## **TOURNAMENT RULES:**

## Lei Tai (Full Contact Fighting) Rules

- 1. Contestants will fight on a 24 foot square, two and one half foot high Lei Tai.
- 2. Competitors must use headgear, gloves, mouthpiece, and groin cup. Female competitors must also wear a chest protector.
- 3. Elimination rounds will be 1 1/2 minutes each. The final fight in each division will have 2 minute rounds. The victor must win two out of three rounds.

## 4. Scoring:

- Contestant executes clear punch or kick 1 point.
- Contestant executes clear punch or kick that knocks opponent down 2 points.
- Without falling, contestant successfully throws opponent to the ground 2 points.
- Both falling during throw, contestant who lands on top 1 point
- Contestant forces or throws opponent off Lei Tai 3 points.
- Through own error, contestant loses balance 1 point deduction
- Contestant executes clear elbow/knee technique without holding 1 point

## 5. Penalties:

- Contact to the eyes, throat, back of the head, or groin is illegal. For female competitors, contact to the chest is also illegal.
- Techniques using the head are illegal.
- Fouls:
  - First violation: 1 point deduction
  - Second violation: 3 point deduction
  - Third violation: disqualification
- Technical Fouls:
  - First violation: warning
  - Second violation: 1 point deduction
  - Third violation: disqualification
- Any serious foul will be grounds for immediate disqualification.
- 6. Competitors who maliciously hurt their opponents will be held liable for any damages or injuries. The executive referee has full authority to stop the fight at any time for safety or any other reason.
- 7. All rules are in accordance with The World Kuo Shu Federation Rules.
- 8. Any coach disputing the results of a match and wishing to have arbitration of a match for any reason must notify the chief referee verbally within 15 minutes of the match. The team coach must then file a written request for arbitration along with a \$300 arbitration fee to the tournament director within 30 minutes. If the arbitration is settled in favor of the arbitrating team, the fighter shall receive a refund of the arbitration fee; otherwise, no refund will be given.

Please note: ALL Lei Tai fighters must check in before 8:00 PM Friday, July 25, 2008, and must attend the rules meeting. We will not have time to explain them during the tournament.