spears must be made of soft rubber or foam, or hard sponge.
- ◆ Tassel: Not required. If used, only red non-metallic tassels are allowed. If any weight is used on the tassels, only sponge weights are allowed.
- ◆ Flexibility: All weapons should be somewhat flexible, not rigid.
- ◆ Breakage: If your weapon breaks during a match, the judge will suspend the fight and you may change the weapon (only the same type, identical weapon). No one is allowed to lend a weapon for the safety reason. Therefore, each competitor should have spare weapons.
- ◆ Damage: If any damage of a weapon occurs, both competitors should voluntarily and immediately stop the engagement. Continuing the fight with a damaged weapon will cause disqualification of the fighter.
- ◆ Metal: Absolutely no metal parts allowed in the structure.
- ◆ Weight: All weapons should be light in weight. If a competitor has a heavier than normally accepted ICWSF/WSF certified weapon, he/she should obtain pre-authorization from the center referee prior to competition to avoid disqualification.
- ◆ A short weapon is defined as any weapon up to 48 inches in overall length. A long weapon is defined as any weapon longer than 48 inches in overall length.

**Acceptance of required equipment is at the sole discretion of the Center Referee and tournament staff.**

### Time

Running two (2) minutes. Time stopped only at the request of the Center Referee. If no scoring or even scores at the end of two minutes, "Quick Death" method is used to determine the winner within next one minute. In the event of "Quick Death," any gain of points will immediately determine the winner.

### Scoring

- ◆ 3 Points Scored for Strikes to the head and body (front and back) and/or disarming a weapon.
- ◆ 2 Points Scored for Strikes to the arms and/or legs.
- ◆ Score areas: Side of head, forehead, chest, stomach, back, side areas, arms, and legs.

#### OPTION 1 – Time Limited Competition

- ◆ The winner is the competitor who obtains the highest score in the time allotted.

#### OPTION 2 – Score Limited Competition

- ◆ The match will be awarded to the competitor reaching full score first (total of 10 points).



## Penalties

- ◆ No kicks or strikes with the empty hand or feet are allowed.
- ◆ No techniques allowed to the eyes or groin.
- ◆ No excessive contact or repeated blows once point has been called.
- ◆ Two points will be deducted if one loses a weapon. If the fighter uses two weapons, losing one weapon will still cause a deduction of two points. Losing both weapons will cause four points to be deducted. When an opponent loses all weapons and becomes disarmed, the opposing fighter will have one engagement chance to win points. After one engagement or attempt of strike, the referee will allow the fighters to restart with weapons in their possession. If a fighter chose to use two weapons, and lost one weapon, the fight is not stopped until two or more judges lift flags signaling a possible successful strike. After the fight is stopped by the referee, the fighters can recollect their weapons to continue the combat. If both fighters lose their weapons, the referee will stop the fight and both fighters will collect their weapons to resume the fight.
- ◆ Throwing a weapon is not allowed, and considered voluntary disarming which causes a deduction of two points.
- ◆ Each illegal attack will receive a warning from any one judge, and lose 2 points.
- ◆ If the referee determines that a fighter is intentionally avoiding the engagement, he/she will lose 2 points.
- ◆ Any overly disgraceful or improper behavior will receive a warning and lose 2 points.
- ◆ Three warnings within a match will disqualify the fighter.
- ◆ Using weapons that are not allowed in the match will disqualify the fighter.
- ◆ Intentional use of a damaged weapon or armor will disqualify the fighter.

**ANY SERIOUS VIOLATION WILL RESULT IN IMMEDIATE DISQUALIFICATION.  
THE CENTER REFEREE POSSESSES FULL AND FINAL AUTHORITY.**

## Judging Commands

- ◆ Face me: Bow
- ◆ Face each other: Bow (shake hands)
- ◆ Ready position
- ◆ Kai-Si (Begin)
- ◆ Ready judge
- ◆ Score

## Judging Signals

- ◆ Flag raised towards competitor — Point called.
- ◆ Judge touches own torso with other flag to indicate 3 points.
- ◆ Judge touches own leg with other flag to indicate 2 points.
- ◆ Judge points to floor with other flag to indicate 1 point.
- ◆ Cross extended arms — Did not see or no point called.
- ◆ Pointing to boundary — Out of bounds.
- ◆ Fist hitting open hand — Excessive contact observed.
- ◆ Fist to ear and point to competitor — Foul called (deduct point).



# FULL CONTACT WEAPONS FIGHTING RULES

## 兵器擂台規則

### Required Equipment

Headgear with full face cage, mouthpiece, groin cup, footgear which offers full coverage from heel to toe, and safety gloves. Female competitors must also wear a chest protector.

### Optional Equipment

Chest protector (for male competitors), shin pads

### Weapon Specifications

- ◆ Core: The core part of the weapon should be soft and light wood or synthetic plastic material.
- ◆ Cushion: The cushion must be of sponge or foam that is light and soft. There should be at least 1/3" of free moving space between the core and the cushion all around in order to buffer the shock.
- ◆ Cover: The cloth cover material made of slippery texture is required to secure the core and the cushion. And, it should not be sandy or rough in texture, so it does not cause any abrasion when it contacts and brushes the bare skin.
- ◆ Tip: The tips of the weapons should be cushioned at least 2 inches thick with very soft sponge, not hard foam.
- ◆ Handle: The handle does not require any cushion.
- ◆ Tip of the Handle: The Tip of the handle must be cushioned at least 1 inch thick.
- ◆ Guards: The guards for swords or spears must be made of soft rubber or foam, or hard sponge.
- ◆ Tassel: Not required. If used, only red non-metallic tassels are allowed. If any weight is used on the tassels, only sponge weights are allowed.
- ◆ Flexibility: All weapons should be somewhat flexible, not rigid.
- ◆ Breakage: If your weapon breaks during a match, the judge will suspend the fight and you may change the weapon (only the same type, identical weapon). No one is allowed to lend a weapon for safety reasons. Therefore, each competitor should have spare weapons.
- ◆ Damage: If any damage of a weapon occurs, both competitors should voluntarily and immediately stop the engagement. Continuing the fight with a damaged weapon will cause disqualification of the fighter.
- ◆ Metal: Absolutely no metal parts allowed in the structure.
- ◆ Weight: All weapons should be light in weight. If a competitor has a heavier than normally accepted ICWSF/WSF certified weapon, he/she should obtain pre-authorization from the center referee prior to competition to avoid disqualification.
- ◆ A short weapon is defined as any weapon up to 48 inches in overall length. A long weapon is defined as any weapon longer than 48 inches in overall length.

**Acceptance of required equipment is at the sole discretion of the Center Referee and tournament staff.**

### Time

Ring Time: Running two (2) minutes. Time stopped only at the request of the Center Referee.

### Scoring

- ◆ 3 Points Scored for weapon strikes to the head and body (front and back) and/or disarming a weapon.
- ◆ 2 Points Scored for weapon strikes to the arms and/or legs.
- ◆ 1 point Scored for a clearly executed punch or kick to a legal scoring area (head, forehead, chest, stomach, back, side areas, kick to outside of thigh).
- ◆ Weapon Strike Score areas: Side of head, forehead, chest, stomach, back, side areas, arms, and legs.



## Penalties

- ◆ Contact to the eyes, throat, back of the head, or groin is illegal. For female competitors, contact to the chest is also illegal.
- ◆ No techniques allowed to the eyes or groin.
- ◆ No excessive contact or repeated blows once point has been called.
- ◆ Two points will be deducted if one loses a weapon. If the fighter uses two weapons, losing one weapon will still cause a deduction of two points. Losing both weapons will cause four points to be deducted. When an opponent loses all weapons and becomes disarmed, the opposing fighter will have one engagement chance to win points. After one engagement or attempt of strike, the referee will allow the fighters to restart with weapons in their possession. If a fighter chose to use two weapons, and lost one weapon, the fight is not stopped until two or more judges lift flags signaling a possible successful strike. After the fight is stopped by the referee, the fighters can recollect their weapons to continue the combat. If both fighters lose their weapons, the referee will stop the fight and both fighters will collect their weapons to resume the fight.
- ◆ Throwing a weapon is not allowed, and considered voluntary disarming which causes a deduction of two points.
- ◆ Each illegal attack will receive a warning from any one judge, and lose two (2) points.
- ◆ If the referee determines that a fighter is intentionally avoiding the engagement, he/she will lose two (2) points.
- ◆ Any overly disgraceful or improper behavior will receive a warning and lose two (2) points.
- ◆ Three warnings within a match will disqualify the fighter.
- ◆ Using weapons that are not allowed in the match will disqualify the fighter.
- ◆ Intentional use of a damaged weapon or armor will disqualify the fighter.

**Any serious foul will be grounds for immediate disqualification. Competitors who maliciously hurt their opponents will be held liable for any damages or injuries. The center referee has full authority to stop the fight at any time for safety or any other reason.**

## Judging Commands

- ◆ Face me: Bow
- ◆ Face each other: Bow (shake hands)
- ◆ Ready position
- ◆ Kai-Si (Begin)
- ◆ Ready judge
- ◆ Score

## Judging Signals

- ◆ Flag raised towards competitor — Point called.
- ◆ Judge touches own torso with other flag to indicate 3 points.
- ◆ Judge touches own leg with other flag to indicate 2 points.
- ◆ Judge points to floor with other flag to indicate 1 point.
- ◆ Cross extended arms — Did not see or no point called.
- ◆ Pointing to boundary — Out of bounds.
- ◆ Fist hitting open hand — Excessive contact observed.
- ◆ Fist to ear and point to competitor — Foul called (deduct point).

**ANY SERIOUS VIOLATION WILL RESULT IN IMMEDIATE DISQUALIFICATION.  
THE CENTER REFEREE POSSESSES FULL AND FINAL AUTHORITY.**





# TAI JI FORMS RULES

## 太極拳規則

### Time

- ◆ Each competitor, group or 2-person set has three (3) minutes to demonstrate a form.
- ◆ Three (3) minutes will be announced by a bell, whistle, or verbal signal.
- ◆ If the competitor has not completed the form, he or she has thirty seconds to finish, at which time there will be another signal. Competitors MUST stop at this time (3min 30 sec)

### Scoring

- ◆ Judges complete a written evaluation given to the competitor at the medal ceremony and score the competitor's performance.
- ◆ Judges offer verbal evaluation if time allows.

### Penalties

- ◆ There is a penalty of .1 for each increment of five seconds under or over time. Penalty to be applied by Chief Judge prior to announcing the final score. Individual Judges will not assess a penalty for time infractions.

### 2-Person Set and Group Form

- ◆ The 2-Person Barehand Set event is for two players performing choreographed empty hand (not weapons) Tai Ji Quan movements utilizing Tai Ji Quan principles.
- ◆ Group Form must contain between 5-10 members, performing a synchronized routine.

## TAI JI WEAPONS RULES

## 太極兵器規則

### Time

- ◆ Competitors must perform for a minimum of 1.5 minutes and a maximum of 3.5 minutes.

### Scoring

- ◆ Judges complete a written evaluation given to the competitor at the medal ceremony and score the competitor's performance.
- ◆ Judges offer verbal evaluation if time allows.

### Penalties

- ◆ There is a penalty of 0.1 for each increment of five seconds under or over time. Penalty to be applied by Chief Judge prior to announcing the final score. Individual Judges will not assess a penalty for time infractions.

## LIMITED STEP PUSH HANDS RULES

## 太極拳定步推手規則

### General

- ◆ Push Hands events will be run for Limited Step Pushing Hands and Freestyle Pushing Hands
- ◆ The chief evaluator/referee has full authority.

### Minimum Requirements

Competitors are required to attend the rules meeting prior to the competition in order to be eligible to compete.

### Time

- ◆ Matches consist of two 90-second rounds that are continuous unless a penalty is called.

### Equipment

- ◆ Competitors wear t-shirt, long pants, and shoes.
- ◆ No jewelry (except wedding ring), watches, or fingernails longer than an eighth of an inch are allowed.

### Competition Ring Space

- ◆ The field is an alley 4 feet wide and 10 feet long.
- ◆ Competitors are limited to a single shuffle step at a time, and may not reverse stance or change direction.

### Scoring

- ◆ The judging staff consists of a referee and 3 judges.
- ◆ No points are awarded for specific interactions.
- ◆ Judges mark tallies during the match based on expert observation of significant exchanges.
- ◆ Judges score competitors after each round using a five-point system.

### Penalties

- ◆ For every warning, scorekeepers deduct a point from a competitor's score for each round.
- ◆ Competitors will be disqualified for committing three personal or technical violations, or one serious violation.
- ◆ Coaching is not permitted during the rounds.



# FREE-STYLE TAI JI QUAN PUSH HANDS RULES

## 太極拳自由推手規則

### 1. Competition Site and Accompanying Facilities

- ◆ A circle of between 12 and 15 feet in diameter should demarcate the effective competition arena. The line of demarcation should be of thickness 5 centimeters thick.
- ◆ All matches are conducted on an elimination basis. If there are only 3 competitors in a division, the matches are conducted on a round robin basis.

### 2. Competition Rules and Regulations

- ◆ All participants are to adhere to the principles of sticking, connecting, adhering, following, overcoming force by yielding to it, and emphasizing technical finesse over force. Thus, competitors are only permitted to employ the orthodox Tai Ji Quan techniques such as ward off, rollback, press, push, etc. that are congruent to the preceding principles mentioned to unbalance their respective opponents. No wrestling, punching, kicking, or vicious sweeping is allowed.
- ◆ Each match will consist of a minimum of 2 rounds. Each round spans a duration of 2 minutes, accompanied by a rest of 1 minute after each round. The winner of each round is decided by greatest number of points scored at the end of each round. A contestant who wins 2 rounds out of the 3 is the winner of the match. A third round will be issued if there's a tie after the first two.
- ◆ If there is an inconclusive verdict after 3 rounds, the referee is to declare a draw. One (1) sudden-death, overtime round will be conducted for 1 minute. The winner of this round will be declared the winner of the match. If there is still no conclusive verdict after the overtime round, the competitor with the least amount of fouls will be declared the winner. If there is still no conclusive verdict, judges will counsel and deliberate with the Arbitrator, and the final verdict will be declared on the effective use of Tai Ji Quan pushing hands techniques of the contestants. The Chief Judge's decision is final.
- ◆ Upon entering the arena center, both parties are to cling their left palm lightly onto the right elbows of the respective parties, and their right forearm against each other near the wrist. Maintaining contact between upper limbs of both opponents throughout each round is a prerequisite to attacking or counterattacking.
- ◆ The release of strength must only be executed while contact with the body of the respective opponent is established. It is strictly prohibited to release strength through the employment of fists or the palm from a distance.
- ◆ If there is an injury to a competitor, up to a 5 minute injury time-out will be allowed. If the injured party cannot continue after the injury, then the other competitor will be declared the winner. Please note that a competitor will not be declared the winner if the injury was caused by an intentional foul (see Section 4.16 for further clarification).
- ◆ Free Style Pushing Hands event is for Advanced Tai Ji Quan practitioners only.

### 3. Scoring Criteria

- ◆ Points are awarded to the party who successfully renders the respective opponent unstable and staggered, semi-unbalanced, and/or fully unbalanced either inside or outside the circular competition boundary. This unbalancing of the opponent must progress from a Tai Ji Quan technique. Muscular pushing and shoving will not be counted towards a contestant's score. The following points will be awarded:
  - a. 1 point: Off balance from a Tai Ji Quan technique
  - b. 2 points: Discharge outside of the circle
  - c. 2 points: Off Balance with hand/knee touching the floor inside the circle
  - d. 3 points: Discharge outside of the circle with off-balance with hand/knee touching the floor
- ◆ When a foul is committed amidst unbalancing an opponent, no points will be awarded. Points may be deducted from the competitor committing the foul.
- ◆ Scoring Notes:
  - a. No point is awarded upon utter disregard for technique and blatant use of flagrant strength or employment of grappling or grasping to render an opponent out of bounds.
  - b. No point is awarded to the degeneration of the contest into a grappling or shoving match by both parties.
  - c. No point is awarded if a contestant pulls or drags an opponent to the ground while falling.
- ◆ Any competitors who do not use valid Tai Ji Quan principles can be eliminated from the event.



# FREE-STYLE TAI JI QUAN PUSH HANDS RULES (CONT.)

## 太極拳自由推手規則

### 4. Fouls and Ensuing Penalties

- ◆ Surprise attacks or attacks launched without the establishment of prior contact with opponent.
- ◆ No attacks above the shoulder or below the waist are allowed.
- ◆ The employment of fingers or other similar extremities located on the upper arm to poke, jab, or stab any body part of the opponent.
- ◆ The employment of feet to tread or hook any body part of opponent.
- ◆ The employment of palms to choke or to push the opponent's neck or chin region.
- ◆ Hugging of the opponent's back, reaching under the opponent's armpit or over the side waist for more than 3 seconds.
- ◆ Clutching, grabbing, or pulling of clothes.
- ◆ Stirring up or lifting up the clothes of the opponent to induce bodily contact in a sweeping movement so as to provoke and aggravate the opponent.
- ◆ Clutching or grabbing the feet and legs of the opponent.
- ◆ Upon successful employment of the plucking technique, the participant must release the hold immediately after the technique is executed.
- ◆ Spitting and biting are strictly prohibited.
- ◆ No brutish employment of grappling or wrestling is condoned. Grappling or wrestling is deemed to have occurred when an arm or both arms are outstretched from the body rendering the contestant capable of hugging.
- ◆ Whenever an arm of a contestant is located beneath the armpit of the opponent for more than 3 seconds, and is rendered incapable of executing a valid Tai Ji Quan technique, the contestant will be issued a warning.
- ◆ At the start of the competition, the palm/wrist of the contestant is only permitted to establish contact with the region spanning from the elbow to the fingertips of the forearm of the opponent in order to ensure strict adherence to the principles of sticking, connecting, adhering, and following.
- ◆ Do not lean the shoulders, head, or neck against the opponent.
- ◆ Flagrant disdain and disregard for techniques adhering to the principles and employment of illegal techniques will result in immediate disqualification and a suspension from the tournament event.
- ◆ The continuation of avoiding contact with the opponent for more than 10 seconds will result in a warning (1 point deduction after the 2nd warning).
- ◆ Foul Notes:
  - a. Verbal warning, no point will be deducted; 2nd warning, 1 point will be deducted.
  - b. Foul, 1 point will be deducted. 3 fouls will lead to an automatic disqualification.
  - c. Committing a serious foul may result in immediate disqualification.
  - d. In any match, the chief judge may declare the winner by prominent advantage when one party has outscored the other party by more than 15 points.
  - e. In any match, the chief judge may declare the loser when 6 points have been deducted from a contestant due to warnings/fouls.

### 5. By-Laws

- ◆ In the event of any disagreement about the proceedings or verdict of the competition, the captain of the appealing team is to produce in writing an appeal document, and pay a deposit of US\$300 within 30 minutes of cessation of the respective match. For the final match, the time limit for appeal is reduced to 15 minutes. The appeal will be referred to the Arbitrator by the respective match referee. Should the appeal be deemed successful, the respective teams will be refunded US\$300. However, no refunds will be awarded for unsuccessful appeals. The Arbitrator's decision is final.
- ◆ This statute has been vetted and deemed effective by the technical committee. Should there be additions, deletions, amendments, or revisions, the effectiveness of the statute is still irrevocable.
- ◆ Competitors who maliciously hurt their opponents will be held liable for any damages or injuries.

**THE CHIEF REFEREE HAS FULL AUTHORITY TO  
STOP THE FIGHT AT ANY TIME FOR SAFETY OR ANY OTHER REASONS**



# XING YI QUAN RULES (EMPTY HAND AND WEAPONS)

## 形意拳規則

### General Xing Yi Quan Principles

- ◆ Coordination in expression of the body and unison in movement
- ◆ A sense of fully gathered internal energy without displaying external stiffness
- ◆ Each movement must have intention with the mind to control movement and energy
- ◆ The energy and techniques are accelerated toward and beyond an imaginary target.
- ◆ Usage of standard Xing Yi Quan principles (San Ti, 5 Elements, 12 Animals, etc.)

### Time

- ◆ Minimum Time – 30 seconds
- ◆ Maximum Time – 2 minutes 30 seconds

### Scoring

- ◆ Competitors are scored on the effective demonstration of Xing Yi Quan principles.

### Judging Criteria

- ◆ Knowledge of basic empty hand and/or weapons applications demonstrated.
- ◆ Correct postures and stances are evident.
- ◆ Hands and feet are coordinated.
- ◆ All movements are in balance while moving forward and backward.
- ◆ Body, footwork, and weight shift are coordinated with movements.
- ◆ Blocking and striking have smoothness and a sense of internal power.
- ◆ Internal martial spirit and freedom of expression are evident.
- ◆ Choreography and overall expression with Xing Yi characteristics are clearly demonstrated.

### Penalties

- ◆ There is a penalty of 0.1 point for each increment of five seconds under time. Penalty to be applied by Chief Judge prior to announcing the final score.
- ◆ Individual Judges will not assess a penalty for time infractions.



# BA QUA ZHANG RULES (EMPTY HAND AND WEAPONS)

## 八卦掌規則

### General Ba Qua Zhang Principles

- ◆ Primary use of the palm instead of the fist is demonstrated.
- ◆ Walking the circle, turning and changing positions, forward and backward motion are utilized.
- ◆ Striking and evading are done in circular and straight movements.
- ◆ Turning and changing direction are done with hook step (kou bu) and swing step (bai bu).
- ◆ Changing steps with piercing, inserting, and changing palms is demonstrated.
- ◆ Posture is extended with hardness and softness combined.
- ◆ Body is filled with internal energy.
- ◆ Every change and transformation is executed with agility and quickness.
- ◆ The circular turning power is like the power of a fierce tornado.

### Time

- ◆ Minimum Time – 1 minute
- ◆ Maximum Time – 2 minutes 30 seconds

### Scoring

- ◆ Competitors are scored on the effective demonstration of Ba Qua Zhang principles.

### Judging Criteria

- ◆ Knowledge of basic empty hand or weapons application is evident.
- ◆ Correct postures and stances are demonstrated.
- ◆ Movement of hands and feet are coordinated.
- ◆ All movements are in balance while moving forward and backward.
- ◆ Body, footwork, and weight shift are coordinated with movements.
- ◆ Blocking and striking have smoothness and a sense of internal power.
- ◆ Internal martial spirit and freedom of expression are evident.
- ◆ Choreography and overall expression of Ba Qua Zhang characteristics are demonstrated.

### Penalties

- ◆ There is a penalty of 0.1 point for each increment of five seconds under the required time. Penalty to be applied by Chief Judge prior to announcing the final score.
- ◆ Individual Judges will not assess a penalty for time infractions.





# CHI SAO RULES

## 螳螂手規則

### General

- ◆ Competitors will wear colored sashes (white & red).

### Skill Divisions

- ◆ If enough competitors are present, the events will be separated by skill levels. Otherwise, divisions will be combined by the tournament staff.

### Time

- ◆ Three rounds of 1 minute (running time) with 30-second breaks between rounds.
- ◆ Winner must win two (2) rounds.
- ◆ If one competitor wins first two (2) rounds, the match is over.

### Required Equipment

- ◆ All competitors must provide their own headgear (facemask optional)
- ◆ All competitors are required to provide their own mouth guard and groin protector

### Optional Equipment

- ◆ All competitors may provide their own chest protector

### Weight Classes

Weights are divided into male and female categories.

Category	Male	Female
Light	Under 65kg (143.3 lbs)	Under 55kg (121.3 lbs)
Welter	Under 75kg (165.3 lbs)	Under 64kg (141.1 lbs)
Middle	Under 85kg (187.4 lbs)	Under 73kg (160.9lbs)
Heavy	Over 85kg (187.5 lbs)	Over 73kg (161 lbs)

### Permitted techniques and Scoring

- ◆ Only clear techniques will score. Competitors can withdraw their hands to attack or neutralize an attack for no more than one (1) second. After one(1) second, the competitors will be restarted from the spot where they separated.
- ◆ Strikes are permitted throughout the area between the shoulders and the hips (front and back), but strikes to the spine are NOT permitted.
- ◆ Attacking the head is limited to the use of the front section of the palm to strike the forehead and both cheeks. It is prohibited to use the fist, root of the palm, and finger tips.
- ◆ Head Contact MUST be light contact. Excessive force is not a Chi Sao characteristic.
- ◆ Competitors are allowed to catch or sweep with the legs as long as they do not hit with them.
- ◆ Elbow techniques can be used in defense, but not for attacking.

### Scoring

- ◆ **Strike to Torso** – 1 to 2 points
- ◆ **Sweep of Legs** – 3 points
- ◆ **Palm Strike to Head** (ADV only) – 3 points
- ◆ **Trapping** (Loop-Sao) of Hands – 4 points

### Prohibited Techniques and Fouls\_ The referee may warn competitors before issuing a penalty.

- ◆ Excessive force in head contact is illegal.
- ◆ Strikes to the spine are strictly prohibited and may result in immediate disqualification.
- ◆ Competitors may not trap with any part of the body other than the hands.
- ◆ Strikes using the heel of the palm or fingertips are not permitted.
- ◆ Strikes with the knee or foot are not permitted.
- ◆ Competitors may not strike with the elbows.
- ◆ It is forbidden to strike both eyes, both ears, mouth, nose, temples, back of the head, throat, and neck. It is forbidden to strike in areas of the neck and below the hip (genitals, legs, etc.).
- ◆ Use of a damaging action intended to hurt the opponent is illegal.
- ◆ Any competitor who receives six (6) penalty points is immediately disqualified.
- ◆ The referee may issue immediate disqualification to any competitor if he/she feels the competitor is intentionally attacking with the intent of causing injury, or a rules infraction is deemed serious.
- ◆ The center referee has full authority.
- ◆ Each formal penalty (publically issued by a referee) carries a point penalty based on the schedule below:
  - o Strikes with fists, elbows or grabbing the face:
    - 1st offense – 1 point penalty
    - 2nd offense – 2 point penalty
    - 3rd offense – disqualification
  - o Strikes with elbows or grappling to the torso:
    - 1st offense – 1 point penalty
    - 2nd offense – 2 point penalty
    - 3rd offense – disqualification
  - o Kicks to any area:
    - 1st offense – 1 point penalty
    - 2nd offense – 2 point penalty
    - 3rd offense – disqualification
- ◆ Competitors cannot advance by causing an injury from which the injured cannot continue. Injured competitors must have approval from the medical staff and tournament staff to continue in competition.



# WING CHUN WOODEN DUMMY RULES

## 詠春木人樁規則

### General

- ◆ Although several styles of martial arts use the apparatus known as the Wooden Dummy (Mook), this competition is intended to display the concepts and techniques of Traditional Wing Chun.
- ◆ Competition for this event will be evaluated by three (3) scoring judges.

### Skill Divisions

- ◆ If enough competitors are present, the events will be separated by skill levels. Otherwise, divisions will be combined by the tournament staff. The skill levels will be defined as below.

### Time

- ◆ Intermediate (INT) competitors must complete their competition in 2 minutes.
- ◆ Advanced (ADV) competitors must complete their competition in 2 minutes and 30 seconds (2.5 min).
- ◆ The Scorer's table will signal with a bell when 15 seconds remain before exceeding the allowable time.
- ◆ Where the divisions are combined, the competitor will not receive a time penalty for finishing within 2 minutes, but will receive a time penalty for exceeding the maximum time of 2 minutes and 30 seconds (2.5 min).

### Judging Criteria

- ◆ Judges will be looking for the application of Traditional Wing Chun attributes on the Wooden Dummy including but not limited to:
  - structure during execution of techniques
  - appropriate generation of power
  - suitable rhythm when executing sequences.
- ◆ The Chief Judge will take a 0.1 point deduction from the final score for exceeding the maximum time limit.
- ◆ Intermediate competitors shall perform the first 4 sections of the Wooden Dummy Form.
- ◆ Advanced competitors shall perform the complete set.





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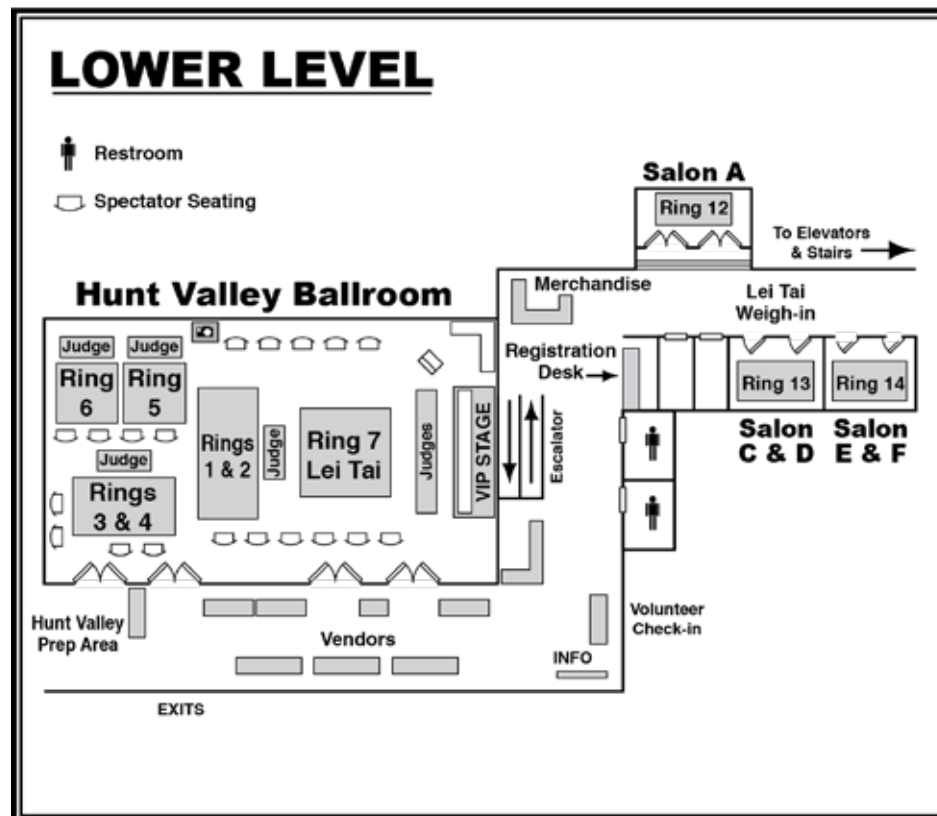
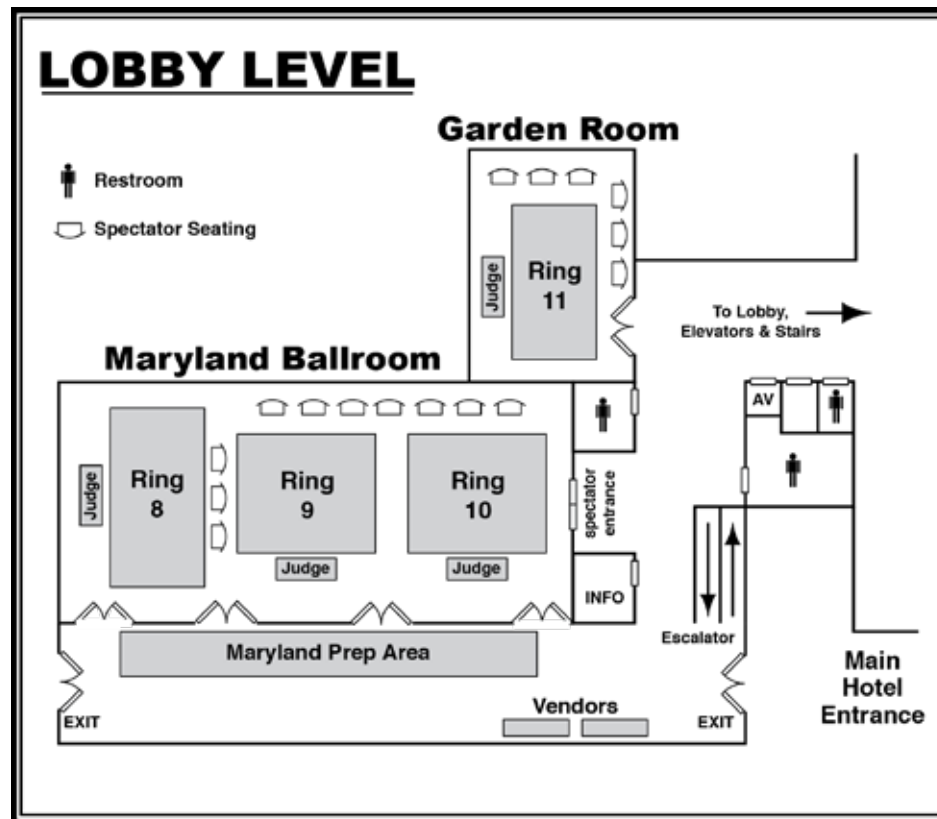
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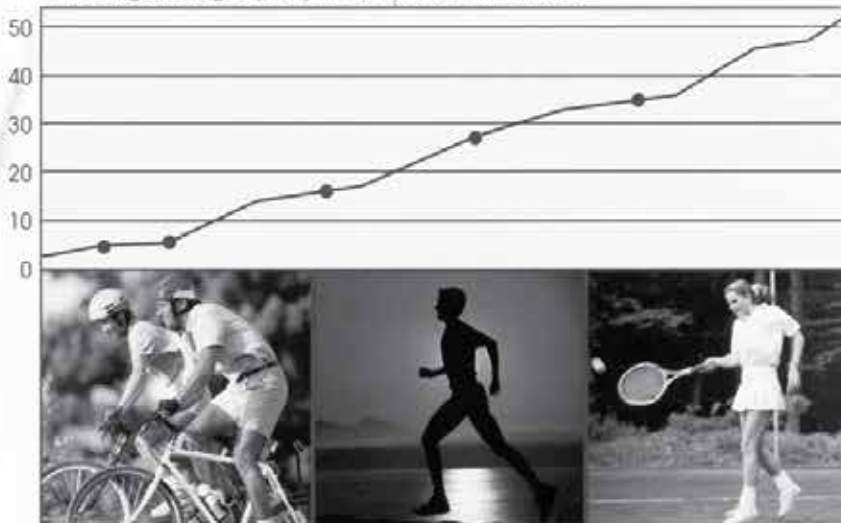
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Mr. Tsiwen Law, Mrs. May Law, Dr. Wayne Hunt, Master Kevin Preston, Master Norma Futini Saunders, Shi Fu Mike Pilachowski, Shi Fu Brandi Piacente

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The USKSF thanks all tournament volunteers, who so generously gave their time and energy to make this event a success

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# NOTES







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